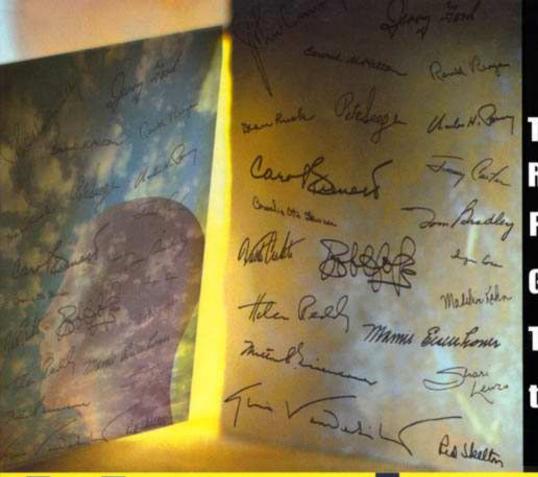


This eBook is provided by www.PlentyofeBooks.net

Plenty of eBooks is a blog with an aim of helping people, especially students, who cannot afford to buy some costly books from the market.

For more Free eBooks and educational material visit www.PlentyofeBooks.net

Uploaded By Bhavesh Pamecha (samsexy98)



The #1
Resource for
Professional
Graphologists
Throughout
the World

# Hand Writing Analysis The Complete Basic Book

Karen Kristin Amend AND Mary Stansbury Ruiz

# Handwriting Analysis

# The Complete Basic Book

by

KAREN AMEND & MARY S. RUIZ

NEW PAGE BOOKS
A division of The Career Press, Inc.
Franklin Lakes, NJ

#### Copyright © 1980 by Karen Amend and Mary S. Ruiz

All rights reserved under the Pan-American and International Copyright Conventions. This book may not be reproduced, in whole or in part, in any form or by any means electronic or mechanical, including photocopying, recording, or by any information storage and retrieval system now known or hereafter invented, without written permission from the publisher, The Career Press.

# HANDWRITING ANALYSIS ISBN 0-87877-050-X Printed in the U.S.A. by Book-mart Press

To order this title, please call toll-free 1-800-CAREER-1 (NJ and Canada: 201-848-0310) to order using VISA or MasterCard, or for further information on books from Career Press.

The Career Press, Inc., 3 Tice Road, PO Box 687, Franklin Lakes, NJ 07417

The author of this book does not dispense medical advice nor prescribe the use of any technique as a form of treatment for medical problems without the advice of a physician, either directly or indirectly. The intent of the author is only to offer information of a general nature to help you cooperate with your doctor in your mutual quest for health. In the event you use any of the information in this book for yourself, you are prescribing for yourself, which is your constitutional right, but the author and publisher assume no responsibility for your actions.

Library of Congress Cataloging-in-Publication information available upon request.

### To the Reader:

The authors and editors of this manual have taken painstaking efforts to maintain the anonymity and rights of privacy of all persons whose handwriting samples appear herein. With respect to the handwriting samples of any person who is not a public figure, such samples may in fact have been altered, for purposes of concealing their identity, and will not necessarily be actual examples of any person's true penmanship. Notwithstanding this, if it occurs that any person is thought to be identified, on the basis of any handwriting sample contained herein, the reader should bear in mind that the text accompanying each respective sample represents only the authors' analysis of said sample, based on generally accepted graphological principles, and makes no comment on the character of any real person.

# Introduction

In this closing quarter of the 20th century, we live in an era emphasizing the achievement of inner peace and harmony. Institutions, groups and individuals have dedicated themselves to helping others attain personal enlightenment and self awareness; synthesizing the mind and body into one smoothly functioning unit is the goal. Physical well-being is an indication of mental well-being, yet when we speak of the healthy individual, we refer to more than the appearance of a trim, active and disease-free body. Some people have the ability to mask their mental and emotional instabilities with an external personality facade designed to give an impression of inner balance. Occasionally the facade is so complete that even the person himself is fooled and the communication with deeper needs and feelings is lost. The outer behavior protects the vulnerable self within; the individual has succeeded in constructing a protective shield against the pain of negative experience.

While we cannot read minds, we can see certain body movements. Tone of voice, gestures, posture, body structure and manner of dress can be interpreted as clues to inner psychological make-up and behavior. Often, the outer style reflects the inner one. It is possible through thoughtful observation to penetrate the disguise and reveal the inner character behind the mask.

Certain facial expressions are associated with certain moods. We can watch a conversation taking place inside a telephone booth and without a sound escaping, still sense the mood of the conversation. The caller tells all with facial expressions and body posture. Thus we demonstrate thoughts and feelings through the silent yet expressive language of our bodies. Handwriting, too, is an expressive and silent gesture.

As you write you are consciously attempting a message. Beyond the conscious information contained in the written words, the handwriting also divulges information about you and how you felt unconsciously as you wrote.

Writing is a physical process. The brain sends an order through the nervous system to the arm, hand and fingers, where together they manipulate the writing tool. In this way, the intent to write forms deep within the creative processes of the mind and makes writing an expressive gesture representative of the mind behind the pen. Despite the teaching of a standard letter model to form the letters and words necessary to express our ideas, no two writings are exactly alike. An American statistician determined that the possibility of two writings being identical is one chance in 68 trillion!

Every written sample displays the same wonderful variety as the faces, fingerprints, voices and bodies of us all. We recognize our friends' voices on the phone, and by the tone alone know their state of happiness or sadness, anger or warmth. Handwriting is a reflection of mood changes, characterizing the writer's state of mind at that moment.

Emotional factors dictate the form of the writing stroke. It is possible to determine personal behavior by studying the mannerisms of formation and spacing within a writing. Handwriting matures, grows or disintegrates along with the personality, or with physical changes due to age, health, or tension. Personality development can be studied by examining samples penned at various times through the years. These examples provide a visual history of the development of a life emotionally, physically and mentally.

The word "graphology" is a combination of the Greek word graphein, which means "to write," and the suffix "ology," a branch of scientific study. Graphology, then, is the study of writing based on a growing body of knowledge which is constantly being tested in practical use. Since it is a continuing and growing body of knowledge, and not a codified system like basic arithmetic, the student should not be alarmed to find varying, sometimes conflicting interpretations assigned to a stroke or shape. It is possible to understand writing character using different approaches to the specific origins, just as the medical and psychological fields get results even when starting from different positions. And like medicine, graphology is also an art of combining and synthesizing information that requires training and judgment in its application. This book gives the most widely accepted and most practical basic elements of graphology and their meanings. At the end of the book, you will find tips and guidelines for doing your own analyses.

People study handwriting for various reasons. For example, the science of criminology offers courses of study which entitle one to be licensed as a handwriting expert. Testimony of the handwriting expert is admissable in a court of law for purposes of establishing identification or validity of a particular document. The professional title for one qualified in this field is "examiner of questioned documents." These experts work in cooperation with law enforcement agencies, attorneys or anyone interested in determining officially who wrote what, where and under what conditions. Famous trial cases have involved the services of a handwriting expert to help determine guilt or innocence of the defendant, just as such trials have involved psychologists and psychiatrists.

There is another, larger group of people who study handwriting as a means to discover themselves and others. These people are called graphologists. They know that exaggerations in writing formations suggest similar exaggerations in the personality of the writer. Character traits that deviate from the norm will show up in the handwriting. The graphologist learns to analyze the difference between normal and abnormal traits in the writing. Both fundamental knowledge and interpretive skill have their importance in an accurate analysis of a handwriting sample, and all

interpreters unavoidably bring their own personal shadings and colorings to the portrait. The realm of the mind is a subjective area of study. Any kind of psychoanalytic diagnosis or therapy presents the same problem of subjectivity. Handwriting analysis is not infallible.

The systematic and critical study of our bodies and minds teaches us about ourselves. We take blood samples to look for possible negative elements in the body and biopsies to test for possible malignancy. These examples could continue, but the point is that analyzing specific information helps us to understand ourselves.

Writing is initially motivated by the mind. The intricate nerve-muscle interplay necessary to accomplish the writing task originates in the central nervous system. Therefore the study of writing has its analytical importance in dealing with both the mind and the body. Medical science is demonstrating new interest in the clues handwriting provides to physical illness or abnormality. In the past, the medical focus has been to determine what changes emotional and mental disorders cause in handwriting. Now there are handwriting tests that discriminate between certain medical disorders, such as shaking palsy and Parkinson's Disease or between the hardening of the arteries that nourish the brain and those that feed the heart. Handwriting analysis can distinguish between those crippled with arthritis and those suffering from high blood pressure. Other diseases that indicate a loss of nerve control over fine muscular coordination are tuberculosis, cancer, some psychoses, epilepsy, alcoholism and drug addiction. Such factors as the appearance of a tremor in the writing stroke, changes in pressure or inking patterns, and rigidity or loss of free flow within the writing are indicative of such physical illnesses within the writer.

Graphology dynamically enlarges its scope in combination with insights from other projective techniques. It is now widely applied as an additional diagnostic tool by psychologists and psychiatrists who have found it as helpful as the famed Rorschach inkblot test. The structural ambiguity of the Rorschach inkblots allows a wide variety of interpretation for both patient and psychologist. This is also the case with handwriting when writers unconsciously choose the movements and formations characteristic of their state of mind at that time, and the graphologists draw conclusions on the basis of their training.

The academic community resists acceptance of graphology—perhaps because the scientific mind is most comfortable applying sequential thinking to a one-directed end. Students of graphology must by necessity broaden their scope of appraisal from a narrow, linear focus to one of more diversity which provides an understanding of the nature of pattern thinking. Creative minds are more comfortable with the idea that the whole is greater than the sum of its parts and gain advantage through their ability to easily appraise pattern qualities. It is due to a few particularly visionary academicians that graphology has gained its admittedly tenuous footholds in its climb toward deserved respect within the American college and university systems. Interesting to note is the fact that graphology has been part

of the accredited curriculum in the psychology departments of universities in France, Germany and Switzerland since the end of the 19th century.

Toward the hope that you the reader will discover an unexplored area within yourself and come to a closer understanding of yourself and others, we inscribe this book.

Karen Kamend Many Thing

# **Contents**

Introduction	ij
Graphology Pictographs	1
Three Dimensions of Movement: Zones, Slant and Pressure	7
Zones: The Vertical Dimension of Movement	8
The Upper Zone, 10	_
The Middle Zone, 14	
Baselines, 17	
The Lower Zone, 19	
Slant: The Horizontal Dimension of Movement	26
Pressure: The Depth Dimension of Movement	
The Degree of Force, 37	
The Width of the Stroke, 40	
Pastiosity, 43	
Size and Spacing	19
How to Measure Size, 49	
Spacing Within Words, 51	
Spacing Between Words, 52	
Spacing Between Lines, 52	
Rigid and Irregular Spacing, 53	
Margins, 55 Envelopes, 57	
Speed: The Pace of Writing	<b>:</b> C
Rhythm and Form Quality	
Strokes and Shapes	/ Q
Curved Movement, 76 Straight Movement, 85	
Threaded Movement, 91	
Lead-In Strokes, 97	
Ending Strokes, 99	
Connecting Strokes, 102	
Connectedness and Disconnectedness	)5
Self-Image Concepts	4
The Personal Pronoun I, 114	
The Small Letter d, 117	
T-Bars, 119	
I-dot, 121	
Signatures, 126	
Letter Specifics	0
Capitals, 136	
Small Letters, 139 The Sewal Aspects of v. 440	
The Sexual Aspects of y, 140	
Danger Signs	4
Honesty and Dishonesty, 144 Signs of Violence, 150	
Emotional Instability, 155	
Children's Handwriting	٠,
Infant to Third Grade, 163	,,,
Fifth Grade, 164	
Adolescents, 172	
Tips and Guidelines for Doing Your Own Analysis	′5
Bibliography	
Index 18	

# YOUR OWN WRITING: A LAST NAIVE SAMPLE

Write a letter to yourself of at least two paragraphs. The verbal content of your message is unimportant, so just relax and write in your usual style with no pretenses. If you often print or have more than one style of writing, provide a sample of these as well. Sign and date your sample. Remember, the more you write now, the happier you'll be later to have this last unbiased sample.

THE PAGE REPRESENTS THE AREA OF SPACE SURROUNDING THE WRITER. IT IS HIS ARENA FOR POTENTIAL ACTION.

THE WRITING STROKES SHOW THE TRACK OF THE CONSCIOUS AND UNCONSCIOUS MIND AS EACH ACTS UPON THE AVAILABLE LIFE SPACE,





THE WRITING CHARACTERISTICS WHICH ARE DEFINED BELOW COMBINE WITH ONE ANOTHER IN ANY ONE SAMPLE IN VARIOUS WAUS. CONSIDERATION OF THE ENTIRE COMBINATION DETERMINES THE QUALITY OF RHUTHM & FORM IN THE WRITING AND CONSEQUENTLY THE RHYTHMIC BALANCE OF THE PERSONALITY.

# CHARACTER AND PERSONALITY

DOWNSTROKES ARE THE IMMOVABLE COLUMN & CHARACTER. THEY FORM THE SPINE OF THE LETTER AND ARE THE HEAVIER PRESSURE STROKES, AS THE CONTRACTION OF HAND MUSCLES EXPRESSES INNATE WILL POWER.

DUTWARD HORIZONTAL STROKES ARE LIGHTER IN PRESSURE. THESE ARE RELEASE STROKES SHOWING EMOTIONAL



REACTION, MOVEMENT TOWARD OTHERS & INTO ENVIRONMENT.

# ZONES

THE PROPORTIONS OF THE THREE ZONES DETERMINE THE BALANCE BETWEEN THE 3 BASIC AREAS & EGO DEVELOPMENT.

UPPER ZONE: FANTASY, SPIRIT, INTELLECT

MIDDLE ZONE: SOCIAL JELF, DAILY LIFE

LOWER ZONE: INSTINCTUAL SELF ... NUNCONSCIOUS DRIVES FOR SECURITY, SEX, & MATERIAL THINGS ...

WHICH SHOWS THE MOOD LEVEL ... LINE SLOPE

- 1. RESTLESS, MAIC, BUOYANT, UNREALISTIC
- 2. AMBITIOUS, OPTIMISTIC, ACTIVE
- 3. SELF-CONTROLLED, STEADY
- 4. GLOOMY, OVERSENSITIVE, DEPRESSED
- 5. DESPONDENT, MELANCHOLIC

ABILITY TO STAY ON THE LINE & SHOWS MORAL CONTROL .. THE BASELINE ACTS AS A MEDIATOR BETWEEN THE INSTINCTUAL DEMANDS OF THE LOWER ZONE, AND THE SOCIALIZED REQUIREMENTS OF THE MIDDLE ZONE, AND THE IDEALIZED EXPECTATIONS OF THE UPPER ZONE.

- .. DEPENDABLE, STIZAIGHTFOIZWAIZD. This is casy

  .. CARELESS, MOODY

  MORAL CONFUSION...

  .. RIGID, FEAR of LOSING CONTROL.. please be careful

# WRITING SLANT

THE SLANT DETERMINES THE DEGREE OF EMOTIONAL EXPRESSION AND SOCIAL DEVELOPMENT

- 1. ANALYTIC, INDEPENDENT
- 2. EXTRAVERTED, DEMONSTRATIVE
- 3.) SYMPATHETIC, EMOTIONAL, SENTIMENTAL
- 4. FANATIC, IRRESPONSIBLE, TOO EMOTIONAL
- 5. RESERVED, SELFISH, CAUTIOUS
- 6) SELF CONSCIOUS, IMMER REBELLION
- 7. EMOTIONAL REPRESSION, HIDING, INTROVERSION.

Kedmed A HANG-UP ON PAST EXPERIENCE PRODUCES DELAYED OR SUPERFICIAL EMOTIONAL REACTIONS ..

VUTICAL HEAD OVER HEART ... OPEN TO EXPERIENCE OF THE MOMENT .. CAUTIOUS AND CONSIDERED ACTIONS ..

Inclined .. IMMEDIATE REACTION TO EXPERIENCE .. DESIRE TO ACT UPOH ENVIRONMENT GOAL ORIENTED .. Unstable UNPREDICTABLE REACTIONS ..

# PRESSURE

PRESSURE INDICATES THE AMOUNT & ENERGY AVAILABLE TO EGO. pressure is symbolic so is tack of pressure ACTIVE, STRONG EGO & LIBIDO .. PASSINE RESUTANCE .. LACK OF ENERGY & LIBIDO .. VERY VITAL, DURABLE, AGGRESSIVE, SENSITIVE, ADAPTABLE, SPIRITUAL FORCEFUL, ENERGETIC ..

# LINE THICKNESS : PASTIOSITY & SHARPMESS

fine lines SENSITIVE, SPIRITUAL

... QUALITIES OF SENSUALITY

medium lines .. NORMAL EMOTIONAL EXPRESSION

& SPIRITUALITY

heavy lines .. SENSUOUS, DOMINATING

MATERIALISTIC, SENTIMENTAL ..

## WRITING SIZE

SIZE REVEALS HOW MUCH IMPORTANCE THE WRITER PACES UPON HIS OWN ACTIONS.

.. INFLATED VIEW OF OWN IMPORTANCE, EXPANSIVE, EXTROVERTED, EXTRAVAGENT, LIKES AUDIENCE.

.. ABILITY TO CONCENTRATE & BE ALONE, MODESTY, INTROVERTED, FRUGAL, SELF- CRITICAL ..

# SPACING

SPACING REVEALS HOW CLOSE THE WRITER WISHES TO PLACE HIMSELF TO OTHER PEOPLE OR TO SITUATIONS IN HIS EN THE PAGE IS THE WRITER'S ENVIRONMENT. VITONMENT, THE SPACE BETWEEN THE LINES IS THE DISTANCE THE WRITER WISHES TO KEEP FROM HIS OWN FEELINGS. THE SPACE BETWEEN THE WORDS IS THE DISTANCE THE WRITER SEEKS TO ESTABUSH BETWEEN HIMSELF AND OTHERS, AND THE SPACE BETWEEN THE LETTERS SHOWS PERSONAL EXTROVERSION OR INTROVERSION.

# spacing between the lines

MUDDLED MIND

CLEAR MIND

yesyon yill

yes you will look think

CONFUSION .. NEED FOR CONTACT.

INNER BALANCE & HARMONY ..

DISTRUST FEAR ISOLATION ..

## SPACING WITHIN THE WORD

- EXTROVERSION; LACK of INHIBITION

.. INTROVERSION, PERSONAL INHIBITION, JELF CONSCIOUS.

### spacing between the words

Section for the second section of the second section s

be close to me

NEEDS PRIVACY & DISTANCE FROM OTHERS

.. SEEKS CONSTANT CONTACT AND CLOSENESS ..

51	P	F	E	D
_	, ,	_	_	•

SPEED OF WEITING SHOWS MENTAL & PHUSICAL AGILITY ..

a speedy seriet

VIVACIOUS, ESCAPIST, RASH, A NATURAL PERSON, BRIGHT, QUICK THINKER ..

CAREFUL, SLOW LOGICAL THINKER HIDDEN FEELINGS WITH CONCERN FOR APPEARANCES, TENSION ..

a slow writer

# RHYTHM

RHUTHM IS DETERMINED BY THE FLOW OF THE WRITING MOVEMENT OVER THE ENTIRE PAGE AND THE INTERPLAY OF REPEATED AND CHANGING CHARACTERISTICS. IT IS THE NATURAL HEARTBEAT OF HANDWRITING.

regularity of the tom overly rigid megicaity shows shows a balanced writing shows lack of personal personality inhibition and fear balance + unreliability

# LETTER FORM QUALITY

WRITERS CONSCIOUSLY AND UNCONSCIOUSLY DEVELOP A PERSONAL MANNER OF FORMING LETTERS:

ORNAMENTATION ...... SIMPLICITY ..... NEGLECT

A Pround G& Butter suis Smith 4 pand of butter Suis Smith A Pound of Butter su, smith

PROUD FORMAL, AFFECTED VAIN, SELF - CONSCIOUS BAD TAJTE, HIDING ..

MATURE, PRACTICAL, NATURAL & OPEN. SPARTAN.

UNCOMMUNACATIVE CEREBRAL, WITH -DRAWH, DEPRESIED

# LETTER SHAPES

ARCADE : RESERVE, PROTECTIVE, RESPECTS TRADITION ..

GARLAND: RECEPTIVE, ADAPTABLE, PEACE-LONING.

MMMMM ANGLE : ENERGETIC , DECIME, AGGRESSINE ..

THREAD: DIPLOMATIC, CREATIVE, QUICK MIND ..

LETTER SHAPES, WHICH INCLUDE CONNECTING STROKES. SHOW A GENETAL PETSIONALITY TUPE.

# THE PALMER METHOD

THIS PENMANSHIP SYSTEM HAS BEEN TAUGHT IN THE MATORITY OF AMERICAN SCHOOLS SINCE THE LATE 19th CENTURY. . THE CHARACTERS WITH THEIR EVEN SHADING, SUPERFLUOUS LEAD'INS, ENDINGS, & CURLICUES, AND SUDDEN CHANGES OF DIRECTION FORM THE COPYBOOK MODEL WHICH THE GRAPHIC ANALYST MUST REMEMBER AS A PROTOTYPE.

ABCDETGH DJXLM NOPZR JTUVYZ abcdefghijklmmop gursthurwryz 1234567890

# LEAD-IN AND ENDING STROKES

THESE EXTRA HAND MOVEMENTS SLOW THE MOMENTUM OF THE WRITING AND VIELD MANY PERSONALITY CLUES.

# CONNECTEDNESS

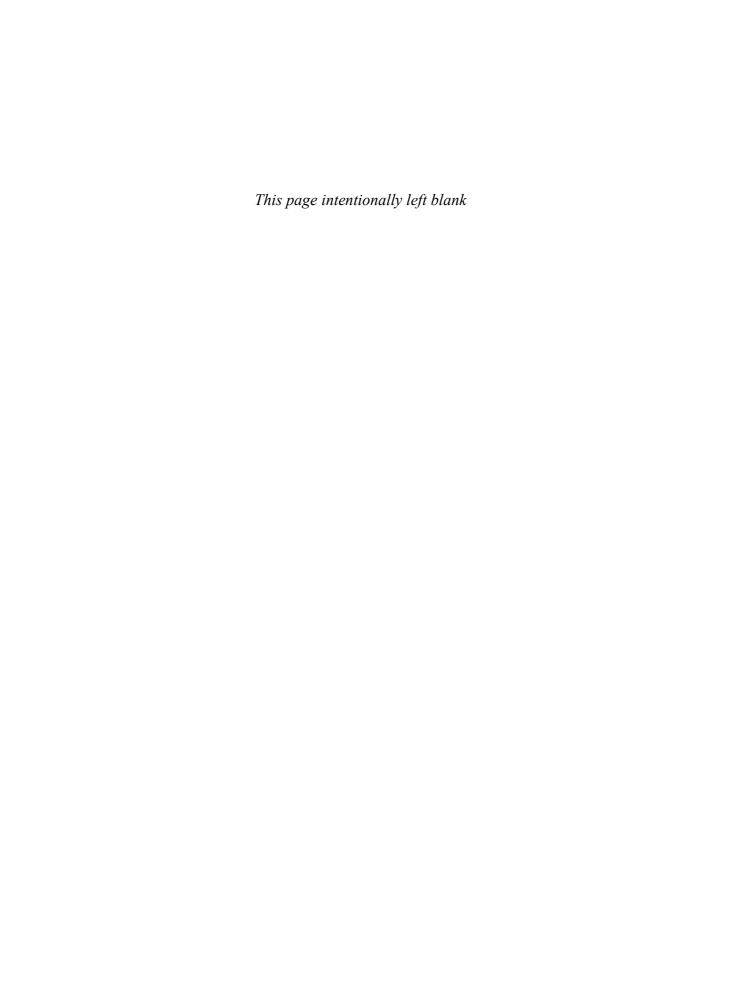
THE DEGREE OF CONNECTION BETWEEN THE WORDS SHOWS

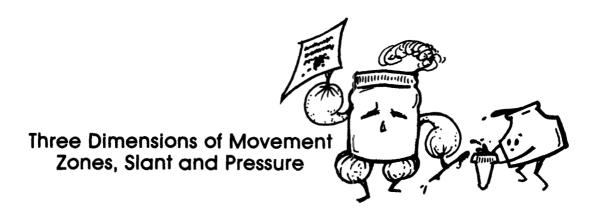
connected letters disconnected letters

RELIANCE UPON LOGIC TO
BUILD CAREFUL CONCLUSIONS.
UNDERSTANDS SELF FIRST.
RELIABLE, CONSISTENT.

THOUGHTS & FEELINGS.

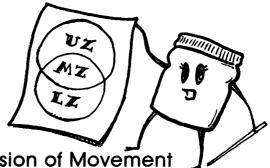
INDEPENDENT, INDIVIDUALITIC





All the world is but a page and each must write his part. This is the most basic principle of graphology. The writing page, as a background for the writing itself, can be considered the individual platform, stage or life-space against which the drama of life is spun out in the weavings of handwriting patterns. Taken as a whole pattern, the handwriting is a picture of how the individual fills his life-space. It is the tracing of his actions as he progresses through life, a physical expression of a mental, emotional and physical state.

We live in and move through a three-dimensional world of height, width and depth. Each of these dimensions has a symbolic correlation in graphic movement. The dimension of height, which is the vertical dimension, is seen in the proportion and movement of the letters upward and downward through the writing zones. The horizontal dimension, width, is seen in movement from left to right across the page. You will observe this sideways movement in the angle of letter slope, or slant. The third dimension, depth, is found in movement into and out of the writing surface, and is represented by force of pressure and inking patterns. The balanced individual seeks harmony between his actions and his environment. If he is successful, his writing should reflect this in good rhythm and form quality. The three dimensions of movement will integrate, and the resulting patterns will establish a harmony with the background page.



Zones: The Vertical Dimension of Movement

THE THREE ZONES OF HANDWRITING: UPPER, MIDDLE, AND LOWER

Zonal movement takes place in the vertical dimension of writing, the dimension of the self, and thus is the sturdy column of character. Zonal movement supports all of the horizontal and peripheral flourishes of personality like a backbone or a tree trunk. The proportions of the three zones determine the balance between the three major areas of ego development: the intellectual and spiritual sphere of the individual, his everyday social self and his often unconscious instinctual drives. Zonal symmetry in handwriting is a measure of the person's inner equilibrium and maturity. Symbolically the three zones can be interpreted in terms of time and space, as divisions of the body and as levels of consciousness as first defined by Sigmund Freud.

In the sequence of time, the upper zone represents the future, the middle zone the present and the lower zone the past. A spatial analogy to this would be a tree, with its branches and leaves reaching into the sky, the playground of the mind and abstract thought, its trunk thrusting out of the baseline earth, the area closest to the concerns of human endeavor, and the root system reaching unseen below representing energy in the area of instinctual drives. Good growth balance between branches, trunk and roots promises that our tree/writer will withstand many a storm.

The human body has been used in the following drawing to represent zonal areas because a person's handwriting accurately reflects the physical characteristics of each zone. The head in the upper zone (referred to as UZ, for short) contains the intellect, imagination and spiritual aspirations, as well as the articulation of the moral attitudes of the writer and his conscience. In the upper zone the writer shows the degree and quality of his self-awareness.

Physical illness or abnormalities reveal themselves as writing irregularities in the zone that corresponds to that area of the body. Upper body problems will most clearly affect the formation of the upper zone portions of letters, just as the middle zone or trunk of the body influences the flow of letter strokes in that area, and the lower zone of the writing responds to physical and psychic conditions there.

In the formation of personality the three zones interact with each other, just as the body functions as a whole. The demands of UZ rules of conduct try to adapt to the instinctual energies, unconscious drives and organic needs, which are stored in the unconscious and expressed in the lower zone (LZ) of the writing. The middle zone (MZ) of handwriting embodies the ego or self-conscious, social, goal-oriented part of personality, which acts in the real world of facts, events, and other people.

Along the baseline, or morals line, of the writing can be traced the success of the balancing act between the zones. The ego is obliged to effect a smooth compromise that will satisfy both intellectual and moral considerations, as well as allow fair expression to the innate physical energies and drives welling up from the unconscious. The characteristics of the baseline indicate the degree of success the ego is having in managing these often conflicting forces in such a way as to accomplish the ego's own social and practical goals. Thus we see that handwriting, which is the mirror of the total person, cannot have one "good" zone or one "bad" zone. Here rhythmic balance is all-important for personal maturity.



UPPER ZONE : sphere of imagination, mind & spirit..
intellect & creativity..

MIDDLE ZONE: sphere of actuality.. social life.. everydzy ... concerns LOWER ZONE: sphere of the unconscious.. Instinctual urges.

material demands.. biological

#### ZONAL CHARACTERISTICS

UPPER ZONE
Future
Upper body
Mental perceptions
Concepts
Conscious spiritual,
intellectual, and cultural
aspirations

Fantasy
UPPER ZONE LETTERS

MIDDLE ZONE
Present
Middle body
Action
Emotional expression

Realistic, practical and social expression of the ego

Immediacy

MIDDLE ZONE LETTERS

LOWER ZONE

Past
Lower body
Sensual perception
Basic drives
Unconscious drives
and biological

needs Memory

LOWER ZONE LETTERS

bathk

aceimnorsuwx

fgipgyz

THE ZONES IN TERMS OF GRAPHOLOGY: ZONAL BALANCE

Normal Balance Between the Zones. When the zonal dimensions are well-balanced and in good, flexible form, the writer shows stability at the most basic level, as well as involvement and initiative. He can handle his own thoughts and feelings so as to get on with others, express himself, and accomplish his goals. The ego has an inner equilibrium that accords an equal focus of attention to all areas of the writer's life.

- mate game me itus pach to take notes on. Shes taking a class in calligraphy That I once took and it

Overdevelopment of any one zone always occurs at the expense of one or both of the others. A greatly extended zone often tangles with the one above or below, which increases the confusion that the personality is having in sorting out its thoughts and drives. Sometimes illness in a portion of the body causes the corresponding zone to enlarge or distort, or both. Seen together below are examples of a single zone dominating.

DOMINANT UPPER ZONE AA
MIDDLE NOW DONG for Sos lungeles
DOMINANT MIDDLE ZONE AR
MIDDLE GOT COUNTINCHEON & COOKED
DOMINANT LOWER ZONE NA
MIDDLE MORTGAGE PROGRAMMENTS YIELD
UZ LZ
SPECIFIC CHARACTERISTICS OF THE UPPER ZONE

Normal Upper Zone. Graphology has made the UZ the realm of the mind and the guardian of spiritual aspirations. Here can be seen the intellect, imagination, illusion, fantasy and the drive for power. Here also, the demands of the conscience are

formed, as well as an individual's idea of himself. Well-proportioned loops and stems with sensibly placed i-dots and t-bars reveal mental capability and alertness.

This season I aim in the center of thousands of people. Keeps me from thinking about the family too much.

If the Upper Zone is Overly Extended at the expense of the MZ and the LZ, the writer will be a person of intelligence and ambition whose emotional development has not matured enough to carry out his plans with much success. Great UZ height reveals the idealist and dreamer with a wealth of theories that he cannot seem to carry through in practical experience. The tall UZ is quite literally too far away—too "far out"—to reach daily life in the MZ.

Yet a step farther from reality is the extremely tall, distorted, cracked or embellished UZ, which shows totally undirected mental activity, a retreat into fantasy that can be serious enough to indicate mental illness.

The dominant UZ also indicates the presence of a demanding conscience, one incorporating the uncomprising ideas of right and wrong learned as a child, which inhibits and depresses both the daily life and the instincts. Such a person is critical of himself and others, finds little joy in life, and under pressure flees to dreams.

the secondary and sail up another couple hundred pote. We hope to have all the gean in Sunfay. Monday we will had the boat and school bene here by tuesday. Hope that you lat a 190 fust game and that you lat wath out for the latgame.

When the Upper Zone is Very Small in relation to the MZ and LZ, the writer is one who lacks creativity and imagination; he has little capacity for and takes small pleasure in intellectual matters. His importance is placed instead upon practical considerations. In a good script he is self-reliant, realistic and sociable; with poor

form level, the absence of the monitoring function of the UZ conscience leads to greed, materialism and sensuality.

Since the UZ is the origin of conceptual self-orientation and much of a person's self-awareness, when this zone is stunted, the writer is likely to lack understanding of his goals, his self-image or the impression he wishes to make.

Once you a time there were thee 11+14 bears, nama bears papa sear, being Dear

Widely Inflated or Swollen UZ loops are a sign of overcompensation for feelings of intellectual inferiority and an emotional need for constant reassurance. The bloated UZ loop writer resorts to exaggeration and boastfulness to compensate for his low opinion of himself. His boasts, of course, are based on fantasy.

a good buy''

spouse would have

option of the

Riscods - Kum

Sum ou monthly
while 2 ve gareer

Stick Figure UZ Formations indicate a realistic, practical, and independent thinker, one with a controlled but inquiring mentality that thrives on facts. Indeed, such a person is most at home with concrete data; he mistrusts mental embroidery and subjective thinking.

You is the time or all pood men to come to the and of the Party. Retraced UZ Formations always show inhibition and repression in the intellectual life. When the hand moves back along the same stroke so that the result is one line where there would normally be a loop, the graphological meaning is the inhibition of feeling because of painful associations. Because loops represent emotion, the retraced writer is denying much of his creative and intellectual stimulus and capacity. The realm of spirit and ideas has associations with ridicule or failure for him.

It was a shame that the weather was miserable forday, It would have been sice for the out-of-towns

Thrusts into the UZ. A thrust is a sudden plunge of the pen from one zone of hand-writing into another; it is legible and does not cross into other letter strokes. Thrusts upward indicate one who uses a keen mind to advantage, a person who is constantly thinking in a creative and innovative way, actively using his mental talents.

When too many of these MZ forms thrust themselves into the UZ, the writing betrays a brilliant mind that is determined to show off its cleverness. Such writers are often successful authors, actors or musicians, but they always need an audience.

Through no replies, my mid tells re to keep reminding you to write or at least not legal our discussions

Tangling. A tangled UZ is one that runs into the line above it in a random and messy manner. Tangling most frequently appears in the LZ because that portion of writing fluctuates and enlarges most easily; it is not often seen in the upper or middle zones. Tangling between zones always shows distraction in that area of life, sometimes to the point of irresponsibility. In the UZ the interpretation is muddled thinking, mental clutter and jumble of unsorted stimuli, thought and reactions. Such writers often have, however, surprising charm and creativity.

13 newly married also to a very protty, pleasant young lady-All

Points at the Top of Loops are clues to a person of intelligence who thinks of himself as being different from others, of marching to a different drum. Sometimes he feels isolated and lonely and other times thinks himself in possession of special truths and insights. He is prone to emotional thinking and usually has feelings against established ideas or authority.

much. It is nice to be here at Lary's home for the first time. It is charming.

Little Balloons as UZ Loops, particularly with a swingling lead-in, are a sure sign of originality of thought and a sense of humor. These little round areas must be close to the MZ and natural-looking, not isolated embellishments at the end of a long stick, which would indicate eccentricity.

That money talks I'll not Jeny. I heard it once, It said good Bye.

### SPECIFIC CHARACTERISTICS OF THE MIDDLE ZONE

Normal Middle Zone. What the writer thinks of himself and of his role in life, and how he can be expected to project this self-image onto others is expressed in the MZ. This area reveals the quality and consistency of effort toward the conscious pursuit of goals. MZ emphasis is upon social and work activity and shows the individual's actual progression into the environment. Medium height, in balance with the other zones, and well-formed letters indicate wholesome self-confidence and sensible adjustment to life.

Mehe and Barbara stopped over for a sup of coffee last night.

If the Middle Zone is Strongly Developed, but neither the upper nor lower zones are, the writer is one who is overly concerned for himself and his own daily activities. His self-assurance borders on presumptuousness and conceit, and he will make great issues of trivial things. The danger to this sort of writer is boredom and confinement in a self-centered world. The degree of fluctuation in middle zone letter size and disconnectedness are indicators of the sensitivity of the person to feeling and experience.

The low super-ego or conscience development in very large MZ writers leads to difficulty in delaying pleasure. Often leaders, self-reliant, strong-willed, and practical where letters are clearly formed, these writers cannot achieve a harmonious realism within themselves because they lack mature detachment and philosophical attitudes.

A very small writing can be entirely of MZ emphasis with no extensions into the UZ or LZ. In this case, the smaller and more uniform the letter size, the more compulsive and perfectionistic the writer.

of the "to be ulturned" items. Hope Jook's Vetter arrives in time. Dapper

If the Middle Zone is Dwarfed by the UZ and LZ, the person tends to underrate himself and suffer from inferiority feelings; he finds little joy in daily life and prefers not to cope with its problems. In studying the zones, however, notice how good a balancing act the MZ, or ego, is maintaining. If the MZ is very small but both of the other zones are extended and the baseline firm but flexible, the personality has found equilibrium, albeit on a tightrope. With good form quality, such a writer is usually creative.

to see if my personality in alwaying any.

The purbability with that are in again and and I am an again.

A Very Small MZ in writing with all the zones well-formed and in proportion, shows a writer of great independence who can shut out ego needs and concentrate long hours alone. With original characteristics and form level, these writers are geniuses. One such writer was Albert Einstein, whose writing appears on page 92.

visiting my friend on Bainbridge clotens (Bigat Dound) and with another friend on Orcas Island in the Danguans. So enjoyed the time there and sepecially the cool weather the green forest and the water. We were also two days on the coast

Fluctuation in MZ Letter Size is the key to determining mood stability. A combination of large and small letters in the same word and line warns of emotional volatility. Such moodiness and inconsistency of reaction makes the person hard to understand and get along with. Excessive fluctuation in *any* zone points to great impressionability and difficulty in coping with emotional stimuli.

said I could be her helper, which Thears, I get to-stay after school, and clear the crossos. That is all I have

Jerks and Breaks in MZ Letters. A break in a letter occurs when the hand interrupts its movement just enough to leave the slightest opening in the stroke that forms the letter, not the connecting stroke. These breaks, and also jerks and tremors, are the result of anxiety and tension. Fears, work pressure, a strong inner judgmental system, a personal problem, any such tensions can unconsciously inhibit and cramp body muscles long enough to affect the flow of the writing.

Now is the time for all good men to

Tangling in the MZ shows in the snarling, coiling and overlapping of strokes in this ego area. Here is someone who takes on more than he can handle; he is impractical and cannot manage his work in an orderly way. His social goals, duties, and obligations are similarly confused and undisciplined. The writer will have the warmth and sociability that goes with loopy strokes, but the potential for dishonesty is great.

nothingsuterneg with the Mordal only the people in it.



The tangling in the signature of the famous musician above shows difficulty in handling everyday affairs as they relate to the public image. It also illustrates the freedom and creativity of a gifted artist.



The baseline of a handwriting forms an invisible line between the middle and upper zones above and the lower zone below. Through its characteristics of levelness or unsteadiness it shows how well the personality is handling the mixture of influences from the intellectual, social and instinctual drives.

Visualize the baseline as a linear graph between the ego and the conscience above and somatic tensions below; if it holds steady but relaxed, the writing is closer to a healthy whole, but if it is tugged up by thoughts and ego concerns and down by instinctual needs, or if it is as rigid as a bayonet, the personality is in trouble. As an indicator of mood, moral and social control, temperament, disposition and flexibility, the baseline is the ego-adjustment line.

NORMALLY STRAIGHT LINES: Composure, orderliness, emotional stability, dependability, perseverance.

The writer's mind disciplines his emotions.

Daly at the U. U. a. General New York in 1974, where she enthuisatie packed auditorium

RIGID: Overcontrol for fear of losing control, inhibited.

The writer protects himself against additional outbursts, but drains his spontaneity and energy for action.

plans to much. Unless 2 drup dead 2 will leave here fuday morning and the there as noon as

ERRATIC: Unstable moods and working habits, indecisiveness, confusion between reality and illusion, hyper-emotional, lacking in will-power.
hely will tear from the soil of the all order the whilesthat tin not wer spin
SINUOUS: Flexible, nervous, energetic, diplomatic, sometimes exciteable and moody.
The writer's moral values
are flexible; he is very responsive to the influences to essential to being. Not being
than being, especially when
RISING: Buoyant spirit, ambition, optimism, restlessness.
RISING: Buoyant spirit, ambition, optimism, restlessness.  The writer wants to escape the demands of routine. He is excitable and quickly stirred to action. At times he loses himself to external influences.  SPECIFIC WORDS RISE: Indicates positive emphasis on that particular word.
SPECIFIC WORDS RISE: Indicates positive emphasis on that particular word.
Take the baby with you!
FALLING: Fatigue, depressions, disappointment, unhappiness, discouragement. Also, obstinacy and determination.
The writer has difficulty in giving up his self concepts for others.  The way and went to sit down kecause in giving up his self concepts for others.
SPECIFIC WORDS FALL: Indicates negative or uneasy feeling about that particular word.
Honestly, I really do love you, Darling!
HOLLOW or CONCAVE LINES: Starts enthusiastically, then loses interest, but musters energy to finish.
packing 2/1 those trunks seemed so auful that I just about missed my train

ARCHED or CONVEX LINES: Ambitions and enthusiasm but too little stamina or energy to sustain interest.

I really want to play the violin like you want the

DESCENDING STEPS: Writer fights against depressive mood.

with just ali He more effort I can finish

ASCENDING STEPS: Writer must continually check his impulse to become overly optimistic or excited.

\_\_\_\_\_ The lawsuit was filed in Court and I am quite certain to win.

# SPECIFIC CHARACTERISTICS OF THE LOWER ZONE

Normal Lower Zone. The LZ is below the level of consciousness. Inborn biological drives, instinctual urges for security and satisfaction, and material demands jostle here with unacknowledged memories and experiences from the first hours of life. In our culture this powerful realm of drives and sensations is the most private. A normal LZ is usually slightly longer than the UZ, and there is the possibility for more variety of form here within the bounds of legibility and good rhythm. Look for smoothly written, unembellished strokes of a size that balances with the other zones.

Were looking forward to a great evening tonight oud anethous to know what you've going to tell me about my hand writing -

If the LZ Dominates in size both the middle and upper zones, it follows that the writer will be dominated by those powerful unconscious forces relating to survival needs, materialism and reproductive imperatives. Driven excessively by instinctual wants, the large, loopy LZ writer is restless and needs constant variety and change; much of his time is spent trying to satisfy his enormous appetites for money, sex and variety. When his security needs take over, this person exhibits a neurotic infantilism, a purposeful lack of control over his daily life. Such emotional people have creative ideas and physical energy, but need help in carrying out a project.

Much. The SMOKE howevery is not so

Tangling easily occurs with large and exaggerated lower loops. This adds further psychic confusion. Now the person has trouble determining just which of his instinctual needs is pressuring him, and becomes inwardly too disordered to satisfy any of them. Also, a physical illness that makes more demands than the patient can handle will cause the lower zone to balloon or distort.

Tam enjoying the Most interesting Guest who are all having a grand time.
I do hape that you

A Stunted Lower Zone in proportion to the upper and middle zones expresses a lack of the material rootedness and concern necessary for successful planning in life, or can indicate sexual immaturity, fear or trauma.

Roses are Red Mellow Pishand white, but they're not is Calif for years Sincerely

Retraced LZ. The introduction of material from the unconscious mind into consciousness can be painful, particularly early childhood traumas and sexual feelings that were learned as "bad." One defense is repression of these hurts, keeping them unconscious, where they remain unacknowledged, a source of tension and loss of energy to the ego. This repression shows in retraced LZ strokes; instead of a loop or a straight downstroke, the hand carefully comes back up over the downstroke, covering it and canceling it out. These writers have blocked so much responsiveness that close relationships with them are difficult.

he some to call when your

Short Stick Figure Lower Zone writers can be counted upon to be practical and independent. This type of self-directed writer is determined not to become caught up in the needs and emotional powers of the LZ. When the short downward stroke ends in a pool of ink, the expression of physical or sexual energy has become blunted too soon, however, and the extra aggressive force is capable of expressing itself in a negative way. In low-quality writings these endings are called "clubs," and they show a capacity for cruelty.

When the downstroke is long but ends in a pool of ink, it means that the person has energy left over and is capable of continued determination.

Dad told me that if you morny for money you will earn every penny of it. An hour ceremony starts a lifetime of trouble, he says.

Long Stick Figures in the LZ share the hesitancy of the short stick figure writer to become emotionally engaged in LZ considerations, but the additional length here means restlessness and above all, defensiveness. This writer feels very vulnerable and fears actually losing himself to his drives or to others with strong instinctual demands. He draws a wall to protect himself. If the stroke ends in a point, he is all the more sensitive and vulnerable to others' basic demands.

Nover saw you often but want you to Know I never for sot you. I retired last april and last California - I do enjoy this sant of the country and feel of

Iriangles in the LZ are slow and awkward for the hand to write; all hesitancy carries a strong meaning. In women's writings LZ triangles show prudishness and a strongly judgmental nature regarding sexual matters. Triangles in a male LZ are evidence of the "Virgin Mary Complex." Often a religious upbringing or bias leads the man to think of sex as unclean and a woman with whom he enjoys sex as "bad." He will marry or admire the good, clean woman but inevitably find real sexual satisfaction only with a prostitute, or a woman he is not obliged to respect.

got some good gone the ) and gotten drunk with for. well, going to the plich tonight with lelie, so write som.

Great Variety in LZ Forms. Harmonious variety in handwritten forms is always a plus. But excessive changes and flip-flops in any zone show internal personality conflict; in the LZ this takes the form of unsettled sexual focus. While it is not possible to determine gender from handwriting, nor, with any consistency, sexual preference, a confused or bisexual personality is always evident in writing with three or four noticeably different LZ formations.

from payment (already taxed) minus 450 she pand to me to "buy out my neterest". as you can see, I actually lost money. There was no appreciation at all for me!

I never knew but one man who could. I knew he could however, because he tald me so him the was a middle. aged, simple-heasted miner who had lived MARK TWAIN, Author. DOUGLAS FAIRBANKS, Actor. COLETTE, Author. VALENTINA, Clothes designer. have willage Ros

GEORGIA O'KEEFE, Artist.

Mce Agrin your come throngs orious protectically unscrt. and the must be found for him. Salsania How is the time for all good men to come to the aid of this Film critic. Well Here's everything KATE SMITH. Musician. RONALD REAGAN, Politician

POPE JOHN XIII Ecclesiastic. **RED SKELTON** Comedian. **HEDY LAMARR, Actress.** ROMMEL German general. TED KENNEDY, Politician. a\_ the sours the

HENRY THOREAU, Author.



# Slant: The Horizontal Dimension of Movement

Whenever you write, you are expressing your present situation, so that all writing is an instantaneous graph of that exact moment. But writing is also a sequential movement that takes place through time. The beginning of a message is older than its end. The beginning of a line at the left of a page is older than the end of that same line at the right. As you move away from the left side of the page, you are beginning. You are moving away from your past. As you progress to the right, you are moving toward your goal, completion.

The left of the page, left of a word, the beginning stroke—these are all placements in the past. Alternately, the right of the page, the right of a word and the ending strokes are all directions to the future. It can be seen that this left/right movement through time takes place along the baseline in the horizontal dimension. Since the baseline has already been identified in meaning with the surface of the earth, action along it implies contact with environment. Horizontal movement is a measure of external orientation and social development. Here you can observe the manner in which the writer faces life situations, his abilities to communicate and express himself emotionally, his choices of behavior and his objectives. Along this horizontal plane, all of these aspects of personality are clearly revealed.

The angle of slant observed in a writing will tell you more about the nature of the writer's personality than any other consideration of horizontal movement. It is extremely important to recognize the differences between what an appraisal of zones tells you about the writer's *inner* character, and what slant tells you about his *outer* personality.

#### ZONES AND THE VERTICAL DIMENSION

#### SLANT AND THE HORIZONTAL DIMENSION

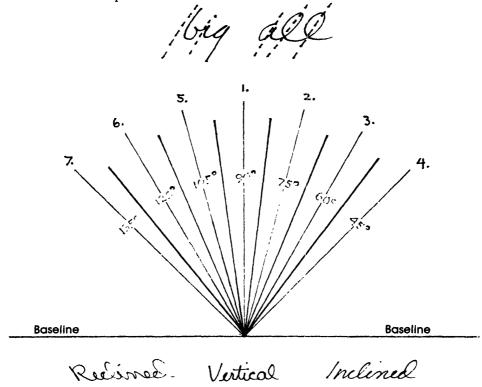
Character
Self
Perception
Internal
Containment
Perception
Analysis
Thought
Individual

Personality
Others
Emotion
External
Dispersement
Reaction
Relationship
Communication
Social

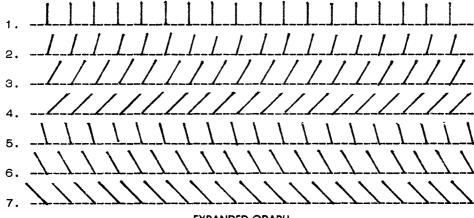
#### **HOW TO MEASURE SLANT**

The slant of a writing refers to the direction of letter slope and is determined by the angle formed between the downstroke and the baseline.

Measure upper and middle zone letters to determine slant. Whenever possible, use stick figures, as they are less confusing than loops. With loopy writing, take an average of the loop by measuring from the apex at the highest point of the letter to where the lines cross near the baseline. Downstrokes will give you a more accurate measurement than upstrokes.



Place the slant graph over or near the writing sample you wish to measure. Locate the angle of slant that most closely approximates that of the sample. Remember to keep the baseline of the graph parallel to and on top of the baseline of the sample. The point of the arrow should be on the baseline at the base of the letter you wish to measure. Measure several upper and middle zone letters, note the corresponding numbers, and then check your measurement on the expanded graph.



**EXPANDED GRAPH** 

A variation between two positions on the slant chart is considered a normal degree of fluctuation. With a variation of more than two positions, the slant is considered unstable. The more extreme the degree of variation, the more unstable is the emotional and social expression of the writer.

When the slant never varies at all, it can be determined that there is some emotional rigidity being expressed by the writer.

After some practice measuring slant with the graph, you will be able to determine slant with just your eye.

#### SOME KEY WORDS ASSOCIATED WITH VARIOUS SLANTS

RECLINED	VERTICAL	INCLINED
past	present	future
influence of mother	independence	goals of father
fear	inner strength	courage
defiance	self-reliance	compliance
introversion	self-control	extroversion
lack of involvement	judgment	compassion
repression	suppression	expression
self-absorption	independence	drawn to others
caution	action	reaction

<sup>\*</sup>Observe that the vertical slant has many traits in common with zones and the vertical dimension in general.

#### SPECIFIC CHARACTERISTICS OF SLANT

1. Vertical. This type has a head-over-heart emotional attitude. He is open to the experience of the moment, but his responses are cautious and considered. Here emotional expression is under control. The manner is undemonstrative, independent, detached and even indifferent. Once emotional control is lost it is quickly regained, hence this type functions well in emergencies and makes a good leader or contented loner. The person is self-interested and asks, "What can the situation do

for me?" In arguing a point, this writer will make an appeal to judgment rather than to emotion. Often he has a great deal of personal magnetism and a dry wit that is quite attractive.

Outside of the prune-industry press. I've seen very little copy on our show during the past pew months.

2. Inclined. This slant is considered the "normal" one. The writer is normally sensitive and emotionally healthy, but modest with responses. Judgment and logic rule, yet more sympathy and compassion are expressed here than in the vertical slant. The range of expression is seldom over-demonstrative.

To thine own self he true and it shall fallow as the might the day —.

3. Very Inclined. These people cry and laugh readily, give vent to their feelings, are future- and goal-oriented and have an ardent, affectionate, amiable and sensitive emotional nature. They express their emotional self impulsively. Feelings will influence decisions, and they are quick to react with elation or discouragement. They identify with their surroundings and with another person's point of view and will respond with compassion.

Its flecce was white as snow and everywhere that Mary went the lamb was sure to go.

**4. Extremely Inclined.** This type is a volcano of emotional reactions: extremely ardent, passionate, jealous, easily offended, very demonstrative with affections, susceptible to hurt and can hate bitterly and with abandon, loves the same way, restless, unsettled, impulsive, capable of hysteria, wears self out, strongly influenced by likes and dislikes, can be stirred by and stirs other peoples' emotions, plunges into relationships or causes; an emotional brushfire.

A great to feel your perfole life Starting new such day

The more the writing leans to the right past #4, the more extreme the social and emotional behavior. This is very abnormal, and a strong indication of fanaticism and emotional illness.

5. Reclined. The public self-image of the reclined writer is often quite polished. Don't be fooled. It's a well constructed front made to cover up and compensate for inner withdrawal. These writers somehow manage to be charming in social situations while remaining emotionally aloof. Feelings are repressed—fears and anxieties are not acknowledged. These writers are out of touch with themselves emotionally yet are self-absorbed at the same time. They feel an inward longing to be different and will give more to the development of inner abilities and resources than to emotional development. Often there is found an immature attachment to the ideals and values of their mother figure, who has usually played the dominant role in shaping the social personality. In most cases of reclined writing, the father has played a weak or negative role, and positive male identification is jeopardized. Reclined writers resist accepting progress or change.

spult he about my party. My mule

6. Very Reclined. This type of slant indicates complete self-interest. The writer is independent, hard to fathom and difficult to get along with. He may act friendly while keeping you at arms' length but rarely shows true feelings or desires. He is past-oriented and strongly influenced by the values of his mother. Emotionally, he is cold, yet may still seem sociable.

This is a fun evening so for -To am in my late-ish 30's -

7. Extremely Reclined. This slant is very rare. This type has all of the above characteristics amplified. The behavior is very evasive and the emotional nature is withdrawn. The writer is out of touch with his environment and lives in the past. Mother identification is so strong that individual development is blocked. These writers can still show the well-developed and charming public personality so often found with the reclined slant.

pung of punal as shoot sti much yest shire are shiel from no small bey showld mood for wheter at

8. Unstable Slant. This type is unsettled and inconsistent. He is subject to the moods and thoughts of the moment. The emotional nature is erratic; you never know how he will react. He swings between repression and expression with a complete lack of prevailing attitude. The nature is nervous, undisciplined, capricious, excitable, fickle and lacking in good judgment or common sense. Inside, the person feels socially inferior and off-center.

Here we sit lestering

to "6 Chies but gooding" And

mean Ordies. I don't

#### A CONSIDERATION OF THE EFFECTS OF HANDEDNESS ON SLANT

When a righthanded person swings that arm away from the body, it swings out in a righthand direction. This is the direction of contact with environment. In writing, the natural swing of the hand produces a slant of 35 to 40 degrees rightward. If one is righthanded yet slants to the left, it is a sign of contact avoidance and concentration instead upon the self.

But what about lefthanders? Research has shown that they have an impulse to swing the left arm away from the body in a leftward direction. The most natural writing for a lefthander would be from right to left with reversed letter formations and a leftward slope of 35 to 40 degrees. In order to conform to the writing style of the western world, he must continually fight the impulse to go to the left, and must come up with a more natural way of producing a rightward slant and direction. Some lefthanded writings reveal the frustration of their counter-movements while others do not. Why is this so?

Physically, the angle of slant comes about as a result of body positioning. The pen to the fingers and hand, the hand to the writing surface, the angle of that surface to the writers body—all are important factors. But body position is only the means of achieving the slant on life which has been dictated by the emotions.

It is possible for a lefthander to achieve a fluid, rightward motion by adjusting his body and the paper, so there is very little evidence to support the popular notion that lefthanders will always slant to the left. In fact, there is only a small percentage of difference between the number of lefthanders who do so and the number of righthanders. This is not to deny that handedness plays a role in the social development of an individual. There is evidence that it does. Yet in the final analysis, we must assume that when a writer is allowed to adjust his body position to the pen and writing surface, he will, regardless of handedness, produce the slant that correctly describes his ability to express himself socially.

#### **SLANT SPECIFICS**

When I first began
I was much more Shy.

This time he made
me fect so much
was great at the
Start but then soon

I felt so hoppy

My love is just great.

My love is just great.

Person begins with reserve, then drops it and proceeds normally forward.

Begins with control but then quickly gets carried away.

Starts off with enthusiasm, then gets more controlled.

Sudden change of slant on one word indicates discomfort with the word—could be a lie.

Repressive feelings are associated with this word.

Expressive feelings associated with this word.

The Reclined "I". Some writers manage to remain consistent in their angle of slant except for the personal pronoun "I." This is an indication of repression regarding the self-image. These people are better at understanding everyone else's problems than their own. They have a fixation on the mother figure which blocks the avenue to emotional maturity.

2 oday was a very hectic day for me. I started out looking for apartments. I found a very nice agart mont but I can't own to make up my

Lower Zones that Pull to the Right. In this example the lower zone has taken a reclined position. This is an indication of repression of instinctual needs and feelings. Sexual energy has been displaced into work or other goal-directed pursuits.

I'm glad you finally get back - 4
That Things are at least aging smoothly here! The weather especially

It in lestain't good to hear turn your. It have been two long! Hope all in guing hall and that your have lengthly received.

Illness is no fun.

The example above clearly illustrates both the reclined "I" and rightward pulling lower zones.

Lower Zones that Pull to the Left. This indicates dependence on others for fulfillment of inner needs and drives. Men with this type of lower zone slant change are dependent on their wives or lovers and feel shattered by any breakup of that relationship. They often marry young and will quickly remarry if the first union ends. In this case the wife or partner is seen as an extension of the mother/son relationship. Women with this type of lower zone are also very dependent on their spouses. They continue to seek the security of childhood through their mates and expect a form of mothering from them. Both sexes seem fixated on a need for maternal care.

for some reason, maybe just to wish you a happy day. Spending more money these days

Thank you for writing to me. It's fun living in the White House, and I'm glad you are my friend. army Carter AMY CARTER, Daughter of EDMOND G. BROWN, JR. President Jimmy Carter. (JERRY), California Governor. In a long and wandery life, some meritie. have foreed them seems on me. Perhaps those query any reader with least vagiant, blood will finit betuners of se persone in a few generals tells. JOHN STEINBECK, Writer. hat do you think of my handwriting sample to far DENNIS WEAVER. Actor. nnis Placer PATRICIA HEARST Kidnapped heiress. We had by The dependencies created by monogomous sexual relationships, and to do this we had to destitoy monogomy in the cell. Monogomy only serves to reinforce

We had b's the dependencies created by monogomony sexual relativiships, and to do this we had to destroy monogomy in the cell. Monogomy only serves to reinforce nalesuprehiacy and the oppression of women. Monogomy nears a that the men wear time pants."
We had to destroy all the attitudes that make people think that they have to be monogomous; fear and passivity, seecurity, power-trips,

for her tribute to, me ou her show. most news ding of all was the Enthusiasur Offer that I was the recipient of the ets Sife achievement award. proxepted you to write eur, x mey lope my performances BETTE DAVIS, Actress. may continue to please. Two samples expressing different moods. Suiceral browns Evelyn and I feel a deep appreciation. and gratefulness toward you for your faith- Religious leader. ful fellowship in the ministry of Christ which we share. This is my stoing both humlelo and true take it to pieces and went it will glue. Tola Lenner 1469 Eb. JOHN LENNON. Musician. one of the Beatles. JULIAN BOND, Georgian Congressman. **ROBERT LOUIS** This he the Verse zon grave for nie: STEVENSON, Poet. Here he hies where he longed to he; Kome is the suitar, home from sea, and the hunter home from the hill

() metter Maidon with golden hair, Porighter stran ever my feathers were, When you and regime lover most to-day, Mon will trank me for booking some other way! Grasle Jano S. M. princh? HENRY WADSWORTH LONGFELLOW, Writer, Would like to deep in and an you was you have a underful on Been drowing I for the weeks, set a treat to chin me you slagen should be dhere a ford and is also the other one fall labinit you . I am make any other in take a foreth class Begra- By. John Dillinger

JOHN DILLINGER. Bank robber and murderer.

> LADY BIRD JOHNSON. Wife of President Lyndon Johnson.

Two gets of your country, a

> CAROL BURNETT, Entertainer.

What do you Think of my handwriting Sample today?

Can Parget Hamelton

Sweet did the smile and greatful did the moin My blue eyed Adela, my food dear Love! I thought that day my life I would zerique When addy took another have then hime. go to! I live my folly to dissure And my dear adula weight eightern stone. WILLIAM THACKERAY, Writer.



### Pressure: The Depth Dimension of Movement

Pressure is the degree of force applied by the writer against the writing surface. It is also the resultant thinness or thickness of the stroke and the relative pastiosity or sharpness of the inking pattern.

#### THE DEGREE OF FORCE

The force of the pressure tells you how much energy is available for work or for goal-directed pursuits. Think of pressure as outward-pouring energy meeting the resistance of the environment. The energy pouring outward is the life force of the ego as seen in the writing stroke. The resistance is everyone and everything else the ego encounters, and is symbolized by the writing surface.

The degree of force can only be determined by feeling an original sample with your thumb and index finger. After you have felt a lot of samples, you will begin to know when a writing is unusually heavy or unusually light in pressure. Your eye can aid you, but the eye is better at determining the thinness or thickness of the stroke or the relative pastiosity and sharpness of the inking pattern—the other two aspects of pressure. It is very difficult to assess the force of pressure from photocopies.

Upstrokes are release strokes and are indicated by dotted lines. Downstrokes

are contracting strokes and are indicated by solid lines.

The contraction and release action of the fingers continually modifies the force of the pen against the paper. It is natural for the upstrokes and the rightward strokes (release) to be somewhat lighter than the downstrokes (contraction). Contracting strokes carry more strength. This can be demonstrated by the jaw or the hand. When you clench your jaw or your fist, more strength is exerted than is possible by opening your jaw or extending your fingers.

It is important to observe how the strength of pressure is maintained as the direction of the stroke changes. This determines how the writer is able to project his available energy upon his environment.

We all had a good laugh

Pressure strong on directional change indicates that the energy level is consistent yet flexible.

Pressure weak on directional change shows an inability to modify actions in time to meet environmental changes smoothly.

**Heavy Pressure**. These types make an impression. There is a great deal of energy available to them for their actions. They express in a heavy manner, are strong-willed, firm and easily excited to hot-blooded actions. Those with forceful pressure can inspire others. Negatively, they can be stern, stubborn and inclined to morose thoughts or depression. You definitely know when they are around.

Is there a problem here?

**Extremely Heavy.** This person falls into a category of reversal of the usual meaning of heavy pressure. He cannot seem to release the forces within to meet the environment and overcome its resistance. This type is internally inhibited, and his power is blocked from expression.

When extreme pressure is found in the vertical dimension (up and down movement) the writer adheres strongly to his principles. He is proud, even boastful, and self-reliant rather than trusting of others. He is tenacious, fearful of change, self-centered and possibly even brutal. Expect intense sexual preoccupation from this writer as over-compensation for feelings of sexual inadequacy and inhibition. Sometimes libertine behavior develops or the sexual energy is displaced and the writer is overly ambitious. He is critical, irritable and opinionated.

Doday is Dhurday, and what a nide visit weigh had th? Let me know how you When extreme pressure is found in the horizontal dimension (lead-in, ending and connecting strokes or t-bars) the person feels a split between his inner vitality and his ability to express it. The social self, the personality, will express erratically and often flamboyantly, sometimes striking out with vocal tirades or physical movements. Remember that it isn't natural to be heavy on these release strokes. This is one sign of the schizoid personality and is also seen in the writing of highly anxious or hysterical types.

or hysterical types.

On to take army against a sen of brankles
and by apprising end them? To die -

Sudden bursts of pressure within a generally heavy pattern are displayed in the writing of the paranoid personality. The paranoid is unable to take responsibility for the hostility he feels inside, and instead sees it reflected back at him from others.

and frehe to. Plat men an

Pressure exerted at the top of a letter instead of increasing with the downward motion can be taken as another sign of anxiety.

I should have known that it that I might have gown was asking too much to dream all with him.

Remember that the above specific characteristics of pressure must be seen in combination with very heavy pressure in order to interpret the misplaced pressure pattern as extreme.

**Medium Pressure.** This is the norm between the extremes and is an indication of healthy vitality and willpower.

looks like. I think the idea faster that the hard will move

Light Pressure. These people possess a certain delicacy of feeling. The personality is sensitive and impressionable. There is often great creative ability, but the potential is seldom fulfilled as these writers seem unable to absorb their experiences. The willpower is not strong, so the light-pressure writer can easily succumb to the dominance of a heavier writer. They are far more tolerant and genial than their counterparts, and though they can lapse into superficiality, their lack of inhibition can be refreshing. When the rest of the writing is harmonious, the finest peaks of spirituality and idealism are reached.

We never know, a happily married woman who waen't having an offair

With unharmonious writing, light pressure is an indicator of fragility and weak nerves.

At an extreme point of lightness within the pressure pattern we reach the same reversal of meaning we do with very heavy pressure. It takes a certain amount of strength and willpower to check pressure. This passive resistance is expressed gently, but is a firm indication of a refusal to be committed. Very light pressure frequently turns up in the writing of actors or actresses, who must be able to drop their own force of personality in order to play the role of another.

How do I love thee? Let me count the ways

#### THE WIDTH OF THE STROKE

The relative thinness or thickness of the stroke tells us how the writer displays energy in action. This aspect of pressure has more to do with the manner in which a person grasps the pen than it does with muscular energy.

One pen can produce different results in the hands of different people. The following three examples were supplied by three different individuals using the same pen—a wide-point felt tip. Note the unique effect produced by each writer.

How can you tell me am neither printrated nor newstie - only impathetic

It is also true that the choice of the pen or pencil plays an important part in this assessment. One person can produce different widths with different pens. The following five examples were penned by one individual using various instruments. It becomes obvious that the pen plays a role in the resultant thickness of the stroke.

1. Shall I compare thee to a summer's day!

2. Those act more lovely and more tempuste.

3. Rough winds do shake the darling buds of may, A. and summer's lease hath all too short a date:

- 5. Sometime too hot the eye of heaven shines,
  - 2. Fine-line ball point 1. Broad-tip felt tip 3. Medium-soft pencil
  - 5. Fine-line felt tip 4. Soft pencil

The person who chooses a pen or pencil that traces a thick line is stating a preference for a thick stroke. Likewise, one who chooses a pen which draws a thin line has a preference for this thinner stroke.

#### Four Widths of Stroke

Standard. How do you recognize the standard width? As you study the sample you note that the strokes maintain an equality with the background of the page they aren't thick or thin. These types can be said to possess discipline, but without the creativity of either of the extremes. Their energy is displayed conservatively through conventional means.

Have a good time shoping in Ho and Bongkok. Will be lands

Thick. These strokes are soft and dark and appear to dominate the background of the page. They are made by those who apply their energy to everything they do. These writers have a vitality about them and seek a wide range of application for their energies. They become so involved in whatever they are doing that future obligations can be momentarily forgotten. They are sentimental in nature and express it warmly.

There will be some stories coming up in Elie L.A. Times (sungle mentioning me) — plus Time + Alewsweek this week (not

Thin. These strokes appear dry and sparse on the background of the page. Those who write with thin strokes are attentive to detail and concept. They are intellectual in their approach to life. They apply their energy with precision and efficiency.

Frand score and seven years

again of was born on this

grund earth. I fow long

I shall remain I know not.

But who cares? Do you,

or you, or even you?

Shaded (Thick and Thin). Writing on a page is marked by two dimensions, height and width. Pressure with shading produces the third dimension, depth. When generally heavy pressure is accompanied by shading of the stroke, it is the mark of creativity. These writers respond sensually to color, light and sound in the environment. Artists of all kinds, as well as individuals who are creative in their work, are to be found within this group. The shading of the stroke can be seen in both vertical and horizontal movement.

my guitar died one day this spring. this made me very sad, as we were becoming the closest

In this example, the broad-point of the pen nib makes the shading easy to observe.

worst week - gost of - what c is a pleasure to finish it he thought in this poten game with he soul

This example is also shaded. In this case, the fine-line felt tip makes it more difficult to spot.

This sample was penned with a fountain pen. It is easy to see the shading of the stroke.

#### **PASTIOSITY**

The word "pastiose" describes a stroke that is thick and doughy looking. It results from the relaxed manipulation of the pen, which allows for more ink flow. The manner in which the arm rests on the writing surface helps determine this, as does the pause before the change in direction of the stroke. Writing records these nearly imperceptible changes in the flow of the ink, as even a slight pause allows more ink to spill from the pen to produce an extra dark spot. Generally, sharper strokes are faster ones, while the blur of pastiosity indicates a slowing down.

To understand this better, think of the writing as a roadway mapped out by the path of an automobile. As the car approaches the turn, it slows to a degree dependent on the abruptness of the turn and then accelerates as it makes the turn. This slowing and speeding up helps the car (and the writing stroke) maintain a smooth traction on the roadway (the paper). To detect pastiosity, look for a blob of ink or a slight widening of the strokes near the tops of upper zone and the bottoms of lower zone loops at the completion of curves. Often the blob will be followed by a slight lightening of the stroke. Do not confuse these blobs of pastiosity with "dotting." Pastiosity occurs on the stroke and is part of it. For dotting to occur, the pen must actually lift from the paper and set down again. Thus it may be seen anywhere in the writing—either alongside or on top of the stroke.

Much apparent pastiosity is the result of a broken-down pen. Some ballpoints spill indiscriminantly, and some fountain pens or felt-tip pens have damaged points. Careful consideration of the sample should enable you to distinguish pen failure from extreme pastiosity.

The relative pastiosity or sharpness of the inking pattern will tell you how sensual or spiritual the writer is.

Normal Pastiosity. These writers have normal sensual and emotional responses; there is a desire for tactile stimulation and the need for physical contact with others. Another interpretation of pastiosity is genuine warmth and humor as well as a deep capacity for the enjoyment and appreciation of new situations.

And try to bick by on my hardele about haptology

Extreme Pastiosity. Many blobs of ink with occasional smearing and sometimes ink-filled ovals characterize this writing. These writers are physically oriented, sensual, attracted to pleasurable activities and intensely absorbed in their own experiences. Artists, musicians and others who work in areas meaningfully creative to themselves can express their sensuality through their work and interpersonal relationships. However, when there is no creative or emotional outlet, a person can become undisciplined in seeking sensual pleasure. Thus the pastiose writer who is deeply inhibited or externally thwarted will exhibit the negative characteristics of his inherent sensuality.

For example, pastiosity which produces ink-filled ovals shows a personality capable of explosive outbursts. The anxiety produced from the repressed sexuality also makes the person guarded about natural self-expression. Or, the same anxiety in another personality may lead to the verbal expression of sexual innuendos.

Excessively pastiose writers can be distracted from the responsibilities of daily life or escape from them through sexual day-dreaming, alcohol, narcotic stimulation or psychosomatic illnesses. And they are far more likely to commit crimes of violence than are non-pastiose writers. Excessive pastiosity is often displayed in the writing of the physically or mentally ill.

The difference of opinion is easy. To explain. The psychoanalysts looks toward society to determitine what is acceptable as normal behavior there. He is good to talk to sovetimes.

I was really glad you called today.

I so breez and was experience we make the little selve will be for analysis.

yn nice have recurity in my former nortes, as nell as recurity prospective, in the one to come, (The Tostoire-Hunters) became if, yn accede to the aforesaid request, this Cetter Thale he yn rencher, that I am rulling your house thould pushish it, on the old toxis—half-profits.

Refly immedall, if yn please,

And Beleve the, yours

Merman Mehille

#### SHARP WRITING

Those who manage a very clean writing stroke are restrained and reserved, spiritual and idealistic. At their highest, they are refined and sensitive, placing more importance upon mental processes than upon emotional feelings. They are usually verbally articulate and discriminating, projecting a sense of subtlety, nuance and irony. They are mentally intense but convey the impression of physical weakness, which may or may not be true. In any case, they save their physical strength for when it is needed.

On the minus side, sharp writers are cold, resentful and somewhat unable to enjoy their experiences. Inner remoteness, rigidity and a lack of ability to relate on a physical level contribute to their special brand of loneliness. Idealistically, they see themselves as heroes.

many more years of termis. Ital to be here to hel, celebrate

Remember, when judging pressure, to consider all three aspects:

The intensity or depth—this force tells you how much energy is available for work or goal-directed pursuits.

The width of the stroke—the relative thinness or thickness of the stroke tells you how the writer displays energy in action.

The pastiosity of the stroke—the relative pastiosity or sharpness of the inking pattern tells you how sensual or spiritual the writer is.

Alla bella e grozinga Marie Du focla

Cons.

GIUSEPPE VERDI, Italian composer.

a manage in for Josh he visite his you he address because of our books nearer he arm success in Ornanice. a sounce ention of Mese whiches.

DR. ALFRED ADLER, German born psychologist.

James sincerty bruly

avle.

MARQUIS DE SADE, French soldier and pervert.

GIOVANNI CASANOVA, Italian adventurer and lover.

Notre free Lumble et tres Seined Souther Carnera Sant zich Sadrement jour austr zu den ont ete adresse. De en et Du le Cantille Contenant

ISAAC NEWTON, **English** natural philosopher and mathematician. LADY HAMILTON, Mistress of Lord Nelson. HEINRICH HIMMLER, Nazi Gestapo chief. MARILYN MONROE. Actress and legend. Gay Has LORD HORATIO NELSON. English military commander. Written with his right hand. may the for Nochards Written with his left hand 10 years after losing the right hand

in battle.

Trust longer, Plan de la
Corcorde, Pais.

With love, at the very
fest moles to all,

Toru Wolfe

a very and sole and a sole a sole and a sole a sole and a

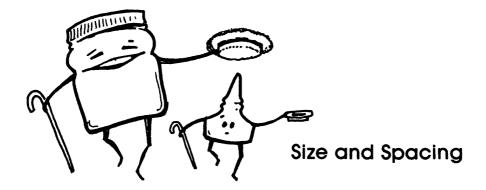
pe care person - Evine commen a tank

BALZAC, French novelist.

notre admeration aujourdhui nous lui sommes attachés par des suns plus etrait et plus doux ceux de l'amitie et de la reconnoissance es l'éperitique 1/10 sil antomation

MARIE ANTOINETTE, Queen of France. Sample penned while in prison.

at least! If so, let me hear from Jan again. Sincerely,
HENRY MILLER, American writer. Henry Miller



The person's use of letter size gives us an idea of how much importance he places upon himself and upon his own actions. It is an indication of how the writer will impress himself upon his environment. For example, the large writer approaches life with extroversion and extravagance and the small writer with reclusiveness and modesty. Letter size shows the writer's unconscious feelings about relating to other people.

#### **HOW TO MEASURE SIZE**

To determine the size of a handwriting sample look principally at the middle zone letters. These should be 1/8th of an inch or 3 millimeters high to fall within the normal, copy-book, category. Writing in which the middle zone letters rise consistently above 1/8th of an inch is considered larger than normal and anything smaller than 1/8th of an inch is held to be smaller than normal.

Normal or Average Copy-Book Size. People who write with a normal sized script can be expected to fit into conventional or prevailing circumstances with adaptability and balance of mind. They are practical and realistic.

1/8"

I never got Georgia's address.

please send H to me..

Larger than Average Size handwriting shows the writer's need to make an impression, to be observed, to win recognition. These people need and enjoy attention and admiration; they do not like to be alone. They can act with boldness, enthusiasm, and optimism, but are also capable of boastfulness, restlessness, and lack of concentration and discipline.

# Jorry never see you? Jir moved down to the beach agreat new house -or great house I should say. It's on

Smaller than Average Size handwriting denotes an introspective person, one not apt to seek the limelight and who is not very communicative except with close friends. Small writers often have an academic mentality and can concentrate for long periods of time in their studies and projects. Although they are modest, sometimes to the point of feelings of inferiority, the talent of these writers for detail and for organizing often gives them good executive ability.

Surprisingly, a number of small script writers are not retiring persons, but rather, possess a strong power drive. They are quite independent of what others think.

Again, thank you very much for the genine options last siday! I so wright champagne at your house and lunch at the I'Territage - a true fite.

Variable Letter Sizes, that is, middle zone letters ranging in size from 1/16th of an inch upwards, show a writer who is emotionally off-balance a good deal of the time and thus inconsistent in his responses to other people and to his environment. Too much caught up in his own feelings, he is likely to be self-centered, overly-expressive, indecisive, and childish. Those around him often find him moody and immature, but not always without charm.

Strape, I think.
Separation cum
Frenkolop settles
Well with both
of us. Love

Measuring Breadth or Width of letter size. Look at the small letter "n." It is normal for this letter to make a square; in narrow writing it will be compressed and in broad writing it will be extended.

#### SPACING WITHIN WORDS

When a person writes a single letter he represents himself. If he makes a narrow letter form he can be expected to be narrow-minded about himself, that is, judgmental, up-tight, or self-conscious. If he makes a broad letter form he can be expected to be inwardly broad-minded with himself, generously giving himself room to be natural and to grow.

The distance that the writer places between the letters shows how he relates on a personal level to other people. If he is cautious or introverted the letters will be crowded close to each other, craving contact. Movement is inward, back to the individual's own ego.

sugar is sweet and so are you

If the writer is outgoing, expansive, and is not inhibited with others, it will be reflected in wide letters spaced farther apart. This person is extroverted, and moves outward toward society.

sugar is sweet and so

The combination of narrow letters with wide spaces between them is sometimes termed a typically American handwriting characteristic and is often found in feminine handwriting. This is a person who appears to be very outgoing (wide connecting strokes) but is inwardly up-tight and cautious with his feelings (narrow letters).

sugar is sweet and so

The combination of wide letter forms with narrow spaces between them reveals a person who gives himself latitude but crowds others. This writer can be egocentric and self-centered much the same as the middle zone emphasis writer or the person who communicates in printed capitals.

sugar is sweet and so are you

A normal, well-balanced spacing within the letter shapes and between them shows a personality that is balanced and flexible in relationship to others, with the ability for both closeness and reserve where appropriate.

sugar is sweet and so are you

#### SPACING BETWEEN WORDS

The space left between the written words represents the distance that the writer would like to maintain between himself and society at large. Once again, as with the single letter, the writer is representing himself as he places each word unit on the page; between the words lies the distance he needs for emotional comfort with others, his territorial boundaries.

Very narrow spaces between the words show someone who will crowd others for attention, craving constant contact and closeness. Such a writer can be selfish in his demands and unwilling to give of his own time and energies to others.

## sugaris sweet and so are you

Very wide spaces between words indicate the writer's need to maintain his distance from social contact, either due to an inner need for privacy or to a tendency toward isolation sometimes reinforced by difficulty in communicating with others.

## sugar is sweet and so are

The combination of narrow letters with cramped spacing between the words shows a person who is fearful and dependent, who cannot give himself (or others) enough space in life. Through inhibition or need this writer will impose blindly on others. Often these people cannot see the forest for the trees.

## sugaris sweet and so are you

The combination of wide letters with wide spaces between the words denotes a person who demands attention in an extravagant or exaggerated manner, stemming from a need to be noticed, to be important.

sugar is sweet and

Remember that well-balanced spacing always gives evidence of the writer's social maturity, intelligence, and inner organization. He will be able to deal flexibly and objectively with himself and with other people.

sugar is sweet and so are you

#### SPACING BETWEEN LINES

The amount of space that the writer leaves between the lines on the page gives clues to the orderliness and clarity of his thinking, and to the amount of interaction that he wishes to have with his environment. Normal spacing has its own personal harmony and flexibility.

down to Resu. Ris and Caracas in February. They are protably all familias to you. I am I soking forward

The more crowded and tangled a line is within itself or with those above and below, the more confused are the writer's thoughts and feelings. The inner pressure of many emotional reactions puts this type of individual in constant need of expressing himself in words, actions, projects. Such writers are lively, forceful, and often creative, but can suffer from a lack of clarity of purpose or from jumbled ideas and poor concentration.

mountains referent out over the mountains referent of the live to be this interest of the purities of the productions.

The writer who sets his lines far apart from each other on the page is isolating himself from his environment, socially, psychologically, or both. He has grown to fear contact and closeness. Or he may have constructed grandiose fantasies for himself that set him apart from others, or he may harbor suspicions and hostilities that keep him separate and untrusting. Distance between lines is also an indication of extravagance, just as crowding can mean stinginess.

Your woreasonable pause of fact one to have to have to

#### RIGID AND IRREGULAR SPACING

Rigid, machine-like placement of letters, words, and lines on the page indicates conscious or unconscious overcontrol on the part of a writer who is in fear of losing control of himself or of his surroundings. He hides behind a carefully arranged facade of "beautiful" letter forms and planned spaces.

and may you and your loved ones enjoy all of God's richest blessings in 1976. Offectionately,

Irregular spacing on the page is a clue to an inwardly unsettled character in conflict with its social self, friendly one minute and withdrawn the next. Such a per son has little sense of social boundaries and is usually unaware of his own moodiness. Uneven spacing that leads to tangled words and lines shows inner confusion, lack of objectivity, lack of organization, emphasis upon fantasy, and self-centeredness. In the lower zone, it shows an unfulfilled love and sexual life which have been transposed into the realm of the imagination.

Mant bound your wilding

#### **MARGINS**

The page is space, and the way that the individual fills his page with script shows how he will approach the world. The left side of the paper represents the past from which the writer starts, and the right side symbolizes his goals and the future. Placement on the page also shows the quality of the person's taste, his social, cultural, and artistic tendencies, or a lack of these. And, unconscious feelings toward space and its use give clues to the person's self-esteem and how he will relate to others.

#### BALANCED

plessing mar guns show a scarse of order speportion and the proche and the life style of the person who is about the job

Awareness of social boundaries . . . poise, order, control . . . aesthetic sense.

#### WIDE MARGINS ALL OVER

in Huland that limi eizenorm Etrobzind plunden.

Withdrawn and aloof... sensitive to color and form in surroundings. Importance placed upon money. Artistic.

#### WIDE LEFT MARGIN

Sometimes in life there exe vimply count und expensive that one distribution for the seal of the father industrial approximations.

Avoidance of the past... sense of culture... vitality... communicative... courage in facing life.

#### LEFT MARGIN WIDENING

in the land the her keymed it carown to the bezond I think we will know to at non amount.

Eager to move away from past into world... optimistic, impatient.

#### WIDE RIGHT MARGIN

And then they are times present just to be scan to contemplate Bone must be sheet and me and

Fear of the future . . . over-sensitivity . . . self-consciousness . . . reserve

#### LEFT MARGIN NARROWING

this il uetum is teelly out the defense the wind the sound the sou

Inner fatigue or depression caused by haste or overwork. Can't let go of the past.

#### NARROW MARGINS BOTH SIDES

last Nomin I she torma that skets he taxother can un the left ker bumper and ups cherped until hil and non driving that he mucuic

Stinginess or acquisitiveness . . . lack of consideration and reserve

#### NO MARGINS ANYWHERE

the locksmith in no derives the forme two land it is much to the last make the free that the free to the free the

Writer eliminates all barriers between himself and others... causes strong negative or positive reactions in others... talks too much... fears empty spaces or death.

#### UNEVEN LEFT MARGIN

once upm a time
there was a 1sweet girl that
I was orme
make find of
an my very coun
clippy way w
words + oning

Defiance and rebellion toward the rules of society...lack of inner order and balance.

#### WIDE UPPER MARGIN

When I firstle gan to study haudens by a weso fulled clan to the scinils other I can still teen and ren goy.

Modesty and formality . . . respect being shown toward the person being written to.

### UNEVEN RIGHT MARGIN

it is alrust him
pm in one
nearning and
I shill known
keen able
to get a work
y sleep
kecause of the fine
august treff

Impulsive moods . . . acts and reactions unreliable.

#### NARROW UPPER MARGIN

Saturday night was the first to the first pool within you moved on the field. Cost year has with me for a coul barrand, furtil. To long.

Informality, directness of approach . . . lack of respect, indifference.

### WIDE LOWER MARGIN

this wonler it rained moret han only year smu 1880 huy saed in the newspopers. I sue do believe

Losing interest in one's environment . . . idealism . . . aloofness . . . reserve.

#### NARROW LOWER MARGIN

right now rome really know wh at he do with old your feceus she read to be do they get from time the times to with a keyt and leally kills in product to he.

Desire to communicate . . . materialism . . . sentimental, sometimes depressed.



Envelopes, like pages, represent an area of space upon which the writer takes a personal position that reveals traits of his personality and his relationships with others. Addresses on envelopes are public ego manifestations for the writer, similar to signatures, with a good number of capital letters that can be embellished or personalized.

When the writing on the envelope is consistent in size and form with that of the letter inside, the writer will behave pretty much the same way in public as he does in private. Over-embellishment or false show on the envelope is ostentatious and deliberately misleading. Naturally, legibility and control in addressing envelopes is of first importance.

A. Level Head Straight Street Judiciom, Ohio



Norma Reason 21 Sensible Street Temperance, Va.02664

LEGIBLE . . . ordered mind . . . adaptible, cooperative.

fes Careful Hit ordins morningism



Min Taken 477 any sheet LA 90026

ILLEGIBLE . . . confused mind . . . inability to conform . . . anti-social.

11/4

Merry Goround 208 Freedom Way Eagerness, New York 33021 Contessa Contrary Rue de Morose Barca Lonely, Italy



Miss Ima Fraid Yesterday Valley, Utah, O.S.A.

TOO FAR RIGHTWARD... escaping past...impulsive...restless.

TOO FAR LEFTWARD . . . clings to past . . . reserved.

Ima Fovely
Studio UNA
Prollywood
Calif.

Nat E. Dresser
First Class Plazz
Center of Town, W.Y.

OVER-EMBELLISHED . . . phony facade . . . desire for fame.

I. M. Pulsive James

Rush Avenue James

Unfo Hered ) 04612

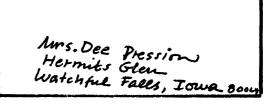
WORDS RUN INTO STAMP... hasty, careless...desires complete freedom.

Hy Widenhandsom

Easy Street

Fivemup, News Mexico

TOO HIGH...lives more in fantasy than reality...detached...lacks confidence.



TOO LOW . . . Pessimistic . . . cautious depressed . . . suspecting.



Writing speed increases naturally with practice, but no amount of practice can make a fluent writer out of a sluggish, overly self-conscious, or dim-witted person. The speed with which the person moves comfortably over the page reflects the tempo of his thinking, of his actions and his reactions. Is he "quick" or "slow"? His personal pace is a measure of his spontaneity and will affect his writing rhythm and form quality.

Curves are more easily written than straight lines, angles or broken lines, and tall letters flow more quickly from the pen than tiny ones. Dots are hard to make at high speed and tend to turn into commas and dashes. The urge toward spontaneity slants the writing to the right, whereas hesitancy draws the hand back toward an upright or leftward slant. Pressure that alternates naturally is more quickly and smoothly performed than extremely light or heavy lines.

Be on the watch for a change of writing pace in individual words where the writer has instinctively hesitated; also look for an increase in pace as the writer's emotions are aroused. Key words and phrases have a way of changing pace and position subtly on the page. The faster the writing the more the size tends to increase and the strokes to reach out and forward, but no matter how fast, the writing should not lose its legibility, its power to communicate.

J'me notices that. I'm not making as many letters with local Loops -!

Slower than Average Writing generally appears conventional, over-elaborate, or clumsy. The stroke is overly controlled or hesitant, or can be tremulous, jerky, and retouched. The connective forms are more often arcades and angles, and the slant is upright to leftward. Letters are very small or very large, their shapes narrow or sprawled out. Ends of words may increase in size, loops are enlarged, and there is much made of details and flourishes. The pressure is either barely sufficient or ex-

cessive, the strokes unmodulated in width. The rhythm and form level are poor overall.

and the food and drink of delicious Please as well lattend our tranks to your lawly daughter for her

Faster than Average or Speedy Writing will have an unadorned, spontaneous and natural look. The pattern will be animated and rhythmic with smooth, unbroken strokes and outward swinging curves. The directional trend will be rightward with the i dots streaklike and placed to the right of the stem or linked to the next letter, and the t bars extended, placed to the right of the stem. Connective forms are garland or threadlike and the letters streamlined and of medium size. Endings of words can become threadlike and there is an overall neglect of detail and flourish.

member aven & multipliet which made about a 20 error-Thanks for your time and sorry for the mustake.

I have heen enterested en gruphology Jos & Jew years, I have had my hand we trug knalysed twee - both times I feel the analysphin were accounted

A naturally speedy writing has a smooth, flowing, and simplified look. The graphologist finds speed vital to understanding the writer's personality; it shows the level of spontaneity in personal response and the practicality of character. A quick legible hand is partly a matter of experience and manual skill, but it always shows mature and intelligent simplification of letter forms. The natural, open individual will write with a time-saving simplicity and with grace. Speed gives impetus to the individualization of letter forms as the writer unconsciously creates his own smooth shortcuts. Such forms can be highly original.

Slow writing is almost always suspect of calculation, self-consciousness, even stupidity and dishonesty. Elaboration and exaggeration give so many negative clues to personality; neither is possible in a speedy hand. Nor is there time for touching up, coiling, tangling, breaks, reversed pressure and extraneous leftward motions, all signs of mental disorder. In its role of producing a simple and sophisticated hand, speed is a necessary part of good rhythm and form quality.

Bon pour un cadeau de jour de l'an que je pairai, dez un rentrée à l'aris, sur la présentation de ce billet.

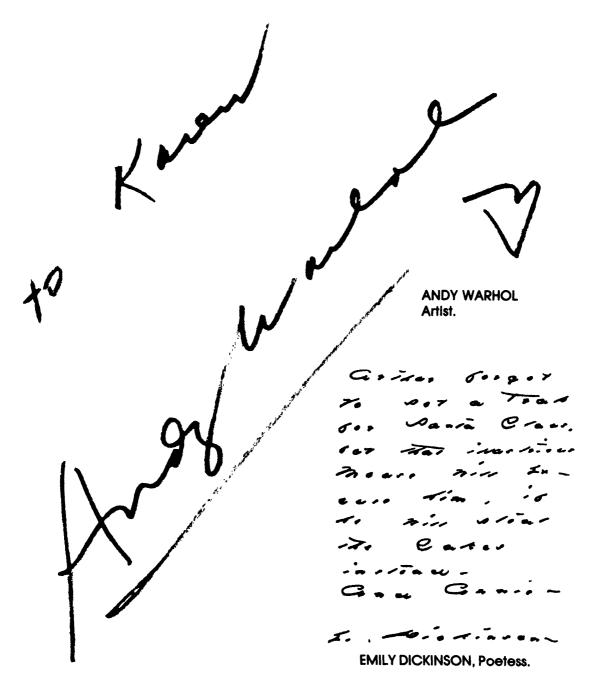
Décembe 98 Luile 20/2

EMILE ZOLA, Author.

exflain what become beingen from. We might have seen Davis forries, who as never to be the things in Delit. Three years affer see dies, his corpore was rate urar the stake. I seed well stinski proclaimed himself in Doland. Exercil I iah stillight thankley of garlingen, and bhilippus Ziegler, Christina R Sein, were o was who made properly, a proclaimed the modelet

SACHEVERELL SITWELL, Author.

antera a sample months and have deciriling to the local Day

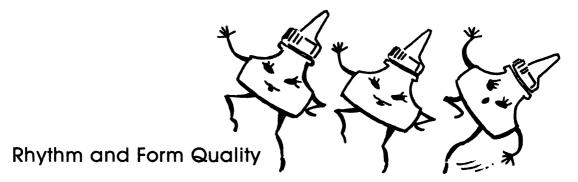


That shook when he laughed, like a bowlfull of jelly. Its was chubby and plump, a right jully old elf, and I laughed when I saw him, in spite of myself; a winter this pye and a twist of his head,

CLEMENT MOORE, Poet.

Colement C. Moore.

a good job it will Leave The place mer borhard-Aviatrix. Rosdlyn Carter JIMMY CARTER quelques jours et je ROSALYN CARTER, President and wife. vous echinal. avourse couri **GEORGE SAND** Author. for new school year has afened we and we are hoping for good resul. for addition to getting the funds for gue up self to mercine our en dowment fund. **BOOKER WASHINGTON.** Educator. Borten T. Washington,



Each handwriting has its own unique rhythm. Like heartbeats and light waves, handwriting shows a regular recurrence and alteration of features. The writer's success at achieving unity and harmony within the self and in relation to the world at large is revealed in the over-all balance and form quality of his writing.

To determine the rhythm of a sample hold the page up in front of you and allow yourself to react to the total impression that the pattern of written strokes produces. Remember that the two major principles of rhythm are *repetition* and *change*. Beware of a rigid machine-like quality which suggests an anxious, up-tight character who fears loss of balance. On the other extreme recognize in an uneven, fragmented, or neglected script an unstable personality expressing itself.

Since rhythm is a subtle over-view comprised of many individual factors, rating its quality requires practice and sensitivity. As an aid, keep in mind the following handwriting characteristics:

**Height**. The letter zones. Look for balance between the upper, the middle and the lower zones.

**Width.** Examine the breadth of the letters, the distances between letters, words, lines, the length of the connecting strokes, and the slant of the writing.

**Spacing**. How does the writing fit on the page? Notice the margins and the space between lines and the balance between the height and the width of the letters.

**Depth.** Feel the pressure on the paper and try to determine the direction of the stroke from the width of the upstrokes and the downstrokes.

The combination of these spatial characteristics on the page: margins; spaces between lines, words and letters; plus the forms of the letters themselves determine the rhythmic symmetry of the sample. These writing characteristics demonstrate the balance, variety and richness of the personality.

In keeping with the basic principle of rhythm, repetition and change, good form quality of the letters requires that they not be too rounded, nor too angular, threaded, arcaded, or even too closely tied to the schoolbook Palmer method. On the other hand, many so-called "beautiful" writings are the ornamented or artificial products of those wishing to appear artistic or unusual in some way.

Naturally, it takes time looking at many handwritings to begin to judge successfully the quality of the rhythm and the form level. Sometimes this is an aesthetic

judgment that will be influenced by the personal values of the analyst. Some react favorably to more conventional forms, others look for original letter shapes. Above all, most graphologists value writing that is not artificial or rigid and are suspicious of extreme mixtures of graphological elements. Regulated handwriting can be rhythmical providing it is not rigidly artificial. True genius personalities, such as Leo Tolstoy and Beethoven, tend to create their own exceptional form level and rhythm.

LUDWIG VON BEETHOVEN

LEO TOLSTOY

The Form Quality of the letters is such an important part of the rhythm of the writing that it deserves special mention. Letter form quality is determined by the contour, shape, ornamentation, curvature, progression of stroke (ie: backwards or forwards), and speed of execution. Naturally, legibility is a primary consideration, even with speedy writers.

The spine of the letter (the downstroke) is drawn by contracting the hand muscles. Therefore, it is likely to be more static and an indication of inner character and strength. In contrast, the upstroke is created by a release of muscles, is lighter in pressure, and gives a fluid variety to the letter forms.

This primary overall evaluation of rhythm and form quality gives the graphologist a yardstick in deciding whether to interpret a specific sign in the writing in a positive or a negative way. For example: is a very light-pressured hand indicative of neurotic impressionability and lack of energy, or of spirituality and responsive sensitivity? The evaluation of the aesthetics of the rhythm and form quality will provide the base for a positive or a negative interpretation. Even the most intuitive graphologist should beware of interpreting specific letter characteristics out of the context of the entire writing, just as one should not evaluate a signature separately from a portion of the text.

Again Dujon your Christias + well see you on New Years Ene

Healthy Mature Rhythm and Form Quality. Notice the well-balanced height width, pressure, and spacing. This poised, relaxed, and smoothly written character reflects the writer's inner harmony.

Unrhythmic Writing with Poor Letter Form Quality. In the three samples below observe the unstable slant and spacing, the combination of stunted and exaggerated letter sizes, erratic baselines, uneven pressure and the disintegrated or overly-slow and elaborated letter forms. All samples show signs of neurotic immaturity, inner personality disorganization, and a lack of self-awareness and discipline.

and born on Manch 3, 195, let 19 mg to

your to tall me what is so what

your to tall me what is my strong

my interest one and what more

went on a sailing trip from It. Established

to the Horista Reys. During are Journey

we personalist many problems with the

weather, Rueryman we would have as

Ornamentation and Neglect. As the writing style matures and develops away from the standard forms it can take two opposite directions, toward simplification or toward elaboration. A writer who values speed and economy of motion may streamline the letter form to its essential skeleton, a time-saving simplicity. If richness is valued, the writer will unconsciously add extra strokes to the letters, for garnish. Creative qualities are judged by how successfully the writer improves yet simplifies the script. As long as the writing is natural and spontaneous, smooth, unforced and unselfconscious, it will exhibit a good rhythm and form level.

The following sample displays a fine balance of good rhythm and form level. It is neither ornamental nor neglected and manages to convey a feeling of personal style within a traditional structure.

Graphology is the study of handwriting.

Overly Embellished Writing. Showy and pretentious script is, like all extremes in handwriting, a facade or compensation for inner weakness. Ornamented strokes are slow to make, very self-conscious and reveal a contrived personality. The much-admired intellectual Greek "e" is slower to write than the Palmer type "e" and does not have a natural place in many scripts. Ornamented capital letters usually go beyond a respect for tradition, revealing the vain showman.

of last minute abanced for instance... There of the orders started within three days of booking them—

Neglected Writing. Simplification can reach an unrhythmic extreme for quite different reasons than speed or maturity. Remember that a simple and speedy script is a sign of maturity and purposefulness. Untended, careless, and half-completed letters and a neglected over-all look, however, arises from a disorganized and unfocused personality with depressive moods. Pressure, downhill baselines, and x-ing shows suicidal tendencies in the careless writer.

Liery ProJessimilly
This immedian of
Chell and DedChell and DedChell his Ded-

neglected Writing anything elese, when we gain knowledge it may times is the a two-edged monor, with the potentially for good or hil, so we must always

Overly Rigid, Slow, and Controlled Writing. Lack of spontaneity and repression of communication interferes with good rhythm. This writer believes that he has something to hide or fears what he might do if he lost control, so he constructs a careful, self-protective script, usually a conventional or "beautiful" form. This is rigidly adhered to, and hides inner frustration and immaturity behind its machine-like regularity.

the strength of the convictions.

Rhythmic Disturbance through Nervous Anxiety. Heedless, ill-formed letters, usually of a variety of sizes, written with erratic pressure, indicate anxiety. Tension in the hand will cause strokes to lighten suddenly, creating holes. Jerks and tics appear, parts of letters are missing. Often the anxious writer will mix cursive and printed script, make numerous mistakes, and tangle.

Short to hell, all the rightim has some short to hell, all the yours have should and the slant aint too regular entire!

Show you're rooming in Sordon.

Sure with I was there soon. Read I'll song ope here next year. I'd besser go to school though. They lovery number is

Rhythmic Disturbance due to Old Age. Specific numerical age cannot be determined from handwriting, only emotional maturity can. It is natural, however, that the weakening muscles and eyesight of age will lead to slower, less-coordinated

writing with shakiness and uneven or lighter pressure. Many older people suffer from depression, which shows in drooping baselines; others toward the end of their lives intensify religious feelings and will emphasize upward strokes at the end of words, looking heavenward for answers. Preoccupation with the body leads to swelling lower loops.

It is difficult to separate the signs of normal aging from those of physical illness. The aged writer who feels well shows few rhythm changes, and the aged writer who is ill will have illness features overshadowing the natural decline of age.

What Tongue can speak its comprehensive Grace? What Thought its Depths unfathomable trace!

Above is the nineteenth century Spencerian script of a twenty year-old man. Below is the same writer at the age of sixty-eight.

he gift of Uncle Tophan

Below is the writing of a vigorous seventy year-old man.

my sers 40th buthday

# RHYTHM AND FORM LEVEL: PHYSICAL ILLNESS, DRUGS, AND ALCOHOL

I am not loppy to be

Physical Illness. Injury to the body most often changes the rhythm and form quality in the zone of the writing which corresponds to the injured area. Heart disease, circulatory problems, and nerve disease distribute their signs throughout the zones. Sometimes the t bars of sick people become longer and stronger as their will to live is kindled; details like periods are omitted by some writers through fatigue, anxiety, or a growing fear of endings. Anxious preoccupation with body functions leads to swelling of lower zone loops, erratic pressure, shakes and tremors, and signs of depression.

The best way to distinguish physical illness from writing disturbance of mental origin is to have samples to compare from different periods in the writer's life; most of all, physical problems will affect the pressure pattern and the smoothness of the letter strokes.

MIDDLE BODY INJURY. Broken and repaired middle zone letters erratic middle zone letter size

and shape MZ threading and falling, depressed words.
Pay 2nd you Should &
Dock from your try to last's. to let an ken
hous it went and if you enjoyed it.
NERVE DAMAGE. Erratic pressure tremulous and jerky strokes poor spacing slow, overly-controlled letter forms.
what to write but perhaps you
can seed something in this.
HEART DISEASE AND CIRCULATORY PROBLEMS. Dotting and blobs with slow, uneven pressure lower loops bent and enlarged pastiosity, light spots, bends, jerks, tics, tangling and depres-
worldshield but that share
Cracked in half and Biel
went down into the friends
a creath out with all the
HEALTHY WRITING. Good pressure patternrelaxed strokesclear spacing and balanced zone.
f he had such a good
bine thanks again. I
au embauassed to find

**Drug** detection in handwriting is complicated by its similarity to nervous problems. Minor tranquilizer users have difficulty writing on a level line and keeping even spacing and letter size; mistakes occur, particularly in halts or breaks in the connecting strokes along the baseline.

The stronger anti-depressants and mood-changing drugs cause tiny uncontrollable jerks of the hand. These produce sudden and obvious mistakes and weirdlyshaped letters. The pressure is very uneven, slant varies at random, and angular shapes thrust suddenly next to rounded ones. Letters rise and fall unexpectedly. Overall the rhythm pattern shows evenness punctuated by abrupt and noticeably bizarre tremors and mistakes.

MINOR TRANQUILIZERS. Uncontrollable jerks of the hand cause mistakes and sudden odd shapes ... angularity appears abruptly next to roundness... letters change size or rise and fall unexpectedly... pressure is uneven with tremors.

I would enjoy greatly working on a move lot perhaps getting a glimpu from time to time of how things are really close

MAJOR TRANQUILIZERS. Hospitalized patient on the drug, Thorazine . . . extreme disintegration.

but now is the 9th own the Fever LEKT Her Play Graham Belive Find I HAN Heald your Doughter. Spiktis UARDSTS

Alcohol. Most alcoholics, no matter how talented or successful, are inadequate personalities; they usually have a poor self-image and a critical, easily-frustrated nature, capable of emotional extremes. Reality is often painful for these people; the numbing fantasy world of alcohol offers escape from anxiety and tension.

In the writing look for signs of immaturity: lead-in strokes, weak and varied t-bars, over-inflated, emotional loops. The inner critic at work against himself and others is disclosed in points at the baseline, tics, hooks and sword-like strokes. A functioning alcoholic will have fast and muddy but legible writing; impulsive and relaxed, he still strives for control and communication.

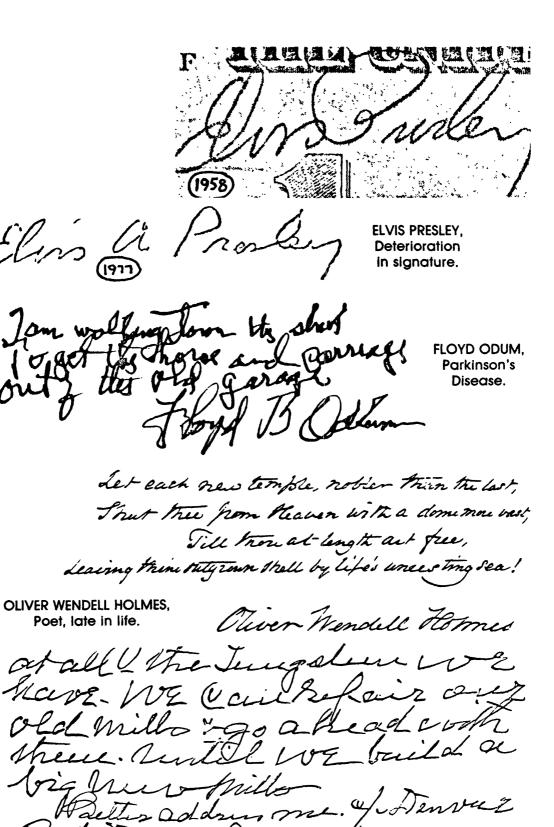
out cheerful. Night after might of sitting here in the coma min dinhing is leaving me as bent as a five-

The immediate effect of alcohol on rhythm and form quality is likely to be more disintegrating to the non-alcoholic who has little tolerance for the drug than to the habitual drinker who has learned to hide his problem. In general, expect to find: increase in pressure, tremors, breaks between the letters, sloppiness and mistakes, with pastiosity; inability to keep the spacing between the letters even; erratic pressure pattern; wider loops and longer connecting strokes; a sad, threaded middle zone or a depressed baseline; an overall jerkiness and disintegration in both rhythm and form quality.

friendly hosters - person and lat the moment Dam alivating at the thought of that dutte sight rice Vand salad - not to

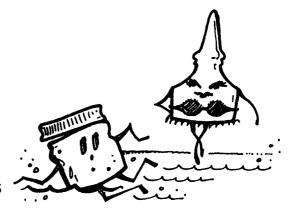
he min- If there is anything wanting which is with. in my power to give, do not fail to let me know a. And now with a brave army, and a just cause, ma, God sustain you. yours very truly M. Sencolo MICHELANGELO, Artist. Sia noto chome is micholagnis le busnavotro ucalues oggé questo di uentitre di noue bre 1529 un cha un lo Laio (ho sur fornimeti a mi cholo di mactor handl e deller S de firezas pocudi octo dequali menni "Cookie -Maker"... "Cookie Lee you soon! 25 YR. OLD WOMAN clater" Geron SIGMUND FREUD (Signature enlarged).

Jectus remercie hvegee ummedits reliberies a bound dirett Hyrolens Jelente beauty Turns ever have metty ande que neisse a NAPOLEON BONAPARTE, with three deteriorating signatures. cam walking down the Mynleir have and cam age out of she ald 1mb Kind mather to me of their stars is a world? nine has opened its soul To me: Therefore I love it. arest Browning ROBERT BROWNING, Poet sending you one of my photographe for publication in your Album yours Very Truly THOMAS EDISON. Inventor. mas a Edison



late in life.

BUFFALO BILL CODY, Entertainer.



# Strokes & Shapes

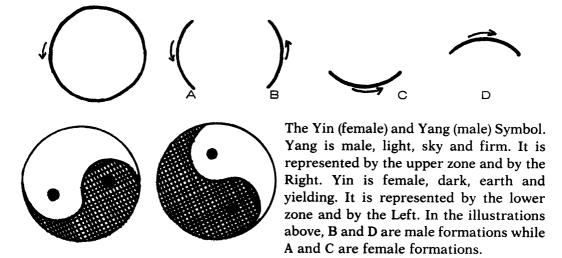
There are two basic graphic movements which trace two distinct kinds of shapes. One is *curved* movement. The other is *straight* movement.

# **CURVED MOVEMENT**

The circle is the perfect curved shape. In handwriting, oval letters and loops are formations of the circle. Many letters are comprised of parts of a circle.

The circle is a symbol of the eternal, perfect and cyclic nature of the universe. It represents the forces of nature and all aspects of the physical body, emotion and feeling. It is a loving container of intuitive, instinctive creativity and is the unification of the female force and the male force as expressed by the yin/yang principle. Things made up of circles are atoms, molecules, cells, plant and animal shapes, the earth and other planets, the sun, solar system, stars, galaxies—in short, the physical universe in its entirety.

The Circle and its Components. Arrows indicate the usual directional trends as seen in middle and upper zone letters. Lower zone letters are seen as reflections of what is above the baseline and are therefore reversed in their directional trend.



# THE GARLAND FORMATION

A line of garlands looks like this.

Letter "r"—

Letter "t"—

Letter "m"—

Letter "m"—

The quickest and most natural way to form or correct a letter is with a garland, the movement being both rhythmic and practical. The garland stroke is the lower arc of a circle. It is concave in shape, like a cup or an open hand, and indicates an open, receptive and responsive nature.

**Generally Garlanded Writing** 

PW. Sign & Return.

I have to update U.S.A.

account -

Garland writers are passive and non-competitive. In their desire to avoid conflict, they can compromise themselves by taking the easy way out. These people like the visible, real world, and though friendly and kindhearted, don't quite understand the subtle undertones of situations. Socially, they are adaptable and flexible, but their strong need for security makes them feel threatened by any changes in their home, family or lifestyle. These types are expressive yet conventional. They want communication with and acceptance by other people.

Shallow Garlands. Of all writing formations, shallow garlands are the fastest and easiest to make. In their avoidance of the lower zone, people who make these strokes reveal character tendencies of shallowness, thoughtlessness, lack of concern and even indifference. They prefer the tangible world, and shun the mystical, the deep, or the unconscious. In their impulsive recklessness to reach goals, they can roll right over a less hasty person. They make much of connecting to others, but without deep feeling.

prahably had diseauered Riles & Baul one on her own

Clothesline Garlands. In their eagerness to express themselves and to communicate with others, these writers can come on too strong. At times, their behavior can be termed exhibitionistic. This is sometimes to distract others from noticing the difficulty they have in facing up to emotional situations.

Clothesline Garlands.

the other + young son as secretary

Deep Garlands. These writers give up some of their horizontal mobility, and in doing so, place more emphasis on contemplation and the inner world. They are impressionable, sentimental, sedate, sympathetic and conservative. They have a hard time giving up possessions, and are often collectors.

It is a beautiful evening. The food is excellent, and one can notice all the attention to detail that went

Droopy Garlands. Here the garland has been carried to extremes. These writers are too passive for their own good. Guilt feelings make it difficult for them to express their anger, and they wind up being someone's doormat or dish-rag. This is one indication of the masochistic personality.

has the Mumps. I sent her a get well cards fin also making her this has been a Clay full of fun and

Firm Garlands. These writers express the qualities indicated by the garland formation. They handle life with ease, are demonstrative of their emotional nature, and respond in a warm and helpful fashion.

same letters differently. I always write

Weak Garlands. People who make weak, broken garland strokes lack follow-through. They have good intentions but their energy level is low. They are easily taken advantage of, are naive and gullible.

activities and volunteer clurk. How is everything

Sham Garlands. The garland with retracing can produce the sham formation. It indicates a socially repressed personality. The individual cannot express his aggressive feelings in a social situation, and will behave with charm and sweetness even when he doesn't like someone or something. It goes against his grain to be offensive, and even a bitter enemy can get a warm greeting in public. It's an indication often of a sly and cunning nature—one who can win without being tempermental.

he seemed mean to me. Mom

THE ARCADE FORMATION

A line of arcades looks like this.

Letter "r"-

Letter "t"- MA

Letter "m"-- m, M

The arcade stroke forms the upper part of a circle. Its shape is convex, like an arch or a roof, and provides support and structure. Generally speaking, arcaded writers are secretive, guarded, protective, resistant and proud.

As in the yin-yang principle, the arcade (yang) is the masculine counterpart to the feminine garland (yin). Arcaded writers are as protective and paternal as garland writers are receptive and maternal.

**Generally Arcaded Writing** 

If life is a barbeire, let it be vare

Socially, the arcaded writer is a traditionalist, and wants to preserve what has already been established. He can get along with most personalities and finds the garland type quite pleasant. He has an artistic sense of proportion and is highly creative. Sometimes, he can be authoritarian, and offends with his seeming indifference to emotion. He's really just as emotional as the garland writer, but is very controlled in his expression of it. The arcaded writer can accept change, but it must be gradual. This type is not domineering, but neither is he to be dominated.

Personally, this writer is almost always eccentric. If everyone else is going one way (garlands are the most common stroke formation), he'll go the other. So it's really only in his desire to preserve social protocol that the arcaded writer is a traditionalist. Privately, he's a rebel. This type has a good memory, but does not absorb information quickly. He's serious, and generally needs a lot of time to make up his mind. Once it's made up, he'll stick with the decision.

Predominately Arcaded. These people rely on instinct and intuition rather than on reason. They are watchful and defensive and can lack flexibility. They make good directors or heads of organizations and are fond of public speaking. When very arched, artistic qualities are present. On the negative side, this type can be too fascinated by intrigue, or can be involved in covering up or hushing over the true facts.

money for the foroson.

Wild or Big Arcades. These wild flourishes are made by dramatic and theatrical people who wish to call attention to themselves. They have imagination, creative ability, and extreme pride. Often these extremes are covering feelings of inferiority with showiness.

Some Enchanted Evening we must so for That walk

Flat Arcades. This formation acts more as a cover-up than as a protector. It has a sinuous and snaky quality to it and is an indication of an aloof, narrow-minded, rigid and hypocritical nature. This is a sign of dishonesty.

eye The next day offis some respite from all of This and

Retraced Arcades. This person is feeling threatened. Behavior will be cautious, guarded, secretive, evasive and uptight.

huging my mind on The matter

# CIRCULAR STROKES AND SHAPES

**Exaggerated Roundness.** While it is considered normal for teenagers to write in a round style, adults who do so exhibit traits of childishness, immaturity, naivete and dependency in their personalities. Since roundness is a feminine trait, males who write a round style will display some feminine characteristics in their behavior. Round writers are flexible and yielding, preferring compromise to argument, yet regarding their home and family, they are possessive and jealous and will fight for these when their security is threatened. These types are emotional and physical, and find more fulfillment in the real world of experience than they could in the abstract realm of the mind.

Pous man ame and ans may go, but the bull in this place goes on forever.

THE LOOP

This stroke is a combination of the arcade and the garland. It is thought of as a vessel in which emotion and feeling are contained.

Generally Loopy Writers. These people place more emphasis on the emotional and feeling content of an experience than they do on the conceptual aspects of it. They are sympathetic, compassionate, and often quite intuitive in their understanding and response to situations in their environment. Their responses are impulsive more often than they are premeditated, and they will express in a verbal, sociable and extroverted manner. When creative, the loopy writer will produce realistic styles of art or will work with tangible goods.

I just somewhered I was going to Just buch the going to said your so somewhere of my londeritains

**Normal Loops.** The emotional feelings being stored by the writer aren't excessive or scanty. This is an indication of emotional well-being.

I can express my feelings normally.

**Exaggerated Loops.** When loops become extreme in their fullness, or appear everywhere, the person needs more and bigger vessels to store the excessive emotion being harbored. Feeling gets bottled up, because there isn't enough outlet for it. A key phrase here is excessive emotional need.

Myemotionsare all going cray

Scanty Loops. When writing contains short or meager loops, the writer has pared down his emotional feelings and needs smaller containers to store them. The ability to express emotion has been stunted.

I was put down a song time ago but I have

**Retraced Loops.** Some loops become so meager the upstrokes and downstrokes coincide, one lying on top of the other. Retracing reveals the person who is strongly inhibited emotionally to the extent that free expression of feeling is impossible. This writer is emotionally guarded.

Ever since I was hurt so badley, nobody

Distorted Loops. When a loop deviates from its usual ovoid or circular shape to trace a twisted path, it reveals the emotionally distorted individual. Here it is important to consider the direction and shape of the distortion before determining the type and extent of the emotional problem.

my brothers did cruel things to

Reversed Loops. Here emphasis is placed on doing the opposite of what is expected. The emotional nature is rebellious. This is one indication of amorality, dishonesty or other unconventional behavior.

Didyou ever mant your green Acarf

Broken Loops. Most of the time, broken loops will occur on the upstroke. (It is rare to see this on the downstroke. If you do, it is usually the result of a physical or mental illness.) When seen in the upstroke, a break is an indication of anxiety over a future course of action. The person doesn't feel sure of himself, and is uncertain of his ideas, relationships, or feelings.

Breaks at the tops of upper zone loops can indicate problems in the upper body or in the thinking processes. (Sample below.)

All the keys have fall the keys men couldn't put me together again

Breaks at the bottoms of lower zone loops can indicate a lower body problem.

Breaks at the bottoms of lower zone loops can indicate a lower body problem. Sometimes, women who have had a hysterectomy, or women who are menstruating will form these breaks.

fuling rather empty in my body-Tangled Loops. If the course of one loop interferes with the course of another,

tangling results. This is an indication of emotional turbulence. The needs are confused, and the writer has a hard time sorting out feelings.

Honestly, I have fett & confused lately, to

Leftward-Pulling Loops. These writers do not easily get over emotional wounds. They cling to old ways of being and are dependent on sustained relationships for emotional fulfillment. The leftward-pull indicates a preoccupation with the mother-figure and a lack of emotional maturity.

my mother Well I guess it's hard to

Rightward-Pulling Loops. Attraction to the right reveals the ambitious go-getter. Here the emotional energy is directed to the pursuit of goals.

I gues youth is wasted on the young

**Tall Loops.** In the upper zone, tall loops indicate one who reaches for spiritual and conceptual emotional fulfillment. Emotions focus on the intangible, and fantasy and imagination are highlighted.

I'm the happiest when my head is

Long Loops. In the lower zone, extreme length denotes the individual who is physically restless and ready to explore new relationships and experiences. These writers need someone and something to touch.

Life is more gratifying with bodily

# THE OVAL

Ovals are found in the middle zone. They have to do with expression of emotion on a verbal and social level.

Normal Ovals contain one small loop on the right side and are lightly closed. These writers are honest yet discreet.

you can trust the normal oval

Open Ovals indicate a tendency to reveal too much. These people lack verbal caution. They are open and gullible.

Open wals can say too much

Closed Ovals are naturally discreet without being secretive. They use tact and diplomacy in verbal expression.

Closed ovals are tactful and discust

Tied Ovals have loops on both sides which overlap. This person is very cautious and guarded with verbal revelations.

Tied ovals are exutions and quard

Knotted Ovals are more extreme in formation and more verbally guarded than tied ovals. The more knotted the oval, the more secretive the writer. These people are inhibited and defensive verbally. This can lead to lying.

Knotted ovals ære hiding some

Stabs in Ovals are a sign of a biting, sarcastic tongue. These writers manage to hurt people with their sharp words.

Stabs in evells mean a sercastic tenque

Explosive Ovals are made by those who have repressed their feelings to such a degree that they will suddenly explode in hostile, angry verbal tirades. These ovals are narrow and filled with ink.

People who repress their feelings can explose

Upside-Down Ovals are a reversal of the usual direction. As such, they indicate indirectness of approach and manipulative tendencies. Sometimes the intention isn't to deceive, but the insincerity results in misunderstanding.

Lock of directness can lead to deception

Ovals Broken at the Bottom are a sure sign of dishonesty, usually embezzling. These writers are cunning and deceitful.

broken at the bottom, dishonesty

Oval Letters Made in Two Parts are another indication of dishonesty. Be careful here though, because some European writing styles employ the two-part oval as a standard formation.

This formation is or European method



# STRAIGHT MOVEMENT

Straight movement results in vertical, horizontal or diagonal strokes, or in the shapes of the square, the cross, the triangle, or the X.

The straight line and the angular shape both symbolize human aspiration and the abstract mind. These strokes and shapes are sharp, aggressive, and energetic, having to do with the mental world. (The circle relates to the physical world.)

Straight movements are unbending and rigid. They convey authority, ambition and power. Man-made objects and structures are composed almost entirely of lines and angles.

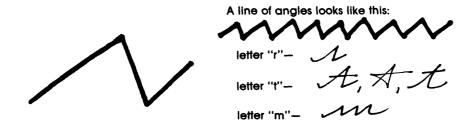


Upstrokes and Rightward Strokes are released, expressive movement. The upstroke places emphasis on personal ambitions and aspirations (upper zone/intangible) while the rightward stroke places emphasis on action to and reaction from the environment (goal-directed pursuits). These strokes are associated with Yang, the male principal.



Downstrokes and Leftward Strokes are contracting and controlled movements. Here emphasis is placed on the self and on the development of inner abilities (vertical dimension aiming to the sphere of the lower zone) and also on the past and what is known and already experienced (the left). The Yin, or female principal is associated with these strokes.

# THE ANGULAR FORMATION



This angle is comprised of two movements or gestures. For this reason, it is slower to write with angles than with garlands or arcades. It is an abrupt stroke, curt and precise, and as a garland might look like a waltz, the angle looks like a march.

# **Generally Angular Writing**

I tell many toll toles, sespecially of the a few / Sigh fall. I FEEL IVE DON'T THINK ON THE SAME PLANE MUCH

We have already identified angularity with mental energy and with aggression. Those who write a basically angular hand are analytical and logical. They don't merely "believe" but must be presented with all the facts. It is necessary to "convince" them, to prove "how" and "why." Being rigid, inflexible and unyielding, they prefer argument to compromise, and will seek to impose their will on others. Round writers see them as cold and inhuman, and their mechanical way of approaching life and relationships can indeed interfere with the achievement of emotional happiness. They need to cultivate tolerance, or face the disillusionment that comes when the perfect world they envision never materializes. Principles of action are often

more important than results to these writers, and they will be disciplined, firm and steadfast in their convictions. Once their minds are made up, they rarely get side-tracked from an intended goal.

The angular stroke does not caress, it strikes. Hence extreme angularity accompanied by heavy pressure and pastiosity is an indication of a bad disposition with violent tendencies.

Angular writers like to figure things out and make excellent strategists, mechanics, engineers, electricians, and scientists. Their determination to succeed and ability to work energetically cannot be equalled by either the garland or the arcade type, but the variety and complexity of human emotion remains a baffling mystery to them.

# ANGULAR STROKES

Generally Loopless Writers. There are several ways of managing a loopless style of writing. The writer may choose to print rather than to connect his letters cursively, or he may proceed directly to the next letter without circling around to the left. This is called a progression, and it can be curved or an angular formation. These variations will be discussed more fully when looking at connecting strokes.

Generally speaking, loopless writers place more emphasis on the conceptual aspects of an experience than upon the emotional and feeling content of it. Here the tendency is to avoid instinctive emotional response by intellectualizing the feelings.

It's great to be here, but I wonder why I was invited. Maybe It's businesse. I might be in-

The Stick-Figure Stroke. Here the writer eliminates the loop in preference for the simple downstroke. It is an abbreviated stroke and indicates efficiency. Emotions are kept under control, and the writer chooses to act rather than to react. He opts for directness of approach, albeit with a certain attitude of calculation. Qualities of maturity and independence are to be found in this writer as well as the ability to make quick decisions and to eliminate unnecessary details.

The Teepee Stroke. This stroke is an indication of stubbornness. These individuals

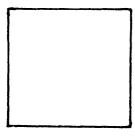
The Teepee Stroke. This stroke is an indication of stubbornness. These individuals take a firm stand on issues and will hold to their views even when faced with sound evidence to refute them.

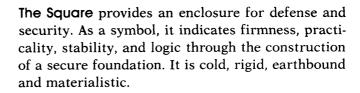
I think that isn't true. Jet

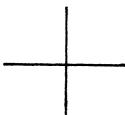
The Iic. This stroke is seen as an unnecessary addition to another stroke. It indicates negative feelings of temper, anger, or hostility.

It makes me angry when you

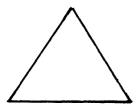
# **ANGULAR SHAPES**



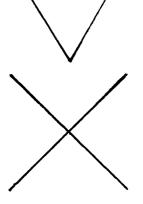




The Cross is a symbol of wisdom. It is identified with the Egyptian god Thoth—inventor of writing, the Roman god Mercury—messenger of the gods, and the Greek god Hermes—master of alchemy, the occult, and the mystical. All of these are the same god known by different names in different cultures, and each provides some form of communication through abstract means. The message can be spiritual, moralistic, idealistic or philosophic.



The Triangle stands for communication between the mental and the physical planes. It displays a logic similar to that of the square, but is more aggressive and energetic. The upward pointing triangle (movement directed to the upper zone) is considered a masculine formation and indicates a desire for recognition and achievement on a mental level. The downward pointing triangle (movement directed to the lower zone) is considered a female symbol, and here, energy is directed to experience of a physical, emotional and personal nature.



The X has been identified with death and endings. In mathematics it represents the unknown quantity. It also has religious connotations, usually Catholic or Protestant, and is a symbol of Christ and his death on the cross. Consequently, it is also a sign of martyrdom.

# SQUARES, CROSSES, AND RIGHT-ANGLED SHAPES

Many squares, crosses, or right-angled shapes are an indication of materialism. These writers like possessions and the security and protection they can bring. They're earthy, practical, methodical and stubborn. It is difficult to alter their thinking with emotional pleas. They want solid evidence. They have difficulty communicating their own needs and have equal difficulty understanding the needs of others. Sometimes there is a tendency to isolation which stems from a fear of losing the self to someone else's cause. One aim in life is security through independence. Another is to avoid disappointments by avoiding relationships. These people are attracted to building, architecture, collections, securities, stocks, money, and all tangible goods.

you know\_I always did like Mid West people\_so direct—and I'm quite sure now I'd like to go on vacation there. Dh. did I tell you about my new

can remain be receiving a more delightful or loving thous you!

## TRIANGULAR SHAPES

The Upward Pointing Triangle symbolizes the probing mind, searching for answers to sometimes inexplicable things. Emphasis is placed on qualities of reason. This type is idealistic. Once the mind is made up, decisions are stubbornly adhered to. There is mental aggression.

Molly is such a romantic. I wish she'd charge. Desireing Fud as she does non't get

The Downward Pointing Triangle indicates that reason is being used to find emotional and personal meaning. The search is on, but the meaning has not been found. Feeling is something that exists without proof, and the angle wants to have the proof in hand. These people are self-critical, analytical and logical. Their approach to love

is intellectual. They are often disappointed in their search for the perfect mate or in their desire for the perfect family. They are physically and emotionally aggressive.

many thing's stood in the way of finding out.

The Leftward Pointing Triangle tells us that this writer is critical of his past life and relationships. There is a kind of hostility and aggression being directed to events that have already taken place. The attitude is somewhat bitter, and the writer wonders why he has been treated so unfairly. The energy is directed to reflection.

How Dave you think that of ME. Thy Samily is to blame for Every

The Rightward Pointing Triangle symbolizes ambition in life and love of action. These writers are aggressive regarding their plans and goals. They are critical when others don't measure up to their conception of how the world at large should be, and are generally pessimistic in daily life.

Dear Billy, Thanks for that

X's are symbols of religion, martyrdom, endings, or death. Those who make this mark are somewhat preoccupied with rituals in their everyday life. They may not be overtly religious but do have strong beliefs. They fear death, yet have an attraction to its mystery. When the stroke is found in the lower zone the meaning is intensified. Feelings of guilt elicit strong reactions and these people can exhibit bizarre behavior. Often too, death has touched them in a personal way—such as through the death of a loved one or the death of an ideal. Sometimes they are even suicidal. They can be accident prone, attracted to drugs or alcohol, or self-destructive in other ways.

of friends. Let we couldn't return to an urban life - tortunately the area seems to

Middle zone and upper zone X-ing means guilt or martyrdom in daily life.

Donald Gvans Queta View Lvenue, Jos Angeles, Ca. 90001 Lower zone X-ing indicates self-destructive tendencies.

franklig we are both Tived - launching the hurry

#### THREADED MOVEMENT

Threaded movement isn't entirely either straight or curved, but a little of each. There is more tendency to evasion than there is to action. The quality of the line is somewhat formless, and so is the quality of the character. It is a sinuous line that flattens out—giving the merest hint of the shape it's describing. It evades commitment, control and direction.

# THE THREAD FORMATION

A threaded line looks like this:

Letter "t"-

Letter "m"-

**Generally Threaded Writing** 

The quick brown for jumped own the fence. I amped interested in wenteren your can tell me.

Threaded writers are sensitive and highly impressionable. They take a broad view of the world and want to see and know everything. Their innate curiosity leads them into unusual situations. Being broadminded and open to outside influences, they can be so intuitive that they actually seem to catch and hold the thoughts of others. They have a love for all the arts and want freedom to follow their own talents. Often, though, threaded writers sublimate their own creativity in order to bring it out in others. They seek appreciation rather than material rewards and consequently make good teachers and social workers.

On the negative side, threaded writers are undisciplined and unpredictable. They won't give themselves to a particular course of action, won't be pinned down, and often won't even stand up for their own convictions. The reason for this is that

they are unsure about the world and unsure about themselves. They opt for an indefinite course and thus make themselves hard to understand. When they make a decision they are likely to change their minds. Dishonesty is sometimes associated with threaded writing, an association brought about by the secretive nature and formless character of the threaded writer. In any case, these people are often socially inconsiderate and eccentric in their attitudes, yet they can be the most fascinating of the four different formation types.

Often the thread formation appears as a result of speed. The mind is rushing along while the hand struggles to keep up, sacrificing legibility in the process. This fast kind of thread looks smooth and the rhythm flows, giving a uniform look to the writing. The speedy thread is identified with high intelligence—possibly even genius.

When the thready writing is not legible, the writer has difficulty communicating his intelligence.

T'm and but had and any writing

When legible, the fast-flowing thread can be an indication of true genius. These people are mentally ahead of their own time. They view the world from a wide perspective and can develop original theories.

Jee hætte Ihre Bitte gemen frishen erfellt, men Ihre Briefe nicht in der tille ihrer Gescherster aus meinem Blickfeld versehmende wären. Dem Graphologie hut mich

Albert Einstein

Threading Towards the Ends of Words is a sign of the negotiator and the diplomat. These writers penetrate the thinking processes of others to see through disguises while keeping their own personality and position hidden. High intelligence is indicated.

Such an interesting char but rather unumar in

Threading Towards the End of a Body of Writing indicates lagging interest. The writer is in a hurry to get it over with.

Things are time here but I was wonduity how evugthing in going with you. Please write soon. Threading in the Middle of Words marks the kind of indecisiveness that characterizes hysteria. These people are falling apart on the inside while maintaining a front to the outside world.

I don't know what you'd find out from this - But anide from that, what else but everytting?

Inconsistent Threading brings out the more negative aspects of threading. Indecision, poor concentration, lack of attention to detail, evasive behavior, ambiguousness, and impressionable reactions are highlighted. Still, these writers are often the most spontaneously creative and intuitive, and can have the most original responses.

like the med sometimes. You can even read what I wrote (let alone lique out what I wrote (let alone writing about - Pals of Ruck

Hi ner gabo Horse forman Jan Jan Jan Jan	wond to	Jane de de se aland	Lou 2.
Hoose Lin	for De	, ils	BURT REYNOLDS, Actor.
Then beach		Japhua	SA LOREN, Actress.
ROBERT REDFORD, Actor.		I keny, hen	y Chuirmad   Hariland
toent	llys	Dugh	AVILLAND, Actress.
	ANK LLOYD WRIGHT,		. 5 0
1 KAR	R Stw	Mis 67	Ady -
Ohpr	MA		- ~ \
LEOPOLD STOKOWSKI, Conductor.	Com	wholi	<b>M</b> 1M

Life is d'anterous any way the bill of prints the prints of will mnx by MAX BILL, Swiss artist. MARY MARTIN, Dancer and actress. To this multy ISAAC ASIMOV, Science fiction writer. HENRY FONDA, Actor. FARRAH FAWCETT, Actress. mary wisto RAQUEL WELCH. MARY PICKFORD, Actress. Actress. **TELLY SAVALAS, Actor.** LEROY JULIAN, Adventurer.

L'inserviend consumor.

PRINCE OTTO VON BISMARCK SCHONHAUSEN, German Chancellor.

AWRENCE OLIVIER. Actor.

GORE VIDAL, Writer.

STEVE McQUEEN, Actor.

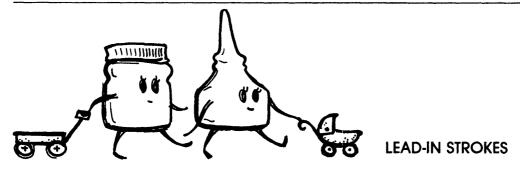
MARIE DRESSLER,

Broadway entertainer.

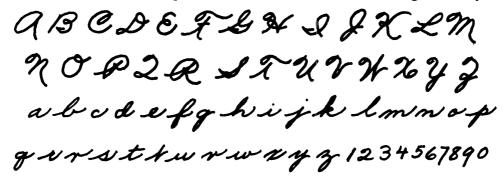
PETER MARSHALL, Television host.

JACK LEMMÖN, Actor.

RICHARD DIEBENKORN, Artist.



The stroke which begins the first letter of a word is called a lead-in stroke. These strokes, or the absence of them, give clues to the manner in which the writer relates to his family, to his own beginnings, or to the way he initiates action. The Palmer method of school copybook writing which came into use early in the 20th century taught a script style which contained lead-in strokes on most of the small letters and on some of the capitals. Most Americans have been taught this style.



Secondary Lead-ins. In the Palmer Method, these strokes were attached to the small letters b, e, f, h, i, j, k, l, p, r, v, s, t, u, w, x, and y. On the way to maturity, many people drop the use of these strokes in favor of increased speed. Others retain them throughout life.

The presence of secondary lead-in strokes indicates adherence to patterns of behavior learned in childhood. These writers retain conventional attitudes and cling to past experiences and memories, continuing to look to authority figures and institutions for guidance. They're resistant to change, and will procrastinate a bit before entering any new project. It's as if they must warm up with a lead-in stroke before plunging into the actual letter.

Ispent a great deal of time in Africa.

Primary Lead-ins. Lead-ins attached to the letters a, c, d, g, m, n, o, and q are voluntary additions to the Palmer Method. These writers are ambitious, and put energy into life just as they do into these unlearned lead-in strokes. Still, this energy is directed into a framework of conforming values. Though opinionated and exhibitionistic, they express themselves without challenging convention or endangering

their acceptance by others. They display emotion yet are deficit in inner emotional life. Decisions are delayed, spontaneity is reduced.

when you are around I feel so happy - glod to be alive and

Absence of Lead-in Strokes. This omission is an indication of maturity. These people take a direct route to problem-solving. In action, they are quick and decisive. Actual intelligence may not be higher than that found in those who retain lead-ins, but creativity and originality are more freely expressed.

When you leave please turn out the lights.

Garland Lead-in. Warm, receptive, responsive, wants communication and acceptance. Family ties are very important. Sentimental and emotional.

The past is very important.

Long Garland Lead-in. All of the above plus good sense of humor, love of body movement, gracefully exhibitionistic.

The past is very important.

Drooping Garland Lead-in. Feels guilty, wastes time and energy, is easily led, passive, shallow thinker.

The past is way comportant.

Arcade Lead-in. Secretive about past and family. Proud, resistant to change, a traditionalist yet often personally eccentric. Has something to hide.

The past is very important.

Angle Lead-in. Has been hurt or cheated in the past, resents family members, is skeptical, cautious and somewhat hostile. Energy spent thinking about past.

The past is very important

Thread Lead-in. Not certain of feelings regarding past and family. Has a hard time making decisions due to conflicting impulses about past events.

The past-is way-important

Long Thread Lead-in. Dramatic, flirtatious, wastes others time, wants to be center of attention. Can twist the facts of family or past history.

The past is vug import

Hooked Lead-in. Can't let go of past relationships o	r past possessions.
The epast is way a	important
Tics on Lead-ins. Irritation or arrogance which is us	ually temporary.
The post is way is	mportant.
Lead-ins on Capitals. Concern for appearances. Was	nts to hold the status-quo.
On Capitals Beautife	el Dreamer
Lead-in from Below Baseline. Negative past experience feelings which result in tension and anxiety. Troubles	
The past is very import	tunt.
	With Garland Formation, person blames own self.
Out a + must True	With Arcade Formation, person hides this.
the third hat	With Angle Formation, person blames others.
Lead-ins from the Upper Zone. Makes a show of own	n intelligence.
I'm buy Smart- m	ore Often
Arcade into Upper Zone. Great imagination.	
you're So rig	ht
Angle into Upper Zone. Probing Mind.	
mentally I want?	to know
Garland Into Upper Zone. Social intelligence.	
had a broad line	durtanding
ENDING STROKES	
The stroke which ends a word is called an ending o	r terminal stroke. The forma-

tion of this stroke gives clues to the manner in which the writer relates to others or to his own goals.

Strong Endings of any kind. Strong activity drives, interest in environment.

That's an ending word!

Short Endings. Shyness, reticence.

approval. Mental concentration, directness, self sufficiency.

Short Endings. Shyness, reticence.
That's an anding word
Long Endings. Generosity, consideration, friendliness, openness.
I'm fuling good today.
Prolonged Endings. Tenacity, extravagance, desire for conquest, mania.
I want to hold on.
Prolonged to fill space. Determination, suspicion, curiosity, tenacity, generosity, possessiveness.
I'm ready for what comes
Endings Up and Out. Extravagance, depends on approval, will take risks, social orientation, responsiveness, giving.
Let's go buy a new car
Endings Up. Philosophic, seeks a higher order, ambitious, high moral standards, wants to do good works.
I want to exel for a cause
Endings Vertical. Secretive, self-conscious, in another world, imaginative, hides behind a social front.
Leave me alone.
Endings Vertical and Tight. Idealistic but not giving.
I think about things but I can't give.
Leftward Endings. Feels victimized, introverted, self-oriented, moves towards
mother's world of home and protection.
Don't hut mo.
Leftward Endings under words. Self-centered, materialistic, doesn't understand others, anti-social.
I don't want to help you

Absence of Endings. Frugality with time or money. Not dependent upon others for

That's an ending word.

Leftward endings cross through word. Self destructive, introverted.
I hate myself.
Endings Short and Blunt. Abrupt person, some sadistic tendencies.
I havn't time for you
Endings Thick and Clubbed. Brutality, tenacity, sadism, great energy.
feeling cruel today
Endings Down and Weak. Passive, timid, weak.
don't make me cry.
Endings Down and Strong. Stubborn, tempermental, sarcastic.
Don't make me mad
Endings Down and Very Heavy. Violence, tenacity, cruelty, determination.
Or you'll be sorry.
Endings Long and Sharp. Hard to get along with, bad temper, sarcastic, biting per-
Bring out the mean in
Endings Descend Vertically. Mind is made up, intolerance, can convince others of own principles, decisive, strong likes and dislikes.
- , , ,
own principles, decisive, strong likes and dislikes.  You can't change my mind.  Upturned Hook. Keeps to traditional modes of communication, egotistic, acquisi-
own principles, decisive, strong likes and dislikes.  You can't change my mind.  Upturned Hook. Keeps to traditional modes of communication, egotistic, acquisitive, steadfast.
own principles, decisive, strong likes and dislikes.  You can't change my mind.  Upturned Hook. Keeps to traditional modes of communication, egotistic, acquisi-
own principles, decisive, strong likes and dislikes.  You can't change my mind.  Upturned Hook. Keeps to traditional modes of communication, egotistic, acquisitive, steadfast.  Like to talk a hang onto  Downturned Hook. Opinionated, tenacious, materialistic, insecure.
own principles, decisive, strong likes and dislikes.  You can't change my mind.  Upturned Hook. Keeps to traditional modes of communication, egotistic, acquisitive, steadfast.  Like to talk & hang onto
own principles, decisive, strong likes and dislikes.  You can't change my mind.  Upturned Hook. Keeps to traditional modes of communication, egotistic, acquisitive, steadfast.  Like to talk a hung onto  Downturned Hook. Opinionated, tenacious, materialistic, insecure.  When meeds to put up a new Incomplete Endings. Frugality, curt nature, self-sufficiency, not certain of mode
own principles, decisive, strong likes and dislikes.  You can't change my mind.  Upturned Hook. Keeps to traditional modes of communication, egotistic, acquisitive, steadfast.  Like to talk & hang onto  Downturned Hook. Opinionated, tenacious, materialistic, insecure.  We need to put up a new
own principles, decisive, strong likes and dislikes.  Joy Can't Change my mind.  Upturned Hook. Keeps to traditional modes of communication, egotistic, acquisitive, steadfast.  Like to talk a hang onto  Downturned Hook. Opinionated, tenacious, materialistic, insecure.  We need to put up a new  Incomplete Endings. Frugality, curt nature, self-sufficiency, not certain of mode of action.  On umal, I dien't know.  Dog Leg Endings. Vanity, pretension, dishonesty, cunning.
own principles, decisive, strong likes and dislikes.  You can't change my mind.  Upturned Hook. Keeps to traditional modes of communication, egotistic, acquisitive, steadfast.  Like to talk a hang onto  Downturned Hook. Opinionated, tenacious, materialistic, insecure.  When meeds to put up a new Incomplete Endings. Frugality, curt nature, self-sufficiency, not certain of mode of action.  A usual, I didn't know.
own principles, decisive, strong likes and dislikes.  YM Can't Change my mind.  Upturned Hook. Keeps to traditional modes of communication, egotistic, acquisitive, steadfast.  Like to talk & hang onto  Downturned Hook. Opinionated, tenacious, materialistic, insecure.  When needs to puts up a new Incomplete Endings. Frugality, curt nature, self-sufficiency, not certain of mode of action.  On usual, I dien't know.  Dog Leg Endings. Vanity, pretension, dishonesty, cunning.  This ending works like their  Slurred Endings. Dislike of detail and method, slurs over things in haste to reach
own principles, decisive, strong likes and dislikes.  You can't change my ming.  Upturned Hook. Keeps to traditional modes of communication, egotistic, acquisitive, steadfast.  Like to talk & hung onto  Downturned Hook. Opinionated, tenacious, materialistic, insecure.  We need to put up a new  Incomplete Endings. Frugality, curt nature, self-sufficiency, not certain of mode of action.  On unal, I dien't know.  Dog Leg Endings. Vanity, pretension, dishonesty, cunning.  This ending works like their

Angular Endings. Abrupt, decisive, aggressive, critical.
Let's hung and get there
Garland Endings. Warm, responsive, talkative, social.
Let's get together soon.
Arcade Endings. Feels threatened, secretive, protective, hiding something.
don't bother me now.
Angular and Prolonged Endings. Sees life as a challenge to be met with force and
discipline.

Flamboyant Endings. Immature, manic, theatrical.

Variety of Endings. Mixed traits—judge most prominent traits according to frequency of occurrence.

#### **CONNECTING STROKES**

Connecting strokes are those which link the letters together. They give clues to the writers social attitudes and mental abilities. In most writing you will see more than one type of connecting stroke, but some are pure examples. We'll deal with these first.

### **Pure Types**

Garland Connectors. These people want to be needed and need to be wanted. They care what others think of them and want to come off positively. They're emotional in relationships and require a lot of attention. Communication of all kinds appeals to them—they're verbal and like to gossip. As a rule, these types are realistic, materialistic, physical, and extroverted. They're generous, flexible and expressive. Their thinking processes are usually rapid, but not particularly original.

my God, et I had known would have to write a

**Arcade Connectors.** Of the two curved types, the arcade writers are more formal and controlled than their garland counterparts. They're concerned with keeping

face, with traditions and with regulations. More serious than the garland, they can be just as genuinely warm, but with less ado about it. They choose their words carefully to make them more effective, and make good lecturers and teachers. They don't think as rapidly as garland writers do, but they have better memories and come to more concise conclusions. They're efficient with words and with time.

his is the way to so-good food, good griends - Good times I love

Angular Connectors. These writers are far more socially aggressive than the round types are. They don't particularly care whether you like them or not, and would rather argue with you than smooth things over. Generally, angular writers don't have very many friends, and are often rebellious with authority figures or superiors. They do best in their own businesses or in situations where they can deal on their terms. They're hard-working and precise, competitive and critical. These people are the most hard working of all, and also have the greatest mental potential. Angularity is a strong indication of high intelligence—usually of the scientific, logical type.

My Needs are very few. Sometimes Im Idappy and some times Im Sail

Thread Connectors. These people are curious about the world around them without quite becoming involved in it. They're open and broadminded, but are inconsistent too. By the time you figure out where they stand, they stand somewhere else. They prefer interesting people to stable ones, and look for reflections of themselves in others. They're not very critical, but rather are inclined to overlook the flaws or the perfections in favor of general aspects of a person or a situation. These people are often among the most creative, but they don't follow up on this. They seek experiences rather than things, and don't want to be involved in lengthy projects.

I think the U.S.A. is wonderful and I am com Mixed Types

Garlands with Arcades. A good combination. Emotional balance—neither too receptive nor too evasive. The arch gives strength to the cup while the cup gives an expressive quality to the arch. This combination is creative and produces artists of all types. Social motivation with direct approach.

Sarlands with arcades

Garlands with Angles. Another good mix. The angle gives strength to the garland and the garland provides a happier nature. The writer is observant but may not feel the need to criticize. He'd rather express in a supportive manner.

Sarlands with angles

Garlands with Threads. The mind wanders. These people have little initiative or drive. They are inclined to be lazy and lacking in will power.

Garlands with thread

Arcades with Angles. This combination can produce a rather pompous individual. Both types are inclined to be perfectionistic, and will rise to the top professionally, but the emotional life is undeveloped. These people are stubborn and inflexible and extremely critical. Their lack of tolerance can drive loved ones away.

Arcades with angles

Arcades with Threads. An extremely creative combination. These people are little understood by friends and associates. There is a great deal beneath the surface as both types tend to be secretive. Often this mixture can produce the criminal mind. The thread urges the arcade to do those bizarre things he's always thinking about. Without garlands to provide guilt, these people could become actively antisocial.

Arcades with thunds

Angles with Threads. Sometimes this is a brilliant combination. The directness and aggressive force of the angle can stimulate the thread to action. The openminded attitudes of the thread can modify the demanding nature of the angle. The angle is usually the most intelligent while the thread is the most open to stimulation and experience. Each provides what the other is missing.

Angle with three

**Progressions**. This is another type of connecting stroke. It proceeds directly from one letter to the next without returning to the baseline or making a loop on the letter.

Curved Progressions Formed with Garlands. Here the writer is making a gesture of friendship and response without going out on an emotional limb. Give and take attitudes with dependency are emphasized.

Curved Progressions Formed with Arcades. These formations emphasize mental and theatrical orientation. The writer makes a show of his knowledge and behaves in a defensive or protective manner regarding emotional feelings.

**Angular Progressions.** These formations emphasize mental concepts. This writer analyzes and probes, seeking to find the meaning of a situation.

this short. This short. this short

Garland Arcade Angle



### Connectedness and Disconnectedness

The child who is learning to write first learns each letter separately and only gradually learns to connect them to form one continuous word. In the maturation process, as writing becomes automatic, the ability to connect groups of letters is attained. The longer the sequence of joined letters, the higher the degree of connectedness.

Comparative studies of speech and writing have confirmed the close correlation between these two language functions. Those who write a smooth connected hand can speak with fluency. Those with speech defects mirror these in their writing.

Writing speed is greater with connected forms because connecting letters facilitates the writing process. Even writers who ordinarily disconnect many letters write with a higher degree of connectedness when circumstances force them to write faster than their normal pace.

Although the Palmer Method teaches a totally connected (cursive) writing style, the average adult makes some changes as he matures, and it isn't uncommon to pause in the writing sequence to cross t's, dot i's or indicate syllables.

The degree of connectedness present in a sample gives clues to the writer's thinking processes, mental abilities, and social attitudes.

#### CONNECTED WRITING

When most of the letters in a body of writing are connected, the writing is termed "connected." There are varying degrees of connectedness. Generally speaking, connected writers are logical, rational and analytical. Their thinking is systematic, and their sense of calculation and strategy moves them to want to plan ahead. They are goal-minded and are persistent and purposeful. They are able to sort out facts comprehensively, organize them into cohesive wholes and come to definite conclusions. These writers are determined, practical and realistic. They want

reasons for everything. They like to start projects at the beginning and proceed chronologically to the conclusion. Once started on a task, they don't like to be interrupted until they've arrived at a proper stopping point. Great power of concentration enables them to think, plan, act and execute according to their preconceived ideas. Connected writers want to bring things together, arrange them into proper order and deliver them systematically.

Negatively, connected writers can sometimes get so caught up in the details and their order that they miss the overall pattern of meaning. They may be intuitive, but they won't go with the feeling until they've completely dissected and analyzed it. They want to be sure there's a reason for feeling the way they do before acting on the feeling.

Connected writers are restless. They seek and desire change. If their minds aren't continually stimulated, they get bored. It's hard for them to sit and stare into space. A mental challenge is often more relaxing than doing nothing. They're fond of crossword puzzles and other games.

Socially, these writers can be inconsiderate and tactless. It's not that they mean to be, it's just that when they finally come up with the answer to someone's problem as they see it, they're not above saying it like it is. They're often much better at solving abstract problems than personal ones, as the closer they are to something the less able they are to see it clearly. They're so busy thinking about what has already happened or what will happen next that they miss what is happening now.

These connected types are fond of reading and study. They make good students and have very good memories for facts—clear back to childhood, but it's hard for them to remember some of their daily-life obligations, and to avoid embarrassment, it becomes necessary to write appointments down.

Hoy am I tried. I just fundhed final exams for the scene year.

Extreme Connectedness. Although this was the way most of us learned to connect in the Palmer Method, retention of extreme connectedness into adulthood is an indication of compulsive tendencies. This type behaves automatically in social situations. He has a hard time bringing his feelings to the surface where they can be communicated, yet since the connected writer is communicative by nature, he'll relate through a symbolic or ritualistic act if he can't express verbally. The general qualities of connectedness are found magnified in this type, but slavish adherence to

copybook connecting indicates blocks to the expression of more creative or unusual ideas and abilities. Here, the mind tends to focus on the objective to such an extent that receptivity to change or readiness to accept new opportunities or developments spontaneously is impossible. This writer limits himself.

Schink it would be fun to finere my fling but can't or won't just

Connections Between Words. When writing is so connected that not only letters but even words are linked together, it is an indication of great concentration. These writers do everything according to preconceived plans, from the first thought to the completion of the act. This trait is rare, but is found in the writings of various strategists. Where there is a link between the words while some breaks occur within them, an avant-garde type of creativity and originality is indicated. These writers are not bound by convention. In some cases, when the rest of the writing is not particularly harmonious or well-integrated, this unusual connectedness indicates flightiness of ideas and an inability to focus on the real issues.

Myidea is that we have some who can deliver the goods at the properties and place Afterall, we should try to get it overwith early so we can get bock to

you know that wanted it that was

Partial Connectedness. Many adult writers pause periodically to dot i's, cross t's, move to a next syllable or think about what comes next. Sometimes too, even though the motion of the hand is smooth and continuous, the hand will lift just enough to leave the paper for an instant. Any of these things can be done without disrupting the flow of the writing. These people possess the qualities of the connected writer, but are not so single-minded, focused, or compulsive as the totally connected types are. There is more spontaneity expressed which allows for the development of creative potential. Some of the qualities of the disconnected writer are incorporated with the traits of the connected type to produce a broader individual who hopefully has the best of both worlds.

Warning. The surgeon general has determined that agarete smoking may be hazardows

#### DISCONNECTED WRITING

When the strokes which ordinarily link the letters are nearly or totally absent the writing is termed "disconnected." The fewer the connecting strokes, the more disconnected is the writing.

Constant interruption of the writing movement with stops and starts between letters wastes time and energy. With increased speed requirements, even very disconnected writing or printing contains more connecting strokes than usual. The trend to connectedness increases with speed and decreases when the forms are slowly and carefully traced.

Generally speaking, disconnected writers are open to the influence of the moment. They have a hard time filtering out unnecessary or unwanted stimulation. Emotional sensitivity and perception are so heightened that groups of people overstimulate them, and for self-protective purposes, they generally adopt an almost hermetic life-style. Personally, they are egocentric, inconsistent, moody, restless, shy, unsociable, selfish, cautious, fearful, unadaptable, lonely, and insecure. All of these traits might be considered negative, but keep in mind that these people need to maintain a certain amount of psychic distance for their own preservation.

The main thing about the mental inclinations of disconnected writers is that their opinions come from a sense of feeling rather than from reasoning. Certain inner convictions exist independently of logic and these are relied upon. Their ideas are very personal and sometimes greatly inventive. They know without knowing they know; sometimes this intrinsic knowledge shows the inspiration of genius, while in other cases it is simply a spastic kind of thinking process that leads nowhere. These people think in whole concepts rather than in a systematic order. They have a good memory for impressions and are extremely observant. More speculative and original than connected types, they have great imaginative potential, quick grasp and insight, independence of judgement, inventive and inspirational thoughts, critical ability, good sense of timing, and individualism. Negatively, disconnected writers have a lack of ability to see themselves critically, are impractical, unreasonable and unorganized. They form strong likes and dislikes on the basis of first impressions and appearances. These instantaneous reactions are often emotional, and, if uncontrolled, are intensified by the senses so strongly that violent outbursts can result. Their reactions are instinctive in contrast to the connected types who calculate their actions.

Inish degree to reveal or define the major cognits of a personality, but have reservature about accoping it as the final answer in setting to know another person, people being

Totally Disconnected Cursive Writing. If you consider the sideways movement of connecting strokes as links between the ego and the outside world, it becomes clear that total lack of connectedness is a serious defect. These people have difficulty understanding relationships or adapting their behavior to suit the situation. It's hard for them to link their experiences into a meaningful direction. This leads to introversion, social withdrawal or isolation. The desire to absorb rather than to express or communicate makes these types stingy with social overtures.

I'm not sure what to write a bout Probably I'm incriminating myself already. Oh well, heregoes.

Disconnected, Detached and Original Printing. This is a highly creative category. These writers are inspired, individualistic, and likely to work in an artistic field. They size people and situations up quickly and then jump to conclusions.

the light wan shimmering on 14 ewater.

Full Disconnections with Hesitancy in the Formations. These people have difficulty translating their thoughts to words or their goals to action.

He said he would be busy until about

Printed Writing. A higher percentage of left-handers adopt printing as their mode of writing than do right-handers. In both instances, these people may have had trouble learning to write, and as soon as possible, dropped writing in favor of printing. Qualities of introversion and competitiveness combine to produce personalities who would rather not participate at all unless they can play to win. Printers feel rebellious toward traditional social situations and toward ties that bind. They're individualists, hermits, or anti-social neurotics. They're full of feelings of inadequacy and isolation, but won't admit to the emptiness they experience. They strive for perfection in all things and do not wish to become personally involved with others to any great extent. They're self-centered and lonely—critical and aloof. They'd rather do things alone than cooperate with others and have difficulty identifying with causes or goals.

There is a possible short trip on the horizon. My plans are still the same regarding the new

Aesthetic Printing. The print-style of some designers and engineers is frequently constructed to attain physical beauty or for the goal of precision and legibility. Qualities of appearance are more important to these people than social connections are, and they may or may not be intuitive or introverted. Other qualities in the writing will help you decide.

# YOU'LL UNCOVER A WEALTH OF INFORMATION. IT'S SIMPLE, IT'S PUN. WITH AMAZING SPEED AND

**Printed Word or Phrase in a Cursive Writing.** The writer wants to be personally removed from or unconnected with the particular name, word, or phrase he has printed. He may be lying or may feel threatened.

On Tridag we went on Clown to the CHURCH, and when I think you should speak to gon Father about that.

Sporadic Alternation Between Printing and Writing. This indicates confusion about social roles, inconsistency in thinking processes, or changes in modes of expression. This is a strong indication of mental or emotional instability.

the men were willing to go along with it, but then all of a sudden I should the feeling that it leaded wouldn't be a very good idea after all, so I tried to

Printing with All Capital Letters. This is much the same as writing with an over-developed middle zone and is an indication of self-centeredness, insensitivity to feeling and experience, and focus on daily-life activities. Feelings of guilt block channels of self-development. The writer may be quite sophisticated and immature at the same time.

I'VE ACWAYS WONDERED IF THE FACT THAT I PRINTINSTEAD OF WRITE MAKE IT IM-POSSIBLE TO AWACYZE MY PERSONALITY. PATRICIA NIXON. Wife of President Richard Nixon.

their precious friandalist is a priceless gift! with appreciation and Happy From year winder always, Je Din

hand ( Ow Thepherd for his Kindnesses If about the but has: butched A of the family are hope a go usual. in Consini. 12 28cc\_

ROBERT E. LEE, Confederate General during the Civil War.

will be somed from the sent

ANITA BRYANT, Singer and antihomosexual rights crusader.

ARCHIBALD COX. Attorney and Special Prosecutor, Nixon Administra-

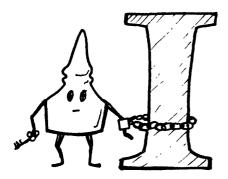
tion.

HELEN KELLER, Famous blind deaf-mute, who became an outstanding personality.

ELLEN 1040115. AIRCH Stars th line in the dark tarran tat SEET UU DAU CPIGITE HELEN 119 1 LET.

Things may have been Lection in 77 best ELLIOT RICHARDSON, soe both kum they re Attorney General, Nixon Administration. clauging for the better سعن المعنوج Ennice Shower EUNICE KENNEDY SHRIVER, Sister of President John Kennedy. VIKKI CARR, Singer. I prefer to hear from you again, if it is not asking too wuch, Ireturn the copy, not only wothat I may gain time so that I may han the Lenifit of your further actoics. yours by right of discovery R. S. Front. ROBERT FROST, Poet, age 20. Sovey so late with. This, I had to tania sudderly again Thanks VINCENT PRICE. Actor.

JACQUELINE KENNEDY, Wife of President John Kennedy. Thank you so ver much for your letter - I did appreciate hearing or four country - hay feller JOHN KENNEDY, American President. utyan) to wood. al his who Pomen a dal from hot on the the one you can or I must tell you about Chamber Music at Mrs Johnsons. It was the most agonizing LEE RADZIWILL, Sister of Jacqueline Kennedy. experience of mylife. Mrs & told us to arrive Sample written when a teenager. at 10:30. "Oh good" said Jacke, "That means the concert and a fabuleus souper afterwards." Monsieur Leduc de MADAME DE Muntres POMPADOUR. Mistress of chaulne Louis XV of France. bonjour mon Co han, vous aves bin varon et je dis plus que jamais ah quit



# Self-Image Concepts

#### THE PERSONAL PRONOUN "I"

The personal pronoun I has great importance in that it is symbolic of the writer himself. The formation of this single letter reveals the person's ego, that is, his self-image and his sense of his own worth. It also gives clues to the regard in which he wishes to be held by others. And, by studying the personal pronoun I, the degree and the quality of influence that the mother and father figures have had in shaping the writer's personality can be determined.

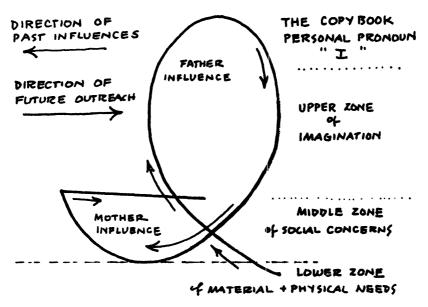
Normally the space taken for the personal pronoun I is similar to other capital letters in the handwriting. Extreme ego height as found in a very tall or very inflated I or the opposite extreme of ego shrinking as seen in tiny or crushed forms are both aspects of the same thing, self-concern.

Just as with the body of the writing, the more natural or average the slant of the personal pronoun I, the more freely and flexibly the writer will respond to others and his own life situations. Left-tending I's are not easily written by the right hand and tend therefore to be more artificial; the writer is covering an inner reserve, defensiveness, or rebellion with carefully practiced outer behavior. Genuine forward movement is repressed and inner caution prevails. Often there is a strong tie to the mother figure.

Those who write a vertical personal pronoun I value their independence and wish to find their own way in life. These people have the will power to block out emotional distractions and value harmony and privacy. They respond to life but at the same time will protect their innermost feelings.

When the personal pronoun I leans to the left and the balance of the writing moves rightward expect inner neurosis, personal disharmony and conflict. Here is the lack of insight and empathy associated with the back-slanted I combined with the will to move out and impress the environment. The person is isolated within his self-involvement in spite of his activity.

Take special note of the writer who reverses the writing direction of the I; in superior writings he could be a genius as he is asserting a private need for originality. Generally, however, a reversal is covert defiance. The writer is privately having his own way, and will do the opposite of what is expected of him.



Looking at the male and female aspects of the personal pronoun I, it is to be expected that the greater the emphasis upon the upper or father-oriented portion of the letter, the stronger the desire of the writer to relate to that image. The longer or more emphasized the female zone, the stronger the ties are there. Sharp points or angles in these areas indicate hostility toward that figure, just as retracing indicates repressed or unacknowledged feeling toward the mother or father, usually painful feeling.

When the I is printed or written as a single straight line the self may be viewed as standing alone without encumbering or immature ties to either parent figure, or indeed without troubling need for emotional support concerning the self-image.

Certain elaborated or overly-embellished versions of the I are done to reassure the writer and to impress others that things are better than they really are. Such a person usually possesses little insight about himself, is interested in being considered creative, and is prone to waste time because of his need to release tension through imagination or fantasy.

Some I shapes are so malformed as to appear twisted and ill. Such an ego may indeed be deformed, or a physical problem will reveal itself in the body of the writing that influences the ego symbol. Clues to the personality also turn up in personal pronoun I's that are shaped like dollar signs, circles, cradles, knots, daggers, or a number, like 2. In this fashion the I constitutes a word in itself, a drawing of the ego.

# SPECIFICS OF THE PERSONAL PRONOUN I

Printed in Cursive Writing...clear constructive thinking...independent...desire to stand out.

Stick Figure ... very independent ... culturally aware and mature ... lack of facade. Lower Case Letter . . . either a crushed or totally immature ego, or a conscious desire to draw attention to self. Tall Inflated Upper loop . . . a vain person, whose vanity can quickly disappear under adversity . . . outgoing and enjoys spotlight . . . imagination . . . wishful thinking. Tall Narrow Upper Loop . . . must be in command to feel worthwhile . . . lofty idealism . . . often unrealistic. Retraced Loops ... repressed feelings about self and others, lack of spontaneity and confidence . . . conservative . . . if left-slanted, needs protection and comfort . . . lacks insight into self and others. Upper Loop without Base ... identification with father or male role, denial of mother . . . idealism and ethical principles are important . . . self-protective . . . influenced by early life experience. Open Reclined Cradle . . . overly involved with mother figure, which can be hostile dependence . . . cannot assert self or say no . . . hates conflict . . . vulnerable to male dominance. 49300 Extra Loop on Reclined Cradle . . . strong child-like attachment to maternal figure. Arrow to the Left ... hostility or bitterness toward the mother figure. Arrow on Upper Loop . . . anger or disappointment toward the father figure . . . self-criticism . . . judgemental. Circle or Arcaded . . . protective of self with limited self-understanding ... need for mothering. Knotted . . . self-centered and ungiving . . . self-protective . . . emotional in a shallow or showy manner . . . a "butterfly". Upper and Lower Endings Rightward . . . resents imagined impositions ... tends to blame others when things go wrong ... very limited insight into self or others. Springboard or Pedestal Stroke...the lower zone drives are the source of personal motivation . . . can be stubborn and prejudiced.

Number Iwo Shape . . . writer has felt second-class either physically or emotionally, or both, and has learned to shield emotions . . . overcompensates with an acute sense of independence . . . will not relate

intimately.

\$

Dollar Sign...ego involvement with money as a source of personal value; possibly "bought off" as a child with \$ instead of love...also can be a crossing out of self if strokes angled or scribbled; this highly neurotic.

X

X-Ing . . . strong fears and dependency.

Coiling . . . self-conscious . . . pretentious . . . eccentric.

6 g

**Distortion** ... physical illness or deformity ... self-conscious desire to be noticed ... prefers the unusual or romantic to reality ... rebellion ... struggle with self-image



Backward or Reversed Formation... Any letter written in a direction opposite to that which was taught implies rebellion to some degree on the part of the writer; in high quality handwritings this reversal can be an expression of genius. In the personal pronoun I the reversed direction usually indicates talent impaired by neurosis. The writer will be perverse, will do the opposite of what is expected of him, resents authority, and might even come to grips with the law.

In the reversed personal pronoun I, since the bottom is formed first there is usually indication of an abnormal affiliation with the mother figure. The ego has not completely separated from the mother, or mother substitute, and clings if only to thwart her.

# THE SMALL LETTER d

Always notice the small letter "d." Like the personal pronoun I, it is especially revealing of the ego traits and the social attitudes of the writer. The d, however, tells us more about how the individual can be expected to interact socially with other people, whereas the personal pronoun I showed us the person's internalized social and self image.

General rules of slant and size apply to the d as to all letters. However, there are certain changes in the d letter shape and in the stem of the d that give clues to personal traits like vanity, independence, vulnerability, even the possibility of maniacal behavior. The letter specifics below are the best way to study this important letter.



Stem High and Retraced . . . quiet pride and dignity . . . independent . . . will not show hurt feelings.



Stem Low and Retraced . . . shrewd . . . independent . . . modest good judgement; when too short, a crushed social ego.



Stem Makes Wide Loop... the bigger the loop the more sensitive the person... touchy and vulnerable to both criticism and flattery.

D

Stem Makes Tall Wide Loop . . . vanity, conceit, and arrogance . . . hyper-sensitive to criticism.



Stem Makes Tall Wide Loop with Point at Top...same as above but with feelings of being alone and different...often immature and neurotic about self-image.

9

Greek d... love of and concern for culture... poetic and literary abilities... emphasis upon reason and excellence, mature social abilities.

1

**Teepee d...** obstinacy and stubbornness, particularly in social situations... reticence.

d

Open d...like the oval letters, a's and o's, in the tendency to be voluble, chatty, to talk a lot... these letters are like open mouths.

d

**Pedestal d...** obstinant, stubborn, and unyielding... a desire to control situations... firm convictions and strong prejudices.

9

**Stem Makes Rightward Flag...** flirtatious, gay, socially aggressive... fun-loving... pleasure-oriented.

Embellished Stem ... pretentiousness ... eccentricity.

9

Lasso Loop Stem...child-like, naive nature...sometimes a poetic nature.

4

Felon's Claw Formation...a person who habitually provokes others...self-punishing...impossible to get along with for any length of time.

1/1

Backward or Reversed Formation ... social conflict with authority ... contrariness or outright rebellion ... amorality ... criminal behavior ... can show sexual inversion such as homosexuality, latent or overt.

d

Inflated into Lower Zone... unconscious fixation upon the mother figure... the same as a left-tending y loop.

کھک

Circle Stem...a magic circle that protects deep neurotic fearfulness in social situations...hidden anti-social impulses...self-protective.

d

Spiral Stem...egocentricity...emotional selfishness...a narcissist who loves himself too much to care for another.

2

Cracked Stem... extreme touchiness... neurotic social adjustment to the environment.

0

Maniac d... person given to sudden emotional outbursts or extreme emotional reactions... one of the signs of a criminal nature.

# T-BARS: WILL POWER, ACTIVE OR PASSIVE

Many handwriting analysts consider the letter "t" by far the most graphologically important letter of the alphabet. In order to make a t-bar the writer interrupts the normal up, down, and circular movements of his hand to produce a separate and distinct line. Unconsciously this requires a slight added attention and exertion. How the writer draws this bar tells how will power and personal drive are expressed in his life.

Will, or directed energy, supplies the drive necessary to overcome constant everyday obstacles and to achieve an inner discipline; its quality is vital to the harmony of the personality. In a person's handwriting the length, pressure, placement, and shape of the t crossing reveal the rhythm and force of the will behind. Be aware of a mixture of t-bars, which indicates conflicting goals and confusion in thought and action.

Furthermore, the placement of the t-bar on the stem is a major clue to the individual's goals; are they average, high, totally unrealistic? There must be over fifty different ways to cross a t, and a writer will often change or modify his style as his personality changes, or his health alters. The most common examples are defined below.

Length of t Crossing:

Short Crossing . . . lack of drive and will power . . . in superior scripts, reserve and restraint of natural instincts, in inferior script, lack of confidence, timidity.

Average Crossing...healthy balance, calmness, self-control in thought and action.

Long Crossing ... energy, vigor, resolution, boldness ... an overly-long crossing not only implies the same confidence, persistence and enthusiasm, but also a person consumed with ambition who cannot be stopped.

Pressure of t Crossing:

Pressure Lighter than Stem...resignation...extreme sensitivity... timidity.

Pressure Heavier than Stem . . . domineering will and great energy, but capable of insensitivity and selfishness in pursuing goals.

Starts Thick and Ends Thin . . . quick-witted and sarcastic.

Starts Thin and Ends Thick... the club shape that means cruelty and possible brutality.

Angle of t Crossing:
Ascending...optimism, ardor, enthusiasm, ambition.



Descending with Light Pressure . . . like x-ing, dependency, fear, and hopeless resignation.



Descending with Heavy Pressure . . . stubborness and an argumentative nature . . . very heavy pressure leads to despotism, aggressiveness, destructiveness, and cruelty.

*Ł* 大 *L* 

Position of the t Crossing:

Low, Medium, and High on Stem . . . the individual's goals will be of corresponding importance to him.

て

High Above Stem . . . imagination and leadership in superior script but prejudice in lesser scripts . . . goals not realistic but are founded in fantasy and imagination . . . found in women who marry for wealth or importance. . . also found in those with love of physical adventure.

儿

Crossing to Left of Stem . . . procrastination, indecisiveness.

た

Crossing to Right of Stem . . . impulsiveness, enthusiasm, animation, nervous energy.

1

No Crossing...haste and carelessness...absent-mindedness...despondency...rebelliousness.

t

Shape of t Crossing:

Hooks on t-Bar... persistence and tenacity of purpose... hooks at each end show a compulsive and indomitable nature that can drive the person to exhaustion even in tasks of little value.

 $\mathcal{X}$ 

Bowed Bar High on Stem . . . a nature in which strong passions and appetites have been subdued, often through spiritual values . . .can be inhibition, or protective umbrella.

X

Inverted Bow...instability, fickleness, shallow interests, someone easily influenced with a weak avoidance of confrontations...willfulness...indulgence of sensual appetites...guilt-ridden desire to be victim.

t

Wavy Bar...fast and intuitive mind...fanciful humor...good nature and gaiety...gracious and sociable.

44

Looped or Knotted Bar... persistence and tenacity, a person who rarely gives up... great concentration... logical and materialistic.



**Star-Shaped Knot...** hard angles without lifting the pen show not just persistence but an angry obstinacy... the star-shape with a weak bar not passing through the stem shows procrastination and indecision coupled with repression... the star-shape with a strong bar off the stem: indomitable.



Leftward Return Stroke...desire to protect self, often to point of selfishness...lack of confidence...introversion and return to past ... jealousy.



Whip Shape t Bar ... practical joker ... show-off ... mimic.



Shape of t Stem

Loop with No Bar... usually occurring at the end of a word; hypersensitivity and deep emotions but without the discipline of reason.



Retraced Stem with No Bar... usually occurring at the end of a word; speed and efficiency when other t-crossings present, making it an acceptable variation of the Palmer style.



Looped Stem with Crossing . . . imagination . . . writer needs considerable support from those around him.



Splinting or Double-Stroke Stem... writer falls into the neurotic category with conflict between what the mind dictates and what the emotions demand... overly fearful and suspicious.



Cracked or Spiral Stem . . . a neurotic person with difficulty in making adjustments to life . . . odd and eccentric . . . self-involved.

# THE I-DOT $\lambda$

The meaning of the formation and placement of the small letter i-dot is very similar to that of the variations of the t-bar. Dotting the i is also an interruption of the forward movement of the writing, and only the slow, careful hand makes it precisely round and places it exactly over the i. More often we find dots wandering forward or backward, up or down, or turning into hasty dashes.

Like the t-bar, the location of the i-dot in the upper zone relates it to the intellect and the aspirations. High or low, it tells us of enthusiasm or practicality. The more strangely the i-dot is made, the farther the person will be removed from the commonplace. In cases where the i is not dotted (in such instances we are likely to find many uncrossed t's as well), we have an indication of carelessness, poor memory, or on a deeper level, blind spots in the thinking or depression.

- Round and Placed Over the Stem . . . order, method, precision . . . conscientiousness . . . good memory and concentration.
- Round and Placed High Above the Stem . . . great imagination and enthusiasm . . . if very light, spirituality.
- Very Low . . . constraint . . . caution . . . fear . . . illness.
- Omitted . . . carelessness . . . absent-mindedness . . . lack of mental orderliness . . . poor memory . . . blind spots . . . depression.

Muddy and Blotched ... materialism ... sensualism ... sensuous appreciation of sounds and colors.

Very Light . . . sensitive . . . frail . . . unassertive.

Very Dark . . . emphatic . . . assertive . . . overbearing.

Placed After the Stem . . . impatience . . . impulsiveness . . . in good scripts, a quick mind that looks ahead.

Placed Before the Stem...procrastination...timidity...caution and fear of new ideas.

A Sharp Accent ... lively wit ... original mind ... if high and dashed, vivacity and imagination.

A Sharp Accent Reversed and the Tent Shape . . . good critical sense and intellectual abilities.

Arrow Shape . . . cruelty and sarcasm.

Club Shape ... cruelty and irritability ... domineering ... if very heavy, pugnacity.

I Curved or Colore of fun. Curved or Crescent Shaped or Wavy ... sense of humor ... vivacity ...

Dot Joined to the Following Letter . . . activity, a mind that works much faster than the hand and does not want to lose its train of thought.

Circle I-Dot . . . interest in arts and crafts, manually dextrous, a feeling for design in fields of adaptive or interpretive art rather than original fine art . . . in inferior script can be a sign of emotional instability, or a person who wishes to appear different and "arty" but is basically merely faddish or highly narcissistic.

In a man's script the circle i-dot is a feminine trait that points to insecurity over the masculine image and sexual immaturity. His interests are characteristically feminine, such as fashion, dancing, cosmetics and hair-styling.

Gours very truly  Alfred Nobel ALFRED NOBEL, Industrialist and philanthropist.
Sally RAND, Fan dancer.
GENERAL WESTMORELAND Millitary officer.  DIAHANN CARROLL, Singer.
Momes - My family telle me that  mere spoke a single word while  mere age four. It always to  30 YEAR OLD MIME, Performer.
WALTER WRISTON,  Bank president
FRANKLIN D. ROOSEVELT, President.
rivally I am a list apprehensive about it may handwriteries, should be be analyzed to give an invisit into "enly" and ham af my life. But

Writer of musical shows.

down the Street LINUS PAULING, ARNIE LEVIN, Artist. WALT DISNEY, Artist. JOHN TUNNEY. U.S. Senator.

Mr Lindbergh mly washing BRUNO HAUPTMAN, some with him search Kidnap-murderer. This is purbatly topiand, of my Saviers handervings! KARL MENINGER, Psychiatrist. 198 1113 Eddy Concord NH (Del. 3 /9 14 My dearest Stredant Freme Kaple to you a 20 dellas FRANZ KAFKA, Author. gold prior not so money, for That can now then approes maken for James MARY BAKER EDDY, Religious leader.

MOZART, Musician.

dady Bird Johnson June for son Jugart Lymin Jelman Robb LYNDON JOHNSON FAMILY



The signature and the personal pronoun I are probably the two most intimate graphic movements that a person makes on the paper. They are representations of the self, self-image concepts condensed into a small but telling format. However, where the personal pronoun I tells the graphologist what the writer secretly thinks of himself, the signature is a conscious form of handwriting.

Although a signature can develop naturally as the person matures, as often as not it is produced by practice to see whether we "like" it, or it is destroyed by use as happens to some doctors or directors of corporations who must sign thousands of stock certificates. This conscious form of handwriting, which is accepted as a representation of the self on checks, credit cards, driver's licences, and documents, represents our own idea of ourselves and how we hope others will see us. It is the public self, on view for all to see.

Analyzing a signature by itself rarely can give a complete picture of the writer; more often than not, the signature will differ from the main body of writing, making a comparison of the two very important. When the signature is legible and shows no difference from a legible script, it follows that the writer will be a natural and unselfconscious person who will behave alike in public and private. Now consider the meanings of the variations possible between the signature and the styles of the script:

Signature Smaller than the Script. The writer is more modest than he demonstrates. He is assuming a mild, forceless, rather servile role in life, and is likely to put himself down. Occasionally this can be a protective measure on the part of an over-sensitive, introverted, or shy person.

Signature Larger than the Script. The writer is advertising, and wishes to be recognized as an important person. Pride, self-esteem, ambition, self-confidence are shown, and in overly large signatures these qualities take on the character of false pride, pretentiousness, a driving need to call attention to the self. In bloated weak formations this is a false front.

Signature Slants Left with a Rightward Script. This combination is rare and often temporary. A sort of brake is being applied to the natural responsiveness; a reserve and restraint has been erected toward the public. There is more reserve and control in the character structure than anyone would expect.

Signature Slants Right with a Vertical or Leftward Script. Here the writer is presenting a warm and out-going front to the world, but this is actually the cultivated act of a basically aloof and private personality. Since balance in acting is difficult to achieve, particularly on a daily basis, these people are often very demonstrative and effusive, overdoing their inner reserve with a sort of instant intimacy. If clever, these introverts with the public personalities can carry out schemes of a secretive nature.

Vertical Signature with Upright or Left Inclined Script. This writer will appear poised, in command of himself, and often very charming in public. His ability to see himself and consider his actions makes interpersonal relationships smooth for him. The degree of intimacy of which he is capable on a personal basis depends upon the spacing and slant of the script, the leftward or reclined script always denoting caution.

#### Placement of the Signature on the Page:

Signature placed at the left of the page shows a writer clinging to the past, afraid of moving forward into the future. There is inhibition and lack of confidence. An exception to this is the writer influenced by contemporary business usage which has promoted left placement as being quicker to type. Like all typed business forms this position sometimes finds its way into personal style.

Signature placed at the center of the page indicates a person who likes to be in the center of things. If the signature is large he wishes to be the center of attention and to dominate. Actors and actresses often sign like this.

Signature placed at the right of the page is that of a person moving comfortably with life. Too far to the right or running off the page suggests extreme impulsiveness and fanaticism.

#### Legibility of the Signature:

Illegible writing with a legible signature is unusual in its extreme egocentricity. Rarely does a person write in such a way as not to communicate his thoughts but only his name. Mental disturbance or immaturity could cause this.

Legible writing with an illegible signature communicates the writer's thoughts but not his identity. Depending upon the size and formation of the signature he could be very secretive, creative, impatient, inwardly hateful of himself, or could have reduced his name to a hieroglyph like a doctor or an artist sometimes does over the years.

Illegible writing with an illegible signature in a script of poor rhythm and form quality indicates drugs or mental illness. Otherwise it is a thoroughly egocentric and impatient person who simply doesn't care whether he can be read or not. Underneath these people are often unstable and lonely, and sometimes resort to printing in block letters to be a part of the world.

A portion of the signature reduced in size, crossed out by another stroke, or written illegibly shows the writer's hostility to just that portion of his name. Occasionally the entire signature is circled protectively or crossed out angrily with slash-ing t-bars and endings. Such x-ing shows self-directed anger and is one of the signs of suicidal tendencies.

Hashobrekens CHARLES DICKENS. Writer. BILL HAYES. Actor. Sincerely ROMAN POLÁNSKI. BENJAMIN FRANKLIN. Movie director. Statesman. ANN LANDERS, Columnist. LOWELL THOMAS, Travel author. GAMAL ABDUL NASSER. SAMMY DAVIS, JR., Egyptian President. Entertainer.

Overscoring and Underscoring. The stroke underlining the name, whatever its quality, shows self-confidence and ego emphasis. Judged by its clarity and elaboration it shows the degree of pride and self-confidence. The overscore signifies selfishness, and self-protectivensss. Framed by an overscore and underscore both, the signature shows great egocentrism as well as inner reserve, mistrust and selfishness.

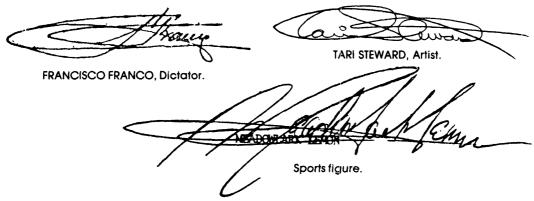
Large Capitals. Elevated and inflated first letters imply extreme pride (unless the personal pronoun I is small, in which case the writer is compensating for inferiority feelings). Such a writer wants to achieve a prominent public place in life. Very unusual large capitals are a projection of inner fantasy life, repressed wishes.

The graphic imagery of the **Creative Signature** will mirror or express the nature of the creative drive, as in the beat of music, the stroke of brush or pen, or creative imagery that reflects the professional involvement.

SIGNATURES WHICH REFLECT PRIDE AND TRADITION CREATIVITY . . . OSTENTATION . . . WILBUR MILLS, U.S. Senator. ANDREW YOUNG: Former U.S. Delegate, U.N. GEORGE McGOVERN, PIERRE TRUDEAU, Canadian Prime Minister. Politician. ED MUSKIE, Politician. JAMES M. GAVIN, Actor. JOHN WAYNE, Actor. O. J. SIMPSON, Athlete. au Renee LAWRENCE WELK, Musician. JOHN GIELGUD, Actor. Below: NELSON A. ROCKEFELLER

JACQUELINE KENNEDY

<i>F</i>	net sance.
A. de and Joseph Joseph	G. (47) To comini
A. 1. 10 13.1.	Musicians:
Distriction of the state of the	RACHMANINOFF, left; TOSCANINI, above.
(1e.g)	The Br. Vindy holy an
( May	EDNA ST. VINCENT MILLAY, Poetess.
MILTON CANIFF,	(
Cartoonist.	Marshall McLuhan
H.MATISS E	Author.
MATISSE: Artist.	george land
1: 41°	Authoress.
PICASSO: Artist.	
"50" annu	versary (
	Berlin SAMMY CAHN.
BEETHOVEN,	CAHN, Musician.
Musician.	IRVING BERLIN, Musician.
hour her their	
Poet. Frey B She	llen to
Poet. They / Sile	
ell - wit later gen	Foujita
all at Schweiter.	FOUJITA,
ALBERT SCHWEITZER, Philosopher.	Artist.
Hochachting woll	egnnabel Lel.
ALBERT EINSTEIN, A. Einsta	
Scientist.	By Edgar A. Poe
	- Author.
Tras whose f	. Sala Listale
SERGE PROKOFIEFF,	Author.
Musician.	Adillot.



The Encircled Signature. The circle is a symbol of anxiety, the desire to enclose and shelter the self; it also indicates inner withdrawal from social relationships, which are mistrusted. When the name is fully or particularly crossed out the writer is deflecting his aggressive energies back upon himself in a gesture of self-destruction.

Doctor.

Doc

The Direction that the signature takes, ascending or descending, indicates the mood of the writer, optimistic or depressed, and can also be interpreted as health or fatigue level with other signs in the body of the writing.

Hugh M. Hefner

HUGH M. HEFNER,
Publisher.

HENRY FORD II,
Industrialist.

Illegible Portions of the name show hostility toward just that part. Diminished units indicate effacement and lack of emphasis placed on that initial or name.

FRANK GIFFORD, Athlete.

DR. GEORGE BACH, Psychologist, Author of "Creative Aggression"

MARK O. HATFIELD, Senator.

GEORGE MEANY, Labor leader.

The Illegible Signature signifies a desire to be secretive and enigmatic, or, with a poor form level script, inconsideration and egotistical impatience. Some warped forms indicate eccentricity.

Scharl M. Krinch

EDWARD KENNEDY,

Senator.

Gualdo Spiena HENRY MOORE, Sculptor.

ROBERT KENNEDY, Senator.

X-ing on Letter Forms is a sign of inner fears, disappointments, or depression. In the signature it relates to serious ego-loss such as death of a loved person, defeat, or grave illness and age. X-ing turns up in many suicide notes.

L. de James.

CHARLES DE GAULLE, French leader. Raphael Soyer

Artist.

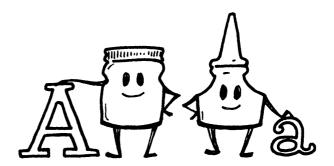
JOSEPH CONRAD, Author.

A Dot Following the Signature reflects an impulse to come to an end, to have the final word and cut off further interaction. It can also indicate distrust and guardedness.

londour Lantic place Carled David A. Roberti Bella Doig Al Dienhous Mames Essectiones ( Guanne Gribal. Fudebastut Harry Honding Se ne land Staphengter Mudew Mildon, lettery Neiman Olsha Thefine Cerased Palmer Show Blexandy from no Com Boylondy Elizabeth lay or

William Cally Hubert Holumphrey Many C Wallen mary Tyles Morre Jul anysey Helen Juley Brown Dan Brukeck andy Medans Thyllis Diller Morman Pinen Beale The d. humay Sincerely, Harry Truman Jam's nen zork Jehn Lidery Blejaum Shock Barry Soldwater Martin Luther Kong Je.

Jerry Ford av Ruch Petersege Under N. Part Court of Small John Shadley Nava Cuntile Delt Ate Pell Manus Eisenhour Red Shelton ameli L



## **Letter Specifics**

Just taken by themselves many letters give clues to personality traits. Certain generally accepted letter specifics will be considered in the next pages; an explanation of the meaning of every variation of every letter in the alphabet would require chapters. Also, graphologists show some disagreement themselves as to specific interpretations. The student must test these specifics and add new definitions as they occur.

#### **CAPITALS**

Looking at the capitals first, keep in mind that they represent the public side of the writer, the way an individual wishes to appear, as well as revealing unconscious inner attitudes. Capitals are evaluated according to three standards: first, the *size* ... the larger and more inflated they are, the greater the vanity and pride, or, the greater the compensation for inner weakness; second, the *form* ... excessive embellishment indicates affectation, ostentation and a self-consciousness; third, the inherent *originality* and *grace* ... the indicator of the writer's true creativity, artistry, and taste.

In capital letters, as in writing in general, simplification in the letter form shows a mature writer able to see and act on the essentials in life, to be objective, constructive and purposeful. Capitals with added curlicues, flourishes, upward lines, extra loops and hooks show a mind and personality distracted onto various tangents. Sometimes these additions detract from smooth functioning, sometimes they add another dimension to the personality. Capital letters used where they ought not to be are a sign of disordered thinking.

The information below can be applied to all capital letters, not just those illustrated.

Old Fashioned Spencerian Letter . . . respect for tradition . . . protective of others.

Wide Bottom . . . gullible.

Narrow Bottom . . . suspicious and skeptical.

Large Loop . . . bluffer, showman, politician . . . needs to attract attention.

Curlicue . . . vanity.

Open Top... generosity and open-heartedness... open to new experiences. Closed Top . . . conservatism and timidity . . . reserved, keeps own counsel. FJTR Clear Simple Formation . . . efficiency, good taste, cultural awareness. Long Upper Stroke . . . ambitious. Strokes Do Not Meet ... problems in social adaption ... cool and 1 distant. Swinging Loops . . . charisma and charm . . . ease of body movement. Wavy Flags . . . good nature and sense of humor. m Second Hump High . . . tenacity and aggressiveness . . . needs to be in control to feel secure. First Hump High . . . social ambitions . . . lack of tact, poor taste. **Looped** . . . absorption with the self . . . vanity. Wide . . . uninhibited with the body . . . wasteful, boastful. Narrow with Side Indented . . . self-consciousness, rigidity . . . inhibitions about the body. Structural . . . cool efficiency with no frills . . . gets immediately to essentials. Open Oval . . . talkative. Palmer Method "S" . . .conventional to the point of dullness. Long Upper Thrusts . . . ambitious.

dhk

Spikes from Upper Zone . . . importance placed upon intellectual prowess.

MM

Spikes from Lower Zone . . . ties to past and family . . . aggression . . . materialism . . . need for physical security.

Rounded at Baseline . . . poetic . . . sensitive.

## THE GRAPHOLOGICAL MEANING OF CERTAIN SMALL LETTERS

The personal pronoun I, the d, the t, the i-dot, and the signature all have special meaning in understanding the self-image of the writer, his social reactions and goals. There are additional character traits that can be learned from the formation of certain other of the small letters. That is to say, over the years as handwriting

students continued to test their observations of the psychological meaning of letter formations, certain small letters consistently gave the same evidence.

For example, the letter w came to be associated with the writer's ambition, the letters g and e with culture, the p with athletic inclinations, the square r with manual dexterity, and the letter y in its lower zone particularly, with sexuality. In interpreting these small letter specifics remember that each must appear often as a natural characteristic of the script; do not over-emphasize an occasionally misplaced, self-conscious, or faulty stroke.

Looking at all of the small letters together in a given writing the analyst can make some general observations: evenly sized small letters, all pretty much the same height, show the consistency, sincerity, and conscientiousness of the writer. Overly rigid, machine-like sameness betrays fear and over-control, overly uneven sizing shows moodiness, changeability, and shiftiness.

# THREE KINDS OF THINKERS AS SEEN IN THE ROUNDED TOPS OF SMALL m, n, r.

Man

**Sharp Needle Points** reveal a penetrating, fast, and intuitive thinker, one who sizes up situations and grasps facts instantly. The sharper and higher the points the more vivid and rapid the comprehension.

man

**Upsidedown V, or Spade Shape** shows a critical and investigative mind which explores and digs for knowledge, always asking questions and seeking answers; an intellectually thirsty person with eagerness to learn.

mar

Rounded m, n, r's reveal the careful and creative mind that accumulates observations and facts and finally uses each piece logically to build a mental structure. Each piece has to fit. Facts should be proven.

man

Overly Rounded Tops of the Small m, n, or r show childish tendencies on the part of the writer. There is a lack of mental acuity, immaturity, with the yielding and submissive traits of one who is obedient and follows the rules. Not easily adaptable to circumstances, and can be somewhat dull and lazy.

Mau

Sharp Needle Points with Very Rounded Connections indicate an inner conflict between a keen mind and a very yielding nature, between mental maturity and emotional immaturity. The emotional nature cannot carry through with what the mind perceives, and the person feels weak and frustrated.

#### SMALL LETTER SPECIFICS

Open at Top... generosity, frankness, truthfulness and sincerity ac ... too wide and rightward: tactlessness ... talkative.

Tightly Closed . . . caution; with a vertical hand, secretiveness; slyness, craftiness if f and s also knotted.

90 Open at Bottom . . . dishonesty.

bs Open Lip . . . credulousness, a tendency to be gullible, trusting . . . without guile . . . lacks sales resistance.

A X Tightly Closed . . . caution . . . secretiveness.

Loop on C... vanity.

Wide Loop on E... loves to talk.

Narrow Ink-Filled Letters . . . possibility of violence.

Greek E... refinement... culture... or the aspiration rather than  $\varepsilon$ the realization of culture in self-conscious scripts showing desire to be refined . . . one whose ideals are "nice."

> F... Letter of Practicality... big upper loop = many theories with little follow-through. Big lower loop = actively practical.

F... Not Looped, Return Stroke to Right... austerity.

Long Down-Strokes . . . looped or straight f, g, p, y: love of outdoor sports...practical and down-to-earth personality...restless sexuality.

**Return Stroke to Left . . .** fluency of thought . . . quick mind.

Figure 9 "G" ... mathematical ability ... people who tend to be highly critical and see everything in black and white...good judgment.

Figure 8 "G" ... ability to adapt, rapidity of thought, literary tastes, intellectual flexibility, fine intuition and instinct, innate understanding and gentleness . . . philosophy and sense of humor.

G Made Like Q or Q Made Like G . . . peculiar or contrary value structure . . . a confusion in the basic drives . . . can mean a messianic or martyr complex.

> Return Stroke Retraces . . . the impulse is to give but caution rules against it . . . retracing = hiding and inhibition.

Squared-off Lower Loop . . . aggressiveness and obstinacy plus a measure of compulsiveness . . . does not give up . . . judgmental.

Upstroke to Right of Stem rather than left . . . aggressiveness, sarcasm . . . haste . . . contrariness.

Cradling Lower Zone . . . return to mother figure.

Triangle in Lower Zone . . . prudishness in women; judgmental attitude toward women in males.

Rebellious K...a letter k that is suddenly written large or capitalized.

Stick Figure L's . . . intelligence and practicality.

Upper Loop on P... will argue with emotion.

Argumentative P... tall spike at the top... contentious.

Craftsman's R... a square letter showing manual dexterity.

Point on R... probing mind.

Palmer Method Variation of R... often taught in Midwestern public and parochial schools.

S Printed in Script . . . reads alot.

Ambitious W...large or flourished w is a sign of ambition.



## THE SEXUAL ASPECTS OF V

Everyone unconsciously gives away information about his sexual personality by the way he writes. Sharp, unkind angles, domineering t-bars, letters jammed together seeking closeness, or fearful, spaced-out printing are all clues to the writer's attitude toward physical intimacy. As simple a feature as how the person emphasizes or neglects words of sentiment like "dear" and "love" and personal names shows the quality of his emotional/sexual involvement. Also, look for the strength of the sexual drive in the degree of pressure and pastiosity in the writing.

The LZ has been established as the area in which biological urges and instinctual drives are expressed. Here there are three broad clues to sexual behavior: the length and formation of LZ loops, particularly on the letter y and g, the slant of these loops and the pressure exerted by the pen.

The length of the LZ formations gives a measure of the strength and potential of the sexual drive, the formation of the loop expresses the degree of sexual satisfaction. If the lower loop is fully rounded and returns to the baseline it indicates an active and healthy sex life. Hugely inflated, heavily written LZ loops show a forceful sex drive and a vivid sexual imagination. Short, lightly-pressured LZ formations are evidence of the sublimation of sexual energies into ideas, projects, the daily life and work. When the return stroke of the loop does not reach the baseline but crosses below, sexual fulfillment is lacking.

LZ loops that pull leftward reveal a sexual dependency upon the partner for initiation of the sexual act and for continued encouragement, support and approval. Stems or loops drawing toward the right margin show a suppression of erotic drives in favor of social or ideal concerns. Long, embellished and elaborated loops reveal self-consciousness about sex; the more bizarre these appear to be the more eccentric and ornamented the sexual fantasy. Marked irregularity of forms shows sexual excitability and confusion, whereas monotonous regularity in the size and shape of loops points to dullness in response or over-control.

The MZ head of the y and g discloses how successfully the LZ sexual energy has found an object in everyday life. Well-formed upper portions of these letters carry the drives to realistic, active expression. Flattened, threaded, or barely-existing MZ anchors for the LZ loops reveal an unsettled focus, the lack of an outlet for the drives, or, with large loops, more fantasy than reality.

The small letter y is a key to much specific information about the writer's sexual interests, habits, and abilities. The small letter g, which also has many lower zone possibilities, is an aid as well, but is primarily a cultural letter. Remember that any middle zone letters or parts that are pulled or distorted into the lower zone will add an emphasis to the lower zone/sexual preoccupation of the writing.

While examining the y for sexual information remember that the lower zone also gives information about attitudes toward money and possessions (materialism) and security (feelings of personal worth and belonging) and is a source of energy and creativity. The following letter specifics, however, will concentrate upon the sexual interpretation of the letter y.

Mormal Palmer Method LZ . . . a warm and receptive nature free of fear and inhibition . . . flexible.

Long Heavy Plunge into LZ . . . determination, firmness and aggressiveness... sometimes defensiveness.

Unfinished LZ Loop . . . unrealistic, possibly wishful, sexual expectations that are unfulfilled.

Downward Ending...discouragement, depression, or anger toward current sexual partner toward current sexual partner.

**X-ing...** a grave disappointment in past sexual life or deep fears. (Lower body illness or alcohol problems.)

Tic Leftward or Rightward . . . sexual frustration, temper and impatience.

No Middle Zone Formation . . . no focus for sexual energy or fantasy in the daily life . . . deprived.

Lower Zone Ends Light . . . sexual energy starts strong but dissipates quickly... need for continual change of sexual partner.

Lower Zone Ends Long and Light . . . extreme sexual restlessness, vulnerable to strong drives of others . . . when curved = poetic and open to instinctual expression as well.

Small Closed Loop ... lack of sexual fulfillment ... large loops tied off means materialism (money bags).

Retracing in Lower Zone . . . severe repression of unconscious sexual and emotional needs . . . unlikely to enjoy sex due to overcontrol and fear.

Normal Smooth Loops ... sexually active, fulfilled, can divert energy . . . very long = restless.

Long Full Round Heavy Loops...gets emotionally involved... sexuality dominates . . . energy released physically.

Tangled Large Loops...sexuality off-balance...disturbed... possibly sexual obsessions.

Left Curve ... leans to past ... dependency on others for sexual strength.

Lower Zone Short: Often Without Loop . . . sublimation of sex or a tendency to suppress sexual drives ... practicality and daily life involvement.

Jerky, Tremulous, Broken Loops with Light Pressure . . . weakness in drives . . . disturbed coordination (physical illness or anxiety).

Vagaries in Lower Zone . . . when consistent, show sexual fantasy ... can be perversion.

Variety in Lower Zone . . . normal forms = heterosexual versatility and adaptability . . . degree reveals writer's susceptibility to stimulation and readiness for response . . . marked irregularity = excitability and lack of control.

my loving you Monotonous Regularity in Loop Size . . . married into habit pattern . . . dull temperament . . . over-control . . . sexually conventional.

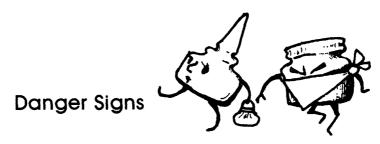
Cradle ... unresolved emotional tie with mother figure ... men cannot freely give sexual feeling to another woman; women look for mother replacement.

Heavy Down Stroke with Light Return . . . strong drive with little follow through . . . with tiny loop shows disfunction.

Angles in Lower Zone; Strokes End Left . . . withdrawal . . . anger . . . . Felon's Claw: unconscious guilt and sexual aberration.

Triangle in Lower Zone . . . anger and unresolved sexual anxiety . . . men have double standard regarding women; they want Virgin Mary as a wife, and speak loosely of women, yet they are sexually attracted to "bad" women. Women with this writing characteristic are prudish and rejective.

Lower Zone Ends Right...drawing away from sex...sexually you're gring repressed and evasive...energy moves quickly back to middle zone . . . sublimation of drives toward social concerns and altruism ... (with rightward flags and disconnected d: homosexuality).



## HONESTY AND DISHONESTY

The Honest Person is legitimate, truthful, fair, and straightforward in his conduct. He behaves with integrity, avoids subterfuge, duplicity, fraud or deception. Honest writing is clear and legible. There is uniformity of style—especially within the middle zone. Baselines are even and pressure is firm and steady. There is an absence of flourishes or ornamentation. Slant is consistent as are size and spacing.

This is just to see if my

The Dishonest Person has a disposition to defraud, deceive, betray, forge, lie, embezzle, steal, or be faithless. The person who is aware of his deceitful inclinations reveals symptoms of emotional upset or nervous tension. These symptoms express through the writing as erratic changes in slant, pressure, sizing, and spatial relationships. Sometimes the person represses his dishonest intentions and compensates with control as revealed by signs of rigidity in these four basic areas.

intention and thing to work out between us. You must know that you are very important to

Some personality traits that contribute to dishonesty are:

Vanity - large writing with inflated loops, flourishes, circle i-dots.

Acquisitiveness or Materialism - prolonged endings, coiled ovals, hooks, long lower zone, closed forms, tangling.

**Weak Will Power -** erratic and often dished t-bars, sinuous baseline, erratic sizing, threading.

**Emotional Instability** - tangling, erratic letter spacing, t-bar vacillation, rhythmic disturbance, excessive looping, erratic spacing, extreme changes in pressure pattern, erratic slant.

Shrewdness - coiled ovals, excessive angularity, threading.

Secretive Nature - coiled ovals, closed forms, tight writing, arcading, threading.

Resentment - angularity, temper tics, sudden pressure.

Anti-social Attitudes - angularity, rhythmic disturbance, counter strokes, large and loopy middle zone that often connects with angularity.

#### DETERMINING HONESTY AND DISHONESTY

There are many signs in writing which can indicate dishonesty in addition to extreme fluctuation or rigidity in the four basic areas of slant, size, pressure and spacing. It is necessary to see an accumulation of many of these signs in order to determine dishonesty. The more signs present, the stronger the dishonest tendencies within the writer.

## Dishonesty Can Be Suspected in Writing that is:

Indistinct or Illegible - noncommittal nature, inability or unwillingness to communicate in a straightforward fashion.

Too Slow, Neat or Artificial - pretentious, calculated to deceive, plays a double role in a jekyll-and-hyde personality, hesitancy, lack of spontaneity, desire to create illusion.

Too Complex or Too Simplified in Letter Shapes to the extent that they become ambiguous - deception.

Sinuous Baselines or Highly Erratic Baselines - opportunism, follows lines of least resistance, finds excuses, too adaptable and unstable in terms of moral and mood strengths.

Rigid Baselines - premeditation, calculation, forces self into socially acceptable behavior not naturally felt: a denial, usually covering up an undesirable impulse person doesn't want to be blamed for.

(A Reminder: The normal, flexible baseline is a sign of moral adjustment and consistency of mood level.)

Uneven Pressure - falls too easily under the influence of others: weak sense of will power and short-lived goals: person gives up too easily, or vacillates under pressure of inner drives.

Muddy Pressure - desire to satisfy strong urges, often seen in slurred letters or inkfilled ovals.

Very Light Pressure - falls too easily under the influence of others.

Threaded Strokes or Letters Within Words with Clear Initial and Endings Letters presents a clear outer facade yet is devious within: ambiguous motives, imprecise.

Combination of Extreme Angularity with Extreme Arcades - aggression and resentment, hypocrisy: a sign of criminality or mental disturbance.

Many or Extreme Arcades - artificiality, hiding something.

Flattened Arcades that Look like Garlands - secretive, underhanded.

Over-Garlanded - extra defensive due to guilt feelings, will sometimes lie to keep from being blamed.

(A Reminder: Healthiest combination is a variety of garlands, arcades and angles with threading only sometimes near the ends of words and with all formations being smooth and direct.)

Cramped Letters or Cramped Connections - pettiness and narrowmindedness that fears discovery.

Wide Spaces between Words and Lines - personal detachment.

Cramped or Tangled Spacing - complexity of action.

Coiling, Complicated Forms - trickiness or cunning.

Counterstrokes (Reversals from the Normal Direction) - anti-social nature, rebellious to authority, misdirected energies.

Upward or Downward Cover Strokes (Retracing) - something to conceal, expression is inhibited.

Weak or Absent T-bars - weak or vacillating will-power or goals.

Misplaced Periods (especially inside letters) - compulsion, calculation, guilt.

Awkward or Often Omitted Small Letters or Pieces of Letters Omitted - person leaves out essential parts of information, ability to slide past commitment.

Uneven Letter Sizing with some Threading - manipulative.

Slurred or Ink-filled Letters - habitual concealing.

Many Letters Corrected or Retouched (except in cases to provide more legibility) - intention to cover-up.

Ovals Excessively Looped, Stabbed, Upside Down, or backwards - all signs of a secretive, concealing nature.

Extreme Difference between Signature and Script - person not the same in public life as in private life, discrepancy between presentation of self and actual self.

Broken or Fragmented Letters (especially at the base or to the left) - a sign of anxiety and lack of certainty.

Prolonged Left-tending Final Strokes (especially in capitals) - acts on aggression which stems from feelings about the family or the past. (The felon's claw is a very good example of this.)

Initial Strokes which Start Strangely (such as lead-ins from below the baseline or strokes that begin leftward before going rightward) - reluctance to proceed normally.

Reclined Writing - confusion over role in life, unwillingness to show true feelings.

Dominating Upper or Lower Zone (or both) to the Detriment of the Middle - ideals and desires are not in line with fulfillment in reality.

Long, Full Lower Zones that are often Angular - frustrated materialism, anger.

Over-inflated Upper Loops - delusional thinking not in line with reality.

Do not forget that in order to determine actual dishonesty and not just emotional instability, tension or anxiety, you must see an accumulation of many of the above signs.

#### Liars and Lying

Lying - the habitual liar is a social type. He is unwilling to communicate frankly and shows this with indirect and hesitant conversation. In writing, the liar doesn't take a direct route either.

When a Person Leaves Out Essential Parts in Relating Something - the first letter is deceptively clear but later letters are indistinct or omitted.

When One Essential Part is Left Out and an Invented One is Substituted - some letters are replaced with ones that don't belong there.

When an Essential is Left Out and the Gap is Filled with Chit-Chat - a letter (or more) is left out and instead there is a thread.

Pathological liars are compensating for feelings of inferiority. Look for signs of extreme ambition:

Tall Capitals - wants to be very important or even famous.

**High I-bars** often left of the stem - high aspirations not followed through.

Very Tall Upper Zone - imagination and ambition, high ideals for self.

Very Looped Upper Zone - fantasy and illusion rule thinking.

Erratic or Very Flattened Middle Zone - dissatisfaction with daily life.

T-bars Often Above the Stem - unrealistic goals.

Greatly Reduced Pressure on Upstrokes and Rightward Strokes - can't follow through.

**Very Slow Writing** - calculated for appearance, premeditation.

Too Much Roundness - immaturity, lack of ego strength.

Rhythmic Disturbance (too dispersed and uncontrolled or too rigid) - anxiety, tension.

The pathological liar identifies with the roles he assumes and will often show:

Two Different Styles of Writing (or more) - more than one personality.

A Very Flamboyant Signature - theatrical public self.

Erratic Changes in Pressure (with more tendency to lighten up on the stroke) - sudden changes in intensity and mode of expression.

Tall Upper Zone with Short Lower Zone - identifies with illusions, not rooted in reality, impractical.

Large, Embellished, Bizarre, Inflated or Highly Ornamented Writing - indicates delusions of grandeur.

Extreme Arcading - hypocrisy.

Very Light Pressure - ability to change way of feeling and expressing without much effort.

## SAMPLES SHOWING DISHONESTY

Enw always	Anow the
Thing to do	. Gowel sa
A woman who is selfish, materialistic, d	doesn't return things, exaggerates and fibs.
Trouble - S	u - You
Will have to	push Facility
JE while	\$ 64 6000

A man who is sneaky, clever, and suspicious. He wiggles out of responsibility by blaming others.

Jon will see I had some problems. The plants outside were pretty well battered rains. I put the plant that was on this outside because there were bugs on it and

A young man with a history of shoplifting.

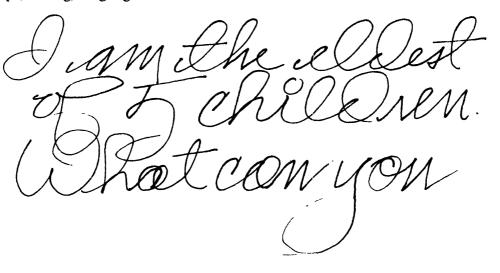
Ill bring your book by soon-I take you up on that cup of coffee. Thank you both for being your

Writing of a counsellor who is attracted to young girls in violation of his moral responsibilities.

Hot that the human experience has not tought us, but our ability to reciping the country as we high pathe.

A man who is dishonest in his personal and business life.

Greed - shown by inflated numbers, inflated lower zone, hooks on lead-in or ending strokes, leftward-tending strokes, large writing with few ending strokes, inflated loops, coiling, tangling.



Forgers - Signs which make it possible for one to forge the writing of another:

Smooth Rhythm - possesses motor coordination necessary to control writing movement.

Angular Letter Formations - mechanical skill, attention to detail, perfectionistic and observant nature.

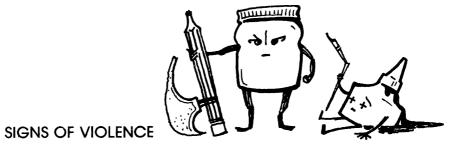
Tapering Words - quick thinker, directness of action.

Natural Shading - artistic, creative, imitative ability.

Exaggerated and Sweeping Capitals - coordination, love of body movement.

Hes it would be possible Hor me to Lorge somelone elses I writing if I wanted to, but Ildon't

Naturally, not all people with these qualities in their writing will be forgers, but if they were so inclined, it would be possible for them to imitate the writing of another. In order to determine whether it's in their nature to forge, check the list of 34 dishonest signs and locate at least 8 of them in the suspect writing.



## Major Signs:

Highly Pastiose Writing which looks Muddy and Smeary - indulgence of sensuality and libido urges.

sensally indulgent

Heavy Pressure that is often Variable or Misplaced - intense feelings with strong reactions. These writers seek to make their mark on life around them. When the pressure is displaced from the downstrokes (contracting strokes) to the upstrokes or horizontal strokes (release strokes) we see that expressive force is directed against the environment. Variable or erratic pressure indicates fluctuation in the ability to express feelings and in the intensity of expression.



Remember that it is natural to be lighter on the upstroke and heavier on the downstroke—lighter on the release stroke and heavier on the contracting stroke.

#### Also Look For:

Heavy Descending T-bars - domineering nature, aggressive force.

that bat

Clubbing in Lower Zone Endings - aggression released physically.

getting chubby

Clubbing in I-bars - force of will is hostile and aggressive.

what a bat cat

Downward Endings - stubborn, temperamental, sarcastic.

Don't make me mad

Downward, Thick, and Clubbed Endings - brutality, tenacity, sadism, too much energy left over at the end, violence, cruelty.

feeling cruel today

Sharp Endings Descending Vertically - intolerance, strong likes and dislikes, bad temper.

You'n new night, I am!

Long, Sharp Stick-Figure Strokes into the Lower Zone (dagger-like appearance) - disturbance in libido takes a sarcastic, slashing form of expression.

you have many penny or any

Slashing Strokes and Pressure Horizontally-energy directed against the environment.

More anger than I'd felt

Generally Heavy Pressure - when seen with other signs of violence, heavy pressure indicates that the writer has the force and inclination to demonstrate the anger he feels inside.

When I'm angry-watch out!

Extremely Long Lower Zone that Doesn't Complete with a Loop - strong libidinal urges that have bottled up due to inability to express them normally in daily life.

going in any way on a grey day.

The Maniacal "d" or Other Maniacal Letters (these letters slant more to the right than the rest of the writing) - capable of sudden changes in temperament which result in impulsive and erratic behavior. Because the "d" is a social self-image letter, it is more serious when the sudden move to the right occurs on this letter.

One day when I'll had it!

Clubbed "d" which Stands on its Own Stem - obstinancy and desire to control situations combined with a calculated, cruel nature.

I'd been bad or had ??

Letters or Words which have been Gone Over more than Once - an indication the writer has experienced a lapse of consciousness. When seen in combination with other signs of violence such as extreme pastiosity or misplaced pressure within a generally heavy pattern, the writer can become very dangerous and may not remember later what happened. The mental processes are not smooth, and the thinking is obsessional. The instincts are ready to express without the usual restraint of will-power.

was my shepherd-not there.

Misplaced Capital Letters within Words - violent nature, sudden and impulsive outbursts, over-reactive.

a late date was my fate.

When misplaced capitals occur at the beginnings of words it is not nearly as serious. Still, this person places too much importance upon his own actions and overreacts emotionally.

D've Been Feeling a great Deal

Extreme Changes in the Sizes of Middle Zone Letters - socially erratic behavior, anti-social tendencies.

I don't like to follow rules.

Tiny, Ink-filled Ovals with some Large Ovals-tension, excitability, verbally explosive.

you're just to much, you know

**Extreme Angularity** - aggression. When found with heavy pressure, pastiosity, and other signs of temper or violence, the aggression is expressed physically.

I was MERE, YOU WERE THERE.

Rhythmic Disturbance with More Angles and Arcades than Usual (if garlands are present, they are usually flattened-out or squared-off) - tension within the writer, potentially explosive situation due to pent-up emotions and anxiety: frustration, feelings of isolation (seen in angles at the tops of upper zone loops and the bottoms of lower zones): extreme angularity with extreme arcades = emotional disturbance.

More ungles und greades than usual and pointed loops.

Minor Signs: (Any of these need to be supported with major signs)

Reclined Personal Pronoun "I" with Over-Sensitive "d" - repression over self-image with too much sensitivity and pride, ego still too attached to the mother figure: with other signs, explosive outbursts.

I Don't like bad Indians

Inattention to Margins which are Often Crowded or Otherwise Peculiar Looking disdain for authority and rules.











Sudden Changes from Writing to Printing - divided nature, not sure whether to be socially expressive or socially withdrawn.

well, when you say that i'm not sure what you mean or if you really feet that way

Printed Writing with No Connections - hides personality, fear of exposure and involvement, secretive and guarded.

I started printing when I was I STARTED PRINTING WHEN I WAS

**Defignt k** - rebellious to authority figures and traditional values.

take a husky drink.

Argumentative p - will engage in verbal combat.

my appetite is petite, but my

The Shark's Tooth - biting trait to the character (a combination of a cover-stroke and an angle). xxxxhixes drink vil

Bizarre Letters - distortions in thinking.

That Great hag was fust

False Embellishment - egocentrism, hiding, tension released on non-essentials: con
artists often embellish.
Consicre This of you will
Lines Coming Too Close to the Right Edge - impulsive, has a hard time holding back.
Une I get started it's hard
Presence of Check-mark or X-like Formations - thoughts of endings or death,
depression.
I was here at last ready to
Kuthy, Clarence & dif
contacted of said wo,
Contacted " " The state of the
Rathy said NO, but Clarence
that he had found
a note on his door over the
weekend state from Hang to
and the title of the state of t
Stated that he called the explosive.  A man who is anti-social and explosive.
number or the note of therey
manuel of the profession
1. 1 77 1
inclined to Think after
it is at present be
FRANKLIN ROOSEVELT, American President.  The Many in Turner  The M
American President. Tigo Huws in Justin
Monday.
· · · · · · · · · · · · · · · · · · ·
Russel

The cold went of war are blowing. It is the time to drow forth the broken. Shield and March forth to the Prising The Battle surrounds me, whill at my back. ... Thought at Elb and my four from the as long as there is my Idea.

Writing of a man with a violent temper. He gets carried away emotionally, blows up about it, and then apologizes later. He has frequent temper outbursts and verbal rages. He's jealous and possessive, ardent and romantic. He's secretive at first and then very open.



**EMOTIONAL INSTABILITY** 

Three behavior characteristics are commonly considered in defining emotional instability: distress of the person himself, disturbance of others due to his own distress, and the resultant handicaps experienced by the person in trying to organize and experience his own life.

It makes sense to view emotional instability as a continuum in which incapacitation and distress are extreme at one end and minimal at the other. Most of us fall in the middle with some mild inhibitions or anxieties that do not seriously handicap us.

The biggest clue to emotional instability as revealed by writing is rhythmic disturbance. If you determine a problem in the rhythm, it is still necessary to support this with several other signs of instability. The more signs you are able to find within one sample, the more extreme are the indications of emotional problems.

Most of the following signs have already been discussed to some extent in each of their separate areas. Here they are listed together to help you determine the extent of disturbance to the emotional balance of an individual.

## SIGNS OF EMOTIONAL INSTABILITY

Rhythm - Rhythm has been described as a balance between the contracting and releasing qualities of the writing. In the following extremes of rhythmic disturbance, the person is out of harmony with himself and with his surroundings.

Extreme Release indicates absence of control and strong feelings of anxiety. The person is experiencing a strong or dominating blend of uncertainty, agitation, dread, and a brooding fear about some contingency. His behavior is uneasy, unrealistic, and irrational.

A MARK THANK THAN

Extreme Contraction indicates absence of spontaneity and strong feelings of tension. Here the person is experiencing increased psychological stress and inner unrest. Extra control is placed on the actions due to a fear of expressing the hostility being felt.

In addition to rhythmic disintegration and rhythmic rigidity, other qualities of rhythmic disturbance are:

Splinting of Letters - fractured mental processes.

Retouching - uncertainty, lack of confidence, nervousness, anxiety.

**Iremor** - tremor is a muscular agitation brought on by mental or physical problems. It indicates fatigue, dependency, weakness and passivity.

Zonal Imbalance - lack of harmony in three basic areas of ego development. Inflated Upper Zone - delusional thinking dominated by fantasy and illusion, lack of secure hold on reality.

Inflated Middle Zone - lack of maturity.

Inflated Lower Zone - insecurity, instinctual drives out of control.

Shrunken Upper Zone - lacks inspiration, no confidence in mental abilities.

Shrunken Middle Zone - inability to cope with daily life, unhappiness.

Shrunken Lower Zone - sexual immaturity, fear, trauma.

Highly Erratic Baselines - lack of moral adjustment, inconsistent attitudes.

Very Rigid Baselines - narrow-mindedness, tension, inhibition, fears.

Extreme Rising of Baselines - flightiness, restlessness, lack of firm hold on reality. Falling Baselines - depression, unhappiness.

Erratic Slant - nervous, unsettled, erratic mode of expression.

Extremely Inclined Slant (more than 45 degrees over from the vertical) - reactive, hysterical, impulsive, unsettled, fanatical, obsessive.

Extremely Reclined Slant (more than 35 degrees back from the vertical) - withdrawn, evasive, emotional development is blocked.

Extremely Heavy Pressure - internally inhibited, potentially explosive.

Sudden Bursts of Pressure within a Heavy Pattern - paranoid personality.

Extremely Light Pressure - erratic feeling response.

Highly Irregular Pressure - evasive behavior, lack of involvement.

Pressure Misplaced Into Horizontal Dimension - anxiety, hysteria, possible schizoid personality disorder.

Pressure so Light it Breaks in Places - anxiety, nervousness, doubts over own ability to face difficulty.

Extreme Pastiosity - highly sensual nature, possible violence, sexual perversion, alcohol or drug abuse, criminality, mental or physical illness.

Crowded or Tangled Writing - confusion, lack of inner harmony and balance.

Uneven Margins - anti-social behavior, rebelliousness.

No Margins or Space Anywhere - fears, especially of death, overly talkative.

Gigantic Writing - mania, lack of awareness of boundaries between self and the environment, exhibitionism.

Microscopic Writing - introversion, fear, inhibition, creation of private world, lack of ability to relate realistically to others.

Extreme Variation of Letter Size - inconsistent in responses to environment, oversensitive, indecisive, childish, moody.

Narrow Letters - self-critical, up-tight, self-conscious, repressed.

Too Much Space Everywhere - fear of enclosure, isolation, withdrawal, suspicion. Erratic Spacing - lack of inner organization, inner conflict, moodiness.

Rigid Spacing and Placement on Page-fears losing control of self or surroundings.

Illegible Writing - out of touch with reality, inability to communicate needs and ideas.

Overly Round Writing - immaturity, dependency, lack of intellectual development, compulsive tendencies, naivete.

Drooping Garlands - feels guilty, lets self be taken advantage of.

**Prominent Arcades -** exhibitionism, avoidance of dealing with emotional problems, hides behind a facade.

Exaggerated Loops - emotional needs not being satisfied.

Stunted Loops - ability to express emotion is impaired.

Retraced Loops - inhibition, fears emotional involvement.

Distortions in loops - warped emotional response; neurosis.

Reversed Loops - rebelliousness, anti-social tendencies.

Broken Loops - anxiety over a future course of action.

Knotted Ovals - defensive and inhibited.

Small Ink-Filled Ovals - explosive temperament.

Extreme Angularity - out of touch with emotions and feelings of love, aggressive, critical.

Extreme Squaring of Letters and Connecting Strokes - possible psychosis.

Frequent X-ing - self-destructive tendencies, feelings of martyrdom.

Extreme Threading - lack of direction or purpose, lack of hold on reality.

Inconsistent Threading - anxiety, hysteria.

Long Lead-in Strokes - strong dependency ties, exhibitionism.

Lead-in Stroke From Below Baseline - repressed aggression with tension and anxiety: needs to establish healthier relationships with men.

No Ending Strokes - inability to give of oneself to others.

Exaggerated Endings - defensive behavior, fear of being hurt.

Weak Endings - passivity, fear of life, depression.

Heavy or Angular Endings - aggression, hostility directed to environment.

Lower Zone Loops Which Don't Return to the Baseline, or Don't Cross the Stem-frustration of basic drives, thwarted physical energy.

Lower Zones That Turn Away From the Baseline - sexual hostility and resentment. Horizontal Slashes and Dashes - emotional ability and excitability.

Exaggerated Leftward Movement - fear of the future, defensive, hang-ups on the past.

Many Hooks - tenacity, fear of change, craves security.

Predominantly Angular Connecting Strokes - social aggression, argumentative, out of touch with feelings of self and others.

Arcades With Angles - lack of clear understanding of emotion.

Extremely Connected Writing - compulsive tendencies, too much focus on objectives and too little on the actual situation at hand, delayed emotional reactions.

Totally Disconnected Writing - difficulty in linking experiences meaningfully, introversion, isolation, withdrawal.

Printing - lack of social adjustment, introversion.

Sporadic Alternation Between Printing and Writing - confusion over social roles, inconsistency in thinking.

**Reclined** "I" - neurosis, personal disharmony and conflict, lack of insight into own problems.

Reversal in Direction of "I" (makes bottom part first) - covert defiance.

**Exaggerated Upper Part of "I" -** continues to be influenced by father-figures.

**Exaggerated Lower Part of "I"** - continues to be influenced by mother-figures.

Elaborated or Over-Embellished "I" - uncertain self-image, needs a lot of attention.

Distortion of "I" - distorted self-image, struggling with self-image.

Enlarged Loop on "d" - great pride, overly-sensitive social self-image.

Stem Made First Then Oval Part on "d" (felon's claw formation) - self-punishing, challenging and provoking personality, deviant behavior.

Oval of "d" Enclosed in Big Looped Stem - neurotic social fears, anti-social impulses.

Maniac "d" - sudden emotional outbursts, volatile nature.

Cracked Stem on "d" - lack of social adjustment, neurotic.

Long Strokes Through the Signature - unhappiness with self-image or self-destructive tendencies.

Signature Which is Very Different From Script - unrealistic self-image.

Mixture of T-Bars - lack of consistency of will.

Short T-Bars - restraint of instinct, lack of confidence.

Weak Pressure on T-Bar - resignation, weak will power.

Descending with Light Pressure on T-Bar - hopeless resignation, fear, dependency.

T-Bar Left of Stem - procrastination, indecision.

No T-Bar Crossing - absent-mindedness, despondency, rebellion.

Dished T-Bar - lack of resistance, guilt, instability.

Wild T-Bars - emotional disturbance, lack of direction.

Variety of Letter Style or Formation - lack of continuity in thinking, restlessness.

Remember that in order to determine emotional instability it is necessary to first observe rhythmic disturbance. In addition, there must be many other signs of personality instability seen within the rhythmically disturbed sample. The more signs you are able to find which indicate instability the more disturbed is the emotional nature.

RICHARD NIXON, American President: changes in signature, from top: 1968, 1969, early 1974, late 1974. I ungeneau I jor muying hogiment nonpanner sulpl LUDWIG II, the "Mad" King of Bavaria, four signatures at 1/3 names. madofor (2/3 40various ages. JOSEF STALIN, Russian leader. Singe mir ein neuer Lied: die loelt ist ver Klärt und alle Himmel freuen sich. NIETZSCHE, German philosopher and poet. Above: 1889, shortly before mental collapse. mi mant Left: 1891 after going mad.

FIDEL CASTRO, Cuban leader.

soothing of t strong that right in -GARY, GARY GILMORE. LOVE UTTERLY "Right to die killer." YOU, - NICOLE, MY ELF FOREVER, TILL IT IS ALL AS IT SHOULD AND WILL BE ULTIMATEL I promise you. THEN IT WILL ONLY BE BEGINNIN there is a place of no darkness m Oh Nicole - O addressed the envelope Wicole Gilmore Dwent you To use my mance I want you it have my name okay ? I give it to you. -Nicole Gilmore-NICOLE GILMORE Nicole Silvere MRS. GARY GILMORE I like myself very much please love STEVE GROGAN, Manson Gang member. LYNETTE "SQUEAKY" FROMME, Steve Grogan Attempted assassin and Manson Gang member. Knows the bad. I never caked my friend Christ. But I ask this - Where different Shrist pass before leaving us clast? Devadas was with Public Opinion in the money. For heavens RICHARD SPECK, Mass murderer. SARE CATEL ME Before & Till More Leaman eartrol Myseli

disposed of properly SIRHAN SIRHAN, Convicted assassin of Robert Kennedy. Robert Sitz gerald. Kennedy must soon die the die die die die No one but a few people like you would done chance to believe that. I Le Horay Emulo do levely request one like Som exists. that my nevent city on ship in the People do not wont to liliare of his presence visited flate of omerica, be surked. I have elitered The Lovet union for So what on I to do! The effects paspace of applies for cityonalis Do you recall when Mr. Sentuci real to the public the psychistrists of naturalization a report saying that I felt "emotimally clear? I affirm that my allegance to to feeley of hopelessness that I posses because of my inability to successfully warn the world. DAVID BERKOWITZ, LEE HARVEY OSWALD, Convicted killer. Alleged assassin of President John Kennedy. THE CHENOR PRINCIPLE LITHE COYS WORKS DAVID BERKOWITZ as his "Son of Sam" murderer personality.



## INFANT TO THIRD GRADE

Most of the same rules applied to analyzing adult writing are used for children's writing, but with allowance made, of course, for the roundness, irregularity and unsteadiness of stroke natural to the youngster's untrained motor control. Starting in first grade, American children are usually taught the Palmer method, which is modeled by the teacher on the blackboard as well. The initial printed characters give way to a cursive hand as the child's speed and skill increase.

Even pre-school scribbles reveal the child's in-born temperament and disposition. The active, vigorous tot seizes his crayon and attacks the paper with gusto, covering it with swirls and slashes; the passive, sensitive child exerts slighter effort, content to fill a small portion of the sheet with delicate marks. Both extremes express normal temperament and activity needs.

Early scribbles and drawings, like adult doodles, can be analyzed in terms of movement, forms, and arrangement on the page. The cheerful scribbler covers his paper with wide springy curves, the anxious scribbler constricts his pattern, the sad child reduces the size of his picture and gives the lines a downhill cast, and the angry one increases the angularity and vehemence of his strokes.

Once in first grade and learning to write, a child continues to draw each letter as a separate picture, but with lines to keep him in the proper place on the paper. At the age of six the average child has motor development and eye-hand control that are mature enough to make both up and down strokes; prior to six the strokes upward are hard to manage.

Mom

Podder Puffs.

Pearl Ear Rings.

Bubble Bath.

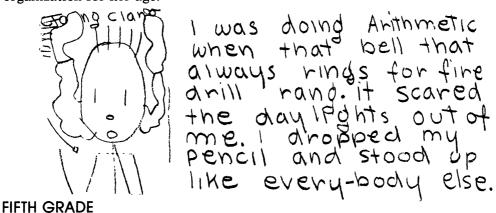
Pretty flowers.

Hershy Bar.

Cocktail Nuts.

Chackalat Bunnies.

In third grade, at the age of eight, when the alphabet is familiar and natural coordination and control have matured further, individual personality, intelligence, and thinking patterns will start to distinguish the writing. The printed form continues to be practiced because the sideways movement of connecting strokes is still developing. The eight year old below shows normal development, clarity and organization for her age.



The average nine year old in fourth grade has mastered both upstrokes and turns; he knows the alphabet and can read. He has ceased drawing letter formations as separate little units, for now his eye and hand are well-enough coordinated with the idea in his mind that he can express himself in entire words and sentences.

By the age of ten or eleven round curves dominate and there is a developed pressure pattern. More often than not, the original copybook pattern no longer feels right to the child so he has unconsciously begun to make letters his own way, altering speed, shapes and pressure to fit his personal needs. The child who carries the conventional Palmer method all through his school years, and many times through his adult life, is likely to be quite satisfied with his routine surroundings and tasks and feels no incentive to be different. Also, many times these conventional writers remember how they were praised for their "beautiful hand" by teachers and parents, and so have maintained it with pleasure.

Usually there is a gradual change and gathering of individuality until, by the age of ten, the writing is unique. Personality differences, varying levels of maturity and perception, concentration, and motor control are best revealed when studied comparatively. The following samples were written by a fifth grade class of ten year olds, to a classmate sick in bed at home. The students used pen and ink and strove for good form as this was a penmanship lesson.

This first sample was chosen to show a mature ten year old girl. The consistent, clearly-shaped letters indicate a smart and logical mind and a good self-image; she has dropped the curlicues and frills of the Palmer method and is a practical and efficient young lady. The pressure pattern is normal; the writing is neither too relaxed nor too rigid. The points on the m's and n's indicate a quick mind. The rightward slant and close spacing between sentences show her need to be in touch emotionally with others.

to come lock next week. Today we are making maps of the United States. A lots of loys and grils were out last week. Carl was the only one in his row of you don't harry and come to st school you will not soo know very much

The next writing is that of a mature ten year old boy, this chosen for its unusual upright slant and over-developed upper zone. Here is a most imaginative child who, unless he develops some forward movement into the world could be starting a life of unproductive fantasy. The spacing between the words already shows aloofness, but the strong t-bars, clarity of form and strong middle zone are indicators that he is sociable and goal-oriented.

I hope you do to Some news Dick I had to stay after yesterday when I was gone. Danny hopes that you will come back some. Donald I and Danny are going after Billy P.

This sample is that of an immature boy of ten, who is quite disorganized, undisciplined, and unable to concentrate. The downward long t-bars and pastiosity, rightward slant and disregard for the first capital letter proclaim an uncontrollable emotional intensity on the level of a temper-tantrum prone two year old. His self image is amazingly consistent for so undisciplined a hand, and all three personal pronoun I's show jealousy. The writing looks fast but the writer burnt himself out in one-third of the space taken by other members of the class. The bent strokes indicate nervous tension. Such penmanship exhibits very inconsistent upbringing and tension in the home.

In the you will be lake the sound the second of the second of the functions of the second of the sec

This next sample is chosen to show a lack of motor control; the functions of the eye and hand are not sufficiently co-ordinated. Like the previous child this boy has a tense and emotional nature, but the extreme cracking, bending, twisting, patching and snarling of the strokes goes beyond emotional instability and into muscle prob-

lems as well. The writing is light and thin and there are many pale sketchy strokes where the pen has grazed the paper seeking a way to control the next movement. This could be the writing of a hyper-active child.

I am soing to to litsen to a raiso of my feeinds to night I hope you get better soon I am going skying down to futer more last years current

The final sample is a classic case of depression. The small, ragged, neglected letters move across the page without punctuation or capitals, with weak and uneven pressure and many mistakes. These problems could be aggravated by poor eyesight. The even spacing and often clear letter forms show the boy's desire to communicate and to cooperate, but emotionally he is crushed.

and thoughthat you will be belock to shoot soon become we we are siving you were have been to play marbles and when you came both to acked being you marbles if your have any and today we made maps but wee did not close them now I most close because we are going to read.

The tremendous individuality of grade school children is astonishing. The child cannot separate his emotional feeling from anything he does; it takes years to develop the defenses that enable the adult to cope. Keep a collection of the writings of your children over their formative years. Objective analysis of these can give a parent many helpful insights.

#### THE CHILD AND AUTHORITY

The child's world starts at home with his mother and father, sisters and brothers, then broadens to school where he spends more than half of each day with the teacher. How does he view these authority figures? What are his fears, and what defenses does he develop to deal with the people and situations in his life? Ultimately, what does the child think of himself? Clues to childhood attitudes are to be seen in certain specific characteristics of his handwriting.

ATTITUDE TOWARD PARENTS.

Personal Pronoun I... variations in form and slant... Size of written words, "mother" and "father"... Mistakes on those words... confusion... hostility

Mother and father

LACKS RESPECT FOR AUTHORITY.

A don't like tricks

TEMPER TANTRUMS.

don't kill it dead

SPIRITUAL DEVELOPMENT . . . NO

SENSE OF GUILT. Overakfast tastes bad today

WARPED OR TWISTED THINKING.

DECEIT.

war kills many

JEALOUSY.

mice like cheesess

RESTLESSNESS.

sunny days are

TENSION.

our house has three bedrooms and a big feach

INDEPENDENCE.

our daily bread

Overinflated K's . . . capitals out of place . . . rebellious nature . . . discipline problem.

Ticklike strokes...heavy slashed i-dots... blobs and pastiosity...downward t-bars to right of stem...maniacd...temper often a protective device. A domineering attitude often covers for child's feelings of Inadequacy.

Upper loops that are consistently made the same height as lower-case letters... wobbly base line... upbringing at fault. A combination of high and stunted upper loops shows lack of spiritual development.

Upper loops appear dented.

A's and O's have double loops. Fear of punishment causes child to lie; he will mislead others when it suits his purpose. With acquisitiveness (initial hooks) could become a thief.

Pinched loops in child's writing or s-stroke that returns leftward.

Lower loops appear extremely long; confusion results when there is tangling. Athletic p = loop on bottom.

Concentration is found in small writing. This intensifies every other trait in personality. Very small writing suggests unnatural tension. Child is being overpowered with guilt . . . must relax.

Short d and t stems  $\dots$  pride is long retraced d stem.

DETECTING CHILDHOOD FEARS AND UNDERLYING INSECURITIES

FEAR OF FAILURE/GUILTY COVER-UP.

Thank you for

FEAR OF BEING ALONE.

Mry favorite tay is the cannon I got for my birthday

FEAR OF THE FUTURE/LIVING IN THE PAST

Gloria is my friend

give me one

Slow, careful, retouched . . . rigid writing with conservatism and restraint.

Crowding . . . touching zones . . . writing confined to limited space on the paper.

Back to self strokes . . . cover strokes . . . left tending lead-ins (dependency).

THE DEPENDENT CHILD Immature lead-in strokes . . . lower loops drawn AFRAID TO START. Small i's are dotted and t's are crossed to the left of the stem. UNCOMFORTABLE AROUND OTHERS. Last hump of m and n rises and/or is crushed **SELF-CONSCIOUS.** to left. Child is insecure and cannot relax and accept himself . . . inferiority complex . . . plants and animals aloof. SHY. Small and left-slanting. I'd rather not if thats o.k. Small pinched loops on the end of a down stroke on g and y show clannishness. Child selects only few friends. Inflexible initial strokes indicate resentment toward real or imagined imposition. Child has learned to suspect others' motives. don't try to Stubbornness can be seen in brace-like tee-Some with me pees. Child resists domination by others. DEPRESSION/GLOOM/PESSIMISM. Downhill and/or disintegrated forms are evidence of many inner fears and discouragement. FEAR OF DISAPPROVAL. Fat loops in d's and t's. Child fears criticism which he interprets as rejection . . . hypertall soldiers would sensitive. be Dead FEELS UNWORTHY/LOW GOALS. Low-crossed t's in which the bar runs into the lower-case letters. Rejection and disap-I think that proval of parents causes this in child. suntie went HIDES FEELINGS/REPRESSION. Retracing. Child afraid to show true feelings ... suffers inwardly ... due to early trauma like loss of love. Looped finals on ovals. The insecure child resorts to secrecy to hide his feelings . . . feelings often buried.

## CHILDHOOD DEFENSES AND PROTECTIVE MEASURES AND THE CHILD'S SELF-IMAGE

**DEFENSIVE GUILT FEELINGS.** 

our ear broke down

Drawing strokes into ovals of o's, a's, a's and g's reveals guilty feelings, a defense against inadequacy child feels.

AVOIDS FACING REALITY.

SOMEONE made me

elo it

FANTASY WORLD.

The cat wontest

CLINGING FOR SECURITY.

our car trip took much too long

ALWAYS TRIES TO PLEASE.

pretty fish swem slow in our fond

Bloated upper zone or initial loops on ovals. Disturbed child escapes through self-decelt . . . rationalizes . . . evasive . . . ready excuses.

T bars float above stem . . . tall letters emphasized. Child escapes into daydreams to avoid harsh realities.

Final hooks on words. Child fears changes and clings to secure past; also note leftward slant and excessive lead-ins.

Lower case p's and s's appear to sprawl weakly in script. Child always gives in in effort to gain approval and love.

THE NATURAL DIPLOMAT.

naturally became of raining wearan

THE SHOW-OFF.

Seersong . police helps wo Handwriting progressively tapers off. Child avoids controversy; can hide true feelings if necessary to gain ends.

Finals tend to rise above lower-case letters. Excessive ornamentation and flourishes which compensate often for feelings of inadequacy.

ATTITUDE TOWARD SELF.

I know what you are doing you letter from me.

A combination of personal pronoun I and clear consistent form level, slant and good rhythm. At left is a mature sixth grader.

& Abunk en winter

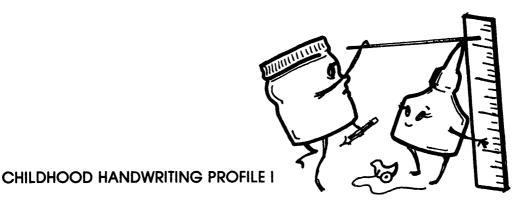
Fluctuations in writing slant. Child's self-confidence easily lost and regained.

I hope I will get first

Reliable consistent confidence.

I like my bike. I tide it.

Feels superior. I and UZ letters reach high; also can mean small attention to everyday affairs. fairs.



Here are three samples of a boy's handwriting spanning ages 11 to 20 which show how a constrained and outwardly dutiful youngster becomes a most individual adult. The discipline of school and everyday duties was not comfortable or natural to this personality and it quite literally exploded.

The 11 year old reproduces the sixth grade penmanship model below with great slowness and pressure and excessive care. He is rigorously constricting himself out of desire to please and to fit into formal expectations.

I realize how important it is to imphore the quality of my writing and develop an easy flooling style in joining the letters: I know that the exercises in this book will

Four years later, a sophomore in high school, he has rebelled against the strictures of the model and employs large, bouncy, disconnected print-writing with many rebellious capital letters jumping up.

I WON'T HAVE RAY"B"
AVERAGE '; AS A MATTER OF
FACT I FIGURE I'L BE
STUCK IN STUDY HALL ALL

Again four years later, at the age of 20, the writer has settled down considerably in size, showing a willingness to concentrate, but the letter forms are even more fragmented and original. The even baselines and spacing are evidence of his moral and social sense, but the form quality marks him as highly independent and impatient of authority, the mundane, and details.

I would whener 2 sman poin the navy. Being a solvier of spicer to spicer. The coassion solvier-spicer. The coassion solvier-spicer.

## CHILDHOOD HANDWRITING PROFILE II

This group of seven samples in close sequence profiles a girl from the age of 12 to 20. The first three samples at twelve years were written the same summer and demonstrate the changeability of adolescent slant and size, and the uneven baseline, a variety that almost obscures the basically consistent rhythm and letter forms.

but its not only that I ready like comp or if I kept now I couldn't have tearned and had half as much

Riding I'm. Out I'm Pec Swim, the.
Mommie & Mink that I might want the
extra riding sause of really like it, there

howert boen there since the family excursion when I was real little + got that Kimono. After this I'm heading towards Bakersfield to see all. It I see any of your old buddies I'll tell them you said his (even if you didn't)!

At the age of 15 the self-image letter I is written two different ways, the independent pedestal form and a self-enclosed and protective circle. The slant draws to the left; the baseline is settling down.

infirmary with it. I'll probably be put in it later but Q had alst of work to do today so Qth in

A year later at sixteen the personal pronoun is consistently self-absorbed and circular, slant has moved to the vertical, and there are more connections, more unusual letter forms and more attention to appearance on the page.

The phone call & dient remember having called sun Francisco at all... except when we were in Palto alto O might have but

At the age of 17 the hand begins its rightward movement. The personal pronoun has emerged from a circle into a rebellious and self-conscious small letter i. Loops, flourishes, and felon's claws are disappearing, giving way to underlying maturity and efficiency of form.

one made a bet up someone else Ohat i wouldn't make it ohner the semister - i laughed when i heard but in reality

Three years later at the age of 20 the writing has taken on its mature characteristics with the exception of a still unsettled lower zone, the area most prone to change form throughout life. The script now covers the paper, the baseline rises, slant is rightward, manifesting energy, enthusiasm, and the intent to make an impression on life.

I am doing a damn good job of finds rogether: jist because I nan into this month doesn't mean I didn't scrimp.

#### THE HANDWRITING OF ADOLESCENTS

Up to the time of puberty, that is, the period at which sexual maturity is reached, most children's handwriting strives to emulate school-imposed forms. Starting, however, about the 12th to 14th year, as physical maturity begins to accelerate, the child's writing form breaks into confusion. Loose loops, blotches, uneven baselines, varied slant, stabs of pressure, extravagant formations reflect both inward tension and impulsive, exuberant acting-out. Often signs of guilt, emotional tension, or overcontrol appear as the adolescent copes with developing sexual drives and characteristics, trying to fit into the restraints of authority and still be himself. For a demonstration of this energy and individuality, pass a junior high as classes let out. Most adults feel engulfed and overwhelmed.

Just as girls were about two years ahead of the boys in motor development in grade school, so their sexual maturation occurs sooner, close to 12 years of age. The

average boy matures around 14. As the adolescent years (12 to 15 or so) proceed, the rate of sexual maturation difference diminishes. Normally, there are no significant differences remaining by the age of 18. Emotional maturity is, of course, a longer and harder-won process. But by 18 the handwriting can be expected to have settled down and taken on most of its life-long qualities.

Writing pressure tends to decline progressively as children advance through elementary school and levels off around 12 years. A brief pressure break occurs about the 17th year when pressure drops to an unprecedented low, reflecting the sudden release of tension after puberty. Within less than a year, however, pressure returns to the writer's natural level. (These pressure changes have been recorded in psychological studies using special pressure-sensitive writing tools.)

All this is to say that parent and teacher should expect rhythmic disturbance in adolescent writing; only when the imbalance or its opposite, unnatural rigidity, persist into maturity is there cause for alarm. Also, adolescents often imitate the writing characteristics of someone whom they admire, and they like to experiment with writing fads and embellishments like the circle i dot and special signatures. Quite usually there is a period of trying out different slants, the reclined writing being a favorite, before the personality finds its own individual expression.

Once allowance is made for adolescent emotionalism and exaggeration, analyzing writing of this age group is like analyzing adult writing in terms of strokes, shapes, zones and rhythm. The sample below is that of an energetic and extroverted girl of 15 who still lacks control over her feelings and needs a lot of emotional room. The puffed-up capitals, pastiosity, uneven pressure, slant and letter size will settle down. This satisfactory adjustment is predicted by the presence of good t-bars, smooth contracting strokes, fairly disciplined baselines with little tangling for so much crowding, also legibility, and few lead-ins.

Note the felon's claw which shows the presence of guilt. Such a writer will provoke others, consciously or unconsciously depending upon the zone in which it is found, in order to be punished by another's anger. In adolescent writings it is also the sign of a desire to form cliques, clubs, close and secure groups of special friends, what graphologists call "clannishness."

asked it if Dan would take you to the firing of the from and it said yes then two asked it if the would write to you and it said yes. Out then it also said that day would take me to the also said that day would believe everything it norm so maybe you take believe everything it said. But there hoping that in your base said that telling the traith. I am dream can't

The following writing is that of a hard-working, responsible 15 year old boy, who is making a cautious and controlled transition to adulthood. He is trying very hard to govern his moods and to meet all expectations; notice how the baseline

moves up or down as he stops to consider what he will write next. No impulsiveness or exuberance here, he is rather too close to the model to be lively company, but with the garlands and loops it is a friendly and feeling script.

P. S. I hope that this isn't to much of a personal nature but could you tell me how I stand with you?

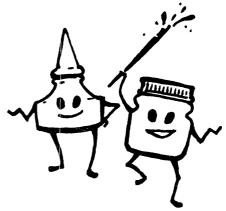
### DISTURBED ADOLESCENTS

Not all young people make a smooth transition to maturity. The 16 year old girl writing below is the classic follower for better or for worse, lacking any standards or determination of her own. The dished t-bars, drooping garlands and pale pressure illustrate the victim. Note also the vacillating baseline, uneven spacing, and slow awkward letter forms. Although a friendly and kind garlanded script, she will seek approval of any kind and cannot say no.

aging up there early tomorrow morning. I will but smashed with Kathy and some friends at which point we will stumble over to campus

The 16 year old boy in the next sample has already served time in prison for a violent crime. The handwriting pressure is uneven and heavy, the forms muddy and clubbed, with slashing angry strokes and an unstable slant and baseline.

The sully bucket stood there Plat had so long bom busted I because that they took it and when I aworke I laughed



# Tips and Guidelines for Doing Your Own Analysis

When you meet someone new and are curious about him or her, don't be shy—ask for a sample. Most people feel pleased that you are interested in them and are eager to hear what you have to say.

When you have this opportunity of getting the sample yourself, get it on unlined paper so the writer can choose the spacing. We recommend you use a consistent size and weight of paper; this will enable you to get an accurate size, spacing and pressure comparison between samples.

To ensure yourself the most accurate analysis possible, have the writer use a ballpoint pen. These pens or very sharp pencils show many aspects of writing that a felt tip pen or dull pencil will blur. Some individuals have a favorite pen they always use. If so, let them use it, because such a preference will give you additional information. The best colors of ink for future reproduction purposes are black and red, while blue doesn't photocopy well at all. Keep this in mind, for one day you may want to make copies of some of your samples.

Ask your writers to pen at least two paragraphs, sign and date the sample. Some people find it easy to think of something to say, while others don't know what to write and get nervous. (Already this tells you something.) To help, you can suggest they write a letter to themselves relating something they've seen or done recently, or describe what they see around them at the moment, or you can dictate something. Tell them that it really doesn't matter what they say—which it doesn't—and that you will be analyzing how they write, not the content itself.

In fact, when you observe a writing, it is a good idea not to read it until you have received your graphological impressions based on the look of the writing. Often the verbal content is distracting or even false (people will sometimes try to fool you), and to read the sample too soon may reduce the accuracy of your interpretation.

Somewhere on the sample make a note of the date on which it was written and the age, sex and handedness of the writer. This is pertinent information that can't usually be determined from the writing, and you'll find it valuable to your analysis and in building your collection of samples.

When the writer or someone who knows him well is present for the analysis, be sure to jot down whatever personal information you receive as you progress. The

graphological facts will always be there to see, but the personal history of the writer can only be told by him or by those who are acquainted with him. Staple this information to the sample.

You'll be tempted to mark on your samples as you make observations. Don't do it. It alters the original clarity. Instead, we suggest the tracing paper method. Place a sheet about the same size over the sample and affix it with staples or tape. Then on that surface you can circle any traits that seem unusual, draw lines to determine slant, underline words or phrases that stand out—all without changing your sample from its original condition.

Establish a good filing system right from the start. Some people prefer to file alphabetically by name, others do so by personal association such as family. Another good system is to file by outstanding traits revealed by the writing, such as violence, instability, conventionality, illness, dishonesty, or by rhythmic disturbance, inflated loops or zonal extremes. It doesn't matter what system you use, as long as it provides you access to that certain sample when you want to see it.

When you are doing someone's analysis and other people are present, respect the privacy and feelings of the writer. If you are alone with the person, you have the opportunity to be more specific. Most people will ask to hear the bad things about themselves as well as the good things, but may not wish to hear them in front of others.

Most of the time, it will be the writing itself which will tell you what tone to take as you deliver your analysis. A very rightward slant with a tall, loopy d and a vulnerable personal pronoun I warns you of an extremely sensitive nature. Be aware of this. Use tact in your delivery. On the other hand, a vertical slant with many stick figures and strong pressure shows you a writer who can roll with the punches.

Practice analyzing your own writing. Whenever something new appears, think about how you are feeling as you write. You'll learn a lot this way.

Always be honest. If you see characteristics you don't wish to discuss, avoid doing so, but don't be tempted to flatter the writer at the expense of graphological truth.

### PROCEDURE FOR ANALYSIS

The observation chart on the following pages is meant for your use as an aid in doing analysis. We suggest you make copies of these pages before using them so you will always have blanks to work with.

First, scan the sample for a few minutes without writing anything down. Keep yourself open and try not to focus on any particular formation. How do you react to the writing? Once you have received an overall impact of impressions, begin to notice what it is about the writing that makes it different—uniquely its own. Look for extremes, such as very small or very large writing, bizarre spacing, unusual formations, odd proportions, erratic pressure or slant. Make a note of these. The importance of your first impressions can't be overemphasized. Often they are amazingly accurate.

Now you are ready to use your checklist of characteristics. As you examine your sample, place a check next to each characteristic that fits. You should contemplate the checklist before trying to come to any conclusion about what each trait means. When you have finished, go back to the beginning of the list and jot down the personal meaning associated with the graphological traits you've found. You should always be aware that one trait can modify or shade the meaning of another. The writing as a whole picture is more important than any tiny detail.

## HANDWRITING ANALYSIS OBSERVATION CHART

Name:	Age:	Sex:	Date of Sample:
First Impressions, overall look,	personal reactions,	graphologica	I extremes:
		*	
Systematic Checklist: Check of	all the characteristic	s you can obs	erve in each area.
ZONES - Indicators of inner bar balanced dominating UZ dominating MZ dominating LZ dominating UZ and LZ erratic proportion additional zonal observa		er.	
BASELINE - Measure of temperations straight rigid sinuous rising falling other observations:	ament, mood level (	and quality of	social control.
SLANT - Social orientation and  vertical inclined very inclined extremely inclined reclined very reclined extremely reclined unstable	degree of emotion	al expression.	
additional slant observ	rations:		

PRESSURE - Intensity of energy, how displayed, sensuality of the writer.
heavy
medium
light
average width
thick
thin
shaded
pastiose
very pastiose
sharp
additional pressure observations:
CIZE. Emphasis placed by the writer on his pure impartures.
SIZE - Emphasis placed by the writer on his own importance.  average
large
small
variable
other size observations
Onler size observations
SPACING - Relationship between the writer and other people or situations
narrow letters
wide letters
letters close together
letters wide apart
words close together
words wide apart
lines close together
lines far apart
tangling between lines
rigid spacing
irregular spacing
wide margins
narrow margins
other margin observations:
other spatial observations:
SPEED - Mental and physical agilty.
fast
slow

world at large; personal style of expression.  good rhythm  bad rhythm  embellished simplified
neglected
other rhythmic observations:
other form level observations:
STROKES and SHAPES - Qualities of activity, thought, expression and communication.  Overall look:
round
angular
threaded
mixed
loops - what kind?
stick-figure strokes
Ovals:
open
closed
knotted
lead-ins - what kind?
endings - what kind?
Connecting Strokes:
garland
arcaded
angular
threaded
mixed
very connected writing
mostly connected writing
disconnected writing
totally disconnected writing
printing
other observations:

What do you observe about the following: personal pronoun "I":		
small letter "d":		
t-bars:		
l-dots;		
the signature:		
capital letter formations:		
small letter formations:		
the "y" and the "g":		
Are there signs of emotional distress?		
Are there signs of dishonesty?		
Any other special considerations?		
SUMMATION:		

## Bibliography

### GENERAL REFERENCE

Bunker, M. N. Handwriting Analysis - The Science of Determining Personality by Graphoanalysis. Nelson-Hall Co., Publishers, 1974. Founder, International Graphoanalysis Society. Uneven and chatty.

Falcon, Hal, Ph.D. How to Analyze Handwriting. Trident Press. 1964. General anecdotal discussion with chapters on determining whether one is eye, ear, or actionminded.

French, William Leslie. *Graphoanalysis - Your Handwriting and What It Means*. Newcastle Publishing Co., 1974. Vague and chatty with samples of famous people.

Hartford, Huntington. You Are What You Write. Macmillan Publishing Co. Inc., 1973. Mr. Hartford is the founder of The Handwriting Institute in New York City. Summarizes leading graphologists through history. Recommended.

Jacoby, H. J. Analysis of Handwriting - An Introduction to Scientific Graphology. George Allen & Unwin Ltd., 1968. Chapters on children, criminology, vocational guidance. Not enough samples for illustration.

Le Guen, Monique. *Graphology*. Media Books S.A. Nyon, 1976. Visually elegant book with unusual chapter on international handwriting styles.

Marcuse, Irene, Ph.D. Guide to Personality Through Your Handwriting. Arco Publishing Company, Inc. 1974. Children and adolescents, mental disorders, criminal tendencies. Special section on famous composers through history.

Olyanova, Nadya. *Handwriting Tells*. Wilshire Book Company, 1973. Intuitive and experienced woman. Recommended.

Olyanova, Nadya. *The Psychology of Handwriting - Secrets of Handwriting Analysis*. Wilshire Book Company, 1973. Many examples by famous personalities. Chapters on emotional and physical illness. Recommended.

Rosen, Billie Pesin. *The Science of Handwriting Analysis - A Guide to Character and Personality*. Paperback Library, Inc., 1968. Chapters on Criminology. Recommended.

Smith, Albert J. Applied Graphology - A Textbook on Character Analysis From Handwriting. The Gregg Publishing Company, 1920. Appendix gives personality traits alphabetically with corresponding writing traits.

Solomon, Shirl. How to Really Know Yourself Through Your Handwriting. Taplinger Publishing Company, 1973. An individual approach to letter formation through geometric symbols - circle, triangle, square and squiggle.

Teltscher, Dr. Herry O. *Handwriting, Revelation of Self - A Source Book of Psychographology.* Hawthorn Books, 1971. Touches on children's writings, personnel selection, criminology, growth and decline of personality.

### INTRODUCTORY

Holder, Robert. You Can Analyze Handwriting - A Practical Tool for Self-knowledge and Personal Power. Wilshire Book Company, 1974. Lists general personality types with corresponding writing traits.

Hughes, Albert E. Self-analysis From Your Handwriting. Grosset & Dunlap, 1966. Chapters on intelligence, unreliability and dishonesty.

Marley, John. *Handwriting Analysis Made Easy*. Wilshire Book Co., 1976. Very basic with lists of positive and negative personality traits.

Martin, Renee. Your Script is Showing. Western Publishing Co., Inc., 1969.

Meyer, Jerome S. *The Handwriting Analyzer*. Simon & Schuster, 1974. Workbook format with tables and charts - especially good one on letter specifics.

Paterson, Jane. Interpreting Handwriting. David McKay Company Inc., 1976. Precisely presented basic format.

Sara, Dorothy. *Personality and Penmanship - A Guide to Handwriting Analysis*. H.C. Publishers, Inc., 1969. Very simplistic. A chapter on doodles.

### **TECHNICAL**

Allport, Gordon. Studies in Expressive Movement. The Macmillan Company, 1933.

Mendel, A. O. *Personality in Handwriting - A Handbook of American Graphology*. Stephen Daye Press, New York, 1947. Chapters on psychopathology plus a section by Alfred Kanfer on physiology and pathology. Recommended.

Pulver, Max. Symbolism of Handwriting. Orell Fussli Verlag, 1931. Gives a symbolic meaning to the writing space.

Roman, Klara. The Encyclopedia of the Written Word - A Lexicon for Graphology and Other Aspects of Writing. Frederick Ungar Publishing Co., 1968. Dictionary format combines definition with discussion.

Roman, Klara. Handwriting, A Key to Personality. Noonday Press, 1952. Chapters on children and adolescents. Mrs. Roman is a Ph.D. in psychology and has taught graphology at the New School for Social Research, New York. Highly recommended.

Saudek, Robert. The Psychology of Handwriting. George Allen and Unwin Ltd., 1925.

Sonnemann, Ulrich, Ph.D. Handwriting Analysis as a Psychodiagnostic Tool. Grune and Stratton, Inc. 1950. Professor at The New School for Social Research, New York. Complex and rewarding. Highly recommended.

Wolff, Werner, Ph.D. Diagrams of the Unconscious - Handwriting and Personality in Measurement, Experiment and Analysis. Grune & Stratton, 1948. Pioneer work with signatures. Professor of Psychology, Bard College, Annandale-on-Hudson. Technical but excellent.

### SPECIAL INTEREST

Currer-Briggs, Noel, Kennett, Brian, and Patterson, Jane. Handwriting Analysis in Business - The Use of Graphology in Personnel Selection. Associated Business Programmes, 1971. Excellent samples and analysis.

De Sainte Colombe, Paul. Grapho-Therapeutics: The Pen and Pencil Therapy. Popular Library 1972. How to change your personality through handwriting.

Friedenhain, Paula. Write and Reveal-Interpretation of Handwriting. Peter Owen Ltd. Saudek's technique of analysis with chapters on the writing and drawing of deaf and normal children.

Green, Jane Nugent. You and Your Private I - Graphological Analysis focused on the Personal Pronoun I. Llewellyn Publications, 1975.

Holder, Robert. Sex, Health and Your Handwriting. Award Books, New York, 1971. A very generalized text with good samples.

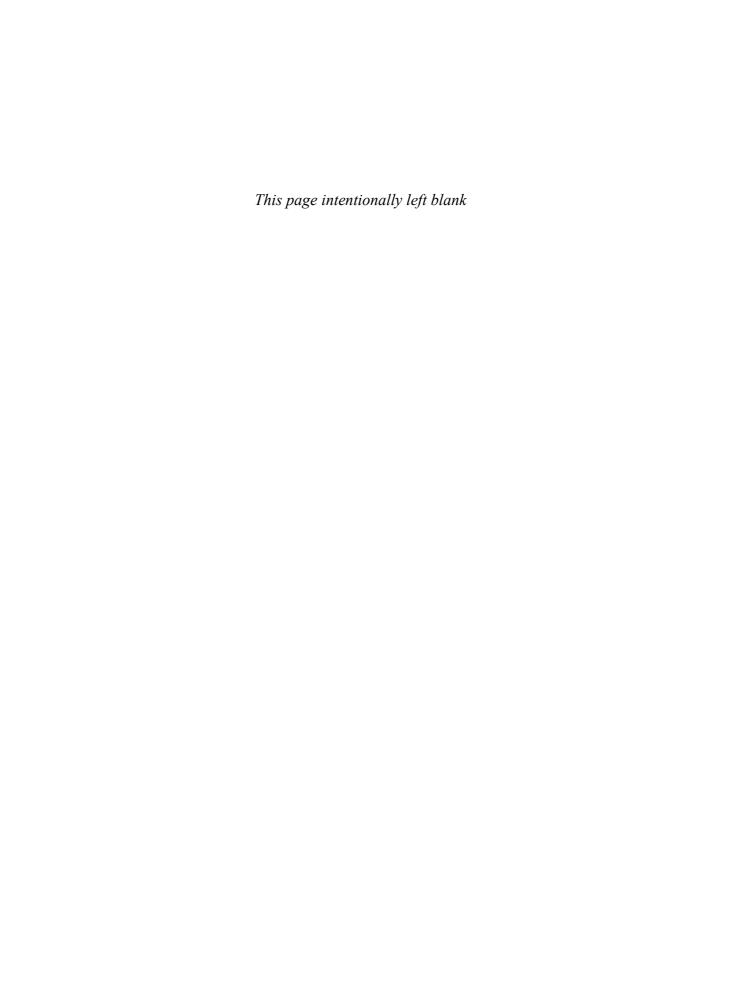
Kaminsky, A. R. Behold: the Inner Universe of Handwriting. O'Sullivan Woodside and Company, 1974. Personal anecdotes by a man who can construct physical appearance from handwriting.

Marcuse, Irene. Guide to the Disturbed Personality Through Handwriting. Arco Publishing Co., 1969.

Moretti, Girolamo. The Saints Through Their Handwriting. The Macmillan Company, 1964. Catholic bias.

Pelton, Robert W. Handwriting and Drawings Reveal Your Child's Personality. Hawthorn Books, Inc. 1973.

Solomon, Shirl. Knowing Your Child Through His Handwriting and Drawings. Crown Publishers. Inc. New York. 1978.



# Index

Page numbers for the handwriting examples are printed in italics.

Abnormalities, physical, 8	ego-adjustment line, 17
revealed in handwriting, 8	levelness, 17
Academic community, v	normal, 145
Adler, Dr. Alfred (psychologist), 46	types, 17-19
Adolescents' handwriting, 172-174	unsteadiness, 17
clannishness, 173	Beethoven, Ludwig von, 65, 65
disturbed, 174	Berkowitz, David (killer), 162
experimentation, 173	Bill, Max (artist), 95
rhythmic disturbance, 173	
	Biological drives, 19. See also Sexual
Aggression, 86, 102	traits
mental, 89, 90	Bismarck, Prince Otto von, Schonhausen
physical, 90, 104, 120, 137, 139, 140	(German chancellor), 96
sexual, 141	Bonaparte, Napoleon (French leader), 74
social, 103	Bond, Julian (Georgia congressman), 35
Alcohol, problem of, 71-72, 142	Breaks, MZ letters, 16
Ambition, 18, 83, 85, 86, 90, 100, 119, 126,	Brown, Edmund G., Jr. (California gover-
127	nor), <i>34</i>
Amorality, 118	Browning, Robert (poet), 74
Analysis, handwriting, v	Bryant, Anita (singer/crusader), 111
diagnosing illness, v	Burnett, Carol (entertainer), 36
doing your own, 175-181	- and the content tames in the
Angular formations, 4, 86, 140, 146	Capital letters, 136
connectors, 103	evaluation, 136
extreme, 152, 158	
letters, 150	exaggerated, 150
	misplaced, 152
shapes, 4, 88	tall, 147
shark's tooth, 153	Carelessness, 57, 101, 120, 121
strokes, 86, 87–88	Carr, Vikki (singer), 112
Arcade formation, 4, 79–80	Carroll, Diahann (singer), 123
connectors, 102–103	Carter
extreme, 148	Amy (President's daughter), 34
prominent, 58	Jimmy (President), 63
Artistic ability, 42, 44, 54, 55, 80, 104, 109	Rosalyn (First Lady), 63
capitals, 136	Casanova, Giovanni (adventurer/lover), 46
manual dexterity, 122	Castro, Fidel (Cuban leader), 160
Asimov, Isaac (writer), 95	Characteristics, handwriting, 1
Audience, need for, 13, 80, 102, 105	Character traits in handwriting, iv, 1. See
Austerity, 139	also specific trait checklist, 178-181
Authoritarian, 79	Check-mark, 154
	Children's handwriting, 163–174
Balance, rhythmic, 9	adolescents, 172–174
personal maturity and, 9	authority, the child and, 166-167
Balzac (novelist), 48	defenses, 168–169
Baselines, 2, 9, 17–25, 26, 145, 157	detecting fears, 167–168
characteristics, 9	disturbed adolescents, 174
drug use and, 71	fifth grade, 164–166

infant to third grade, 163-164	Defiant k, 153
	Dependence, 12, 33, 52, 81, 104, 116, 117,
profiles, 170–172	
self-image, 168–169	120
Circular strokes and shapes, 81	Depth, 7, 37. See also Pressure
circles, 85	rhythm and, 64
exaggerated, 81	De Sade, Marquis (soldier/pervert), 46
feminine trait, 81	Determination, 21, 100
	Dickens, Charles (writer), 128
Clarks 21 110 122 151 152	
Clubs, 21, 119, 122, 151, 152	Dickinson, Emily (poetess), 62
capacity for cruelty, 20	Diebenkorn, Richard (artist), 96
Cody, Buffalo Bill (entertainer), 75	Dignity, 117
Colette (author), 23	Dillinger, John (criminal), 36
Collectors, 78	Discipline problem, 167
Communicate, desire to, 56, 77	Disconnectedness, 105, 108-110, 158
Compassionate, 81	printing, 109–110
Connectedness, 5, 102–105, 158	total, 109
between words, 107	Discreet, 84
extreme, 106–107	Dishonesty, 80, 85, 91, 101, 139, 144–150.
mixed strokes, 103-105	See also Negative traits
partial, 107	potential for, 16
pure types, 102-103	Disney, Walt (artist), 124
and speech, 105	Doing your own analysis, 175-181
Conscience, 10–11, 12	checklist of characteristics, 178–181
Conservative, 78, 116, 137	collecting samples, 175
Contrariness, 140	getting sample, 175
Conventional attitudes, 97, 137	ink, 175
Cox, Archibald (attorney), 111	procedures, 177
Crawford, Joan (actress), 61	sensitive subjects, 176
Creativity, 15, 42, 53, 66, 71, 80, 81, 93, 98,	tracing paper method, 176
104, 109, 127, 128	Dot following signature, 132
avant garde, 107	Dotting, 43
Criminology, handwriting expert, iv	Downstrokes (contracting), 37, 38, 65, 86
Cross, 88, 89	willpower, 1
symbolism, 88	Dressler, Marie (entertainer), 96
Culture, 139	Drug use, 71, 90
aspires to, 139	
g and e, 138	Earhart, Amelia (aviatrix), 6
love of, 118	Eccentric, 80, 91, 98, 117, 118, 121, 132
Curved movement, 76-85	Eddy, Mary Baker (religious leader), 125
circle, 76	Edison, Thomas A. (inventor), 74
circular strokes, shapes, 81	Efficiency, 87, 103, 187
garland, 77–79	Erro 1 9 0 114 115 Can also Calfirmana
	Ego, 1, 8, 9, 114, 115. See also Self-image
loop, 81–83	deformed, 115
oval, 84–85	instinctual drives, 8
symbolism, 76	intellectual/spiritual sphere, 8
	life force of, 37
d, 117–118	major areas, 8
clubbed, 152	social self, 8
danger signs, 159	zonal balance and, 9
felon's claw, 118, 146, 159, 173	Egocentrism, 51, 108, 128. See also Self-
maniacal, 152, 159	
	centered
over-sensitive, with I, 153	egoistic, 101
Danger signs, 144–162	ego-loss, 132
dishonesty, 144–150	Einstein, Albert, 15, 15, 92
emotional instability, 155-162	Elaborated
violence, 150-155	I, 115
Davis, Bette (actress), 35	slow writing, 60
Davis, Sammy, Jr. (entertainer), 128	Embellishment, 136, 148. See also Orna-
Defenses, childhood, 168–169	mentation

Emotional traits	mental, 86
aloofness, 30	split, 39
anxiety, 39, 44, 68, 69, 82, 131, 147	Enthusiasm, 49, 119, 120, 121
balance, 103	Environment, contact with, 26, 31
children's, 166, 167-169	avoidance of, 31
compulsiveness, 15, 106	righthand direction, 31
confusion, 53	Evasion, 91
	Evasion, 91
defensive, 22, 105	Fairlander Danielan (antan) 22
depression, 18, 19, 56, 58, 67, 69, 132,	Fairbanks, Douglas (actor), 23
141, 166, 168	Fame, desire for, 57
disorders, 20	Famous people's signatures, 130-135. See
disorganized, 66, 67	also specific names
distrust, 132	Fantasy, 10, 11, 12, 83
drug use, 44, 71	Fatigue, 18, 69
erratic, 31	Fawcett, Farrah (actress), 95
excitable, 18	Feeling about specific word, 18
exhibitionistic, 98	Felon's claw, 118, 146, 159, 173
expression of, 84	Fonda, Henry (actor), 95
extreme reactions, 118	Force, degree of, 37–40. See also Pressure
factors of, iii-iv	energy indicator, 37, 38
fearful, 118, 120, 121	feeling original sample, 37
fears, 132, 142, 167–168	maintaining, 38
feels threatened, 80, 102	Form quality, 64–72
feels victimized, 100	alcohol and, 71–72
fulfillment, 83	capitals, 136
guilt feelings, 78, 90, 98, 110	drugs and, 71–72
hostility, 98, 99, 115, 116, 127	evaluation, 65
hypersensitive, 121	illness and, 69–70
hysteria, 39	mature, 66
immaturity, 66, 68, 71, 81, 83, 110, 127,	poor, 66-67
138	rigid, 68
impulsive, 55, 57, 71, 122, 127	France, v
indecisive, 93	Franklin, Benjamin (statesman), 128
inhibition, 17, 38, 82, 127, 139	
	Freud, Sigmund (psychologist), 8, 73
insensitive, 110 120 122 144 147 155	Fromme, Lynette "Squeaky" (Manson
instability, 110, 120, 122, 144, 147, 155–	Gang member), 161
162	Frost, Robert (poet), 112
intensity, 165	Future, goals in, 54, 106. See also Goals
jealousy, 81, 165, 167	fear of, 56
loops and, 13	
manipulative, 84	Galsworthy, John (author), 24
martyrdom, 90	Garland formation, 4, 77–79, 146
maturity, 66, 67	connectors, 102
narcissistic, 118, 122	drooping, 158
self-limiting, 107	types, 77–79
sensitivity, 39, 56, 91, 108, 117, 122, 176	Gavin, James M. (actor), 129
stunted expression, 82	Generostiy, 100, 137, 139
temper tantrums, 167	Genius, 65, 92, 108
uninhibited, 40, 55	Germany, v
"volcano," 30	Gielgud, John (actor), 129
Emotional types, 81	Gilmore, Gary (killer), 161
Ending strokes, 5, 99–102, 158	Goals, 12, 120, 137
absence of, 100	conflicting, 119
downward, 151	Good taste, 137
types, 99–102	Graphologists, iv, 65, 136
Energy, 18, 38, 42, 87, 101	positive or negative interpretations, 65
ambition, 97	Graphology, iv, v
healthy vitality, 39	diagnostic tool, v
lack of, 19, 79	psychology and, v

Greek d, 118	Illness, physical, 20, 44, 69, 70, 115, 117
Greek e, 67, 139	142
Grogan, Steve (Manson Gang member), 161	circulatory, 70
Hamilton Lady (wife of Land Malson) 47	clues to, v
Hamilton, Lady (wife of Lord Nelson), 47	heart disease, 70
Handwriting expert. See also Graphologist	middle body injury, 70
"examiner of questioned documents," iv	motor control, loss, 165–166
licensed, iv	nerve damage, v, 70
Handwriting, pattern, 7	Parkinson's disease, 75
profiles, children's, 170-172	speech defects, 105
study, iv	Illusion, 10
two identical, iii	Imagination, 10, 80
Haste, 101, 120, 140	Immaturity, signs of, 66, 68, 71, 81, 83,
Hauptman, Bruno (criminal), 125	110, 127, 138
de Havilland, Olivia (actress), 94	lead-in strokes, 71
Hayes, Bill (actor), 24, 128	loops, 71
Head-over-heart, 28–29	t-bars, 71
Health, emotional, 29	tics, 71
Healthy writing, 70	Impracticality, indicator of, 16
Hearst, Patricia (kidnapped heiress), 34	Impressionable, 18, 38, 78, 91
Height, letters, 64	Inclined slant, 29–30
Hermes, 88	Inconsistency, 31, 103
Himmler, Heinrich (Nazi), 47	Independence, 15, 21, 30, 50, 89, 115, 116,
Holmes, Oliver Wendell (poet), 75	117, 167
Honesty, 84	Individualist, 108, 109
and dishonesty, 144–150	Infant-young child scribbles, 163–164
forgers, 150	Inferiority feelings, 80
liars and lying, 147–148	Intlated numbers, 149
samples showing dishonesty, 148–150	Inhibition, 17, 38, 82, 127, 139
Hooks, 149, 158	intellectual, 13
Horizontal dimension, 1, 7. See also Slant;	lack of, 40, 55
Width	Inking patterns, 7, 37, 43
left movement, 86, 158	Instability, 18. See also Emotional traits
rightward stroke, 85	Instinctual urges, 8, 19, 140
slashes, dashes, 158	Intelligence, 8, 42, 45, 50, 92, 99. See also
strokes, pressure of, 1, 39	Thinking
Hubbard, L. Ron (religious leader), 123	concentration, 50
Humor, sense of, 14, 98, 120, 122, 137, 139	Introspective person, 50
Y ( ) 114 117	modesty, 50
I (personal pronoun), 114–117	Tarks and tramons M7 latters 14
danger signs, 159	Jerks and tremors, MZ letters, 16
reclined, 33	Johnson, Lady Bird (former First Lady), 36
signature and, 126	Lyndon, family, 125
specifics, 115–117	Julian, Leroy (adventurer), 95
Idealism, 40, 45, 100 i-dot, 121–122	Kafka, Franz (author), 125
	Keller, Helen (famous blind deaf-mute),
Illegible writing, 145, 157	111
Illness indications	Kennedy
overdevelopment of zone, 10	Jacqueline (former First Lady), 113, 129
shown in handwriting, 8	John (former President), 113
Illness, mental, 44, 60, 70, 82, 83, 118, 127, 145	Ted (politician), 25
	Key words and phrases, 59
disturbed adolescents, 174	change of writing pace, 60
hysteria, 93	Knight, Arthur (film critic), 24
manic, 102 martyr complex, 139	- Company of the Comment of the Comm
masochistic, 78	Lack of discipline, 49, 55
neurotic, 118, 121	carelessness, 57, 101, 120, 121
paranoid, 39	Lamarr, Hedy (actress), 25
pathological liar, 147	Landers, Ann (columnist), 128
schizoid, 39	Lazy, 104

Lead-in strokes, 5, 97–99	Margins, 54-56, 154, 157
absence of, 98	inattention to, 153
Palmer method, 97	left, 54, 55
types, 98-99	meanings of, 55-56
Lee, Robert E. (Confederate general), 111	right, 54, 55
Left-handed writing, 32	Marie Antoinette (Queen of France), 48
printing and, 109	Marshall, Peter (television host), 96
Leftward strokes, 86	Martin, Mary (dancer/actress), 95
Legibility, 57, 59, 65, 92	Materialism, 19, 55, 56, 89, 100, 102, 120
signature, 127	122, 137, 141, 142, 144
Leibniz (scientist), 125	extravagance, 53, 100
Lemmon, Jack (actor), 96	frugality, 100, 101
Lennon, John (musician), 35	money involvement, 117
Letter form quality, 4	possessiveness, 81
Letters	stinginess, 53, 55
bizarre, 153	Maturity, 98, 118. See also Emotional
broken, 146	traits
corrected, 146, 152	lack of, 102
maniacal, 152	personal, 9
middle zone size, 152	
splinting, 156	McGovern, George (politician), 129
squaring, 158	McQueen, Steve (actor), 96
Letter shapes, 4	Medical diagnoses
Letter specifics, 136–143	handwriting clues, v
capitals, 136–137	Memory, good, 80, 100, 121
	Menninger, Karl (psychiatrist), 125
small letters, 137-140 three kinds of thinkers, 138-140	Mercury (Greek god), 88
	Michelangelo (artist), 73
y, sexual aspects, 140–143	Middle zone (MZ), 9, 11, 147
Levin, Arnie (artist), 124	characteristics, specific, 14–19
Lewis, Jerry (actor), 23	dominant, 10
Liars and lying, 84, 147–148	dwarfed, 15
pathological, 147	fluctuation, letter size, 16, 152
signs of, 147–148	jerks, breaks, 16
Life-space, individual, 7	letters, 70
Lincoln, Abraham (president), 73	normal, 14-15
Line slope, 1	small, 15
Lodge, Henry Cabot (politician), 25	tangling, 15, 16
Longfellow, Henry Wadsworth (writer), 36	Miller, Henry (writer), 48
Loopless writing, 87	Mills, Wilbur (senator), 129
Loops, 13, 81–84, 157	Mimic, 121
emotion and, 13	Modesty, 126
lower zone, 69, 140, 158	Monroe, Marilyn (actress), 47
overinflated upper, 147	Mood, 131
upper zone, 12, 14, 147	changes, reflected in handwriting, iii
Loren, Sophia (actress), 94	level, 1
Lower zone (LZ), 8, 11, 19–22, 116, 140	stability, 16
biological urges, 140	Moodiness, 54
dominant, 10, 20	Moore, Clement (poet), 62
long stick figures, 22	Moral standards, 2, 100
normal, 19	Morals line, 2, 9. See also Baseline
pull to left, 33	Movement, dimensions
pull to right, 33	horizontal, 26
retracing, 21	left/right, 26
short stick figures, 21	pressure, 7
stunted, 20	slant, 7
triangles, 22	vertical, 7-25
variety in forms, 22	zones, 7–25
Ludwig II ("Mad" king), 160	Mozart (musician), 125
	Musicians, 44
m, 138	Muskie, Ed (Secretary of State), 129
Manual dexterity, 122, 140	

n, 138	Ovals, 84–85
Naive example, last, viii	knotted, 157
Naiveté, 79, 118	tiny, ink-filled, 152, 157
Nasser, Gamal Abdul (Egyptian president), 128	Overcontrol, 53
Negative traits. See also Emotional traits;	p (athletic), 138
Dishonesty; Self-destructive traits	Page, writing, 7
alcoholic, 71–72	harmony with, 7
anger, 88	Palmer method, 5, 64, 97, 105, 106, 121,
bad temper, 88, 101	140, 141, 163, 164
brutality, 101, 119	Parental influence
criminal, 104, 118, 174	denial of, 116
	identification with father, 116
cruelty, 119, 120, 122	mother's, 30, 31, 33, 83, 100, 143
deceit, 167	
dishonesty, 16, 80, 85, 91, 101, 139, 144-	personal pronoun I and, 114, 115, 116
150	young children, 166
drug use, 71	Passive personality, 77, 78, 101
emotional instability, 155-162	resistance, 40
fanaticism, 127	Past, 127
follower, classic, 174	avoidance, 55, 56
forger, 50	escaping, 57
greed, 149	writer's, 30, 31, 54, 55, 57, 90
hostility, 88, 98, 99	Pastiosity, 3, 37, 43-45, 87, 140, 157
intolerance, 108	pen failure and, 43
liars, lying, 147–148	Pauling, Linus (scientist), 124
pugnacity, 122	Pen or pencil choice, 41
sadism, 101	Perfectionist, 15, 104
victim, desire to be, 120	Personality, 1, 17
violence, 101, 139, 150–155	development, iv, 8
	influences on, 17
Neglected writing, 4, 66, 67	
Nelson, Lord Horatio (military com-	Pessimistic, 58
mander), 47	Physical traits, 81, 102
Neurotic infantilism, 20. See also Emo-	action, love of, 90
tional traits; Illness, mental	activity drives, 99, 139
Newton, Isaac (philosopher/mathemati-	biological drives, 19
cian), 47	body movement, 98, 137
Nietzsche, Friedrich (German philoso-	fatigue, 131
pher), 160	fragility, 40
Nixon	health, 131
family, <i>124</i>	hyper-activity, 166
Patricia (former First Lady), 111	inhibited, 137
Richard (former President), 160	restlessness, 22, 83, 106, 108, 167
Nobel, Alfred (philanthropist), 123	sexuality, 140-143. See also Sexual
	traits
Oberon, Merle (actress), 124	sports, love of, 139
Odum, Floyd (victim of Parkinson's	tests, handwriting, v
disease), 75	uninhibited, 137
O'Keefe, Georgia (artist), 23	weakness, 45
Old age, 68–69	writing process, iii, iv, v
normal, 69	Pickford, Mary (actress), 95
Olivier, Lawrence (actor), 96	Pictographs, graphology, 1–5
Optimism, 18, 19	Poetic, 137, 142
Orientation, writer's	Polanski, Roman (movie director), 128
	Pompadour Madama de /mistrass of Vinc
external, 26 Originality of thought 14	Pompadour, Madame de (mistress of King
Originality of thought, 14	Louis XV), 113
Ornamentation, 4, 66, 148. See also Em-	Pope John XIII (ecclesiastic), 25
bellishment	Power drive, 10, 50
overembellished writing, 57, 67	Practicality, 12, 21, 106, 121, 139
Oswald, Lee Harvey (alleged assassin), 162	Practical joker, 121

Presley, Elvis (singer), 75 Pressure (depth), 7, 37-48, 64, 87, 140. See	Richardson, Elliot (former Attorney General), 112
also Force	Rightward stroke, 85
aspects, 45	Rituals, 90
danger signs, 144, 145, 147, 150, 157	Roberts, Oral (religious leader), 35
erratic, 69, 71, 72, 147 feeling for, 37	Rockefeller, Nelson A. (former governor), 129
force, degree of, 37–40	Rommel, Erwin (German general), 25
heavy, 38–39, 150–151	Roosevelt, Franklin D. (former President)
pastiosity, 43-45	123
pattern, 70	Rorschach inkblot test, v
sharp writing, 3, 37, 43, 45	Roundedness, 147, 158
width of stroke, 40–43	
Presumptuousness, 14	Sand, George (author), 63
Price, Vincent (actor), 112	Savalas, Telly (actor), 95
Pride, 38, 80, 126, 128	Secretive, 79, 80, 84, 100, 102, 104
Printing, 87, 109–110, 115, 140, 158	Seeger, Pete (musician), 24
aesthetic, 109	Self-assurance, 16 Self-awareness, 12
sudden change to, 153 writing and, 158	lack of, 66
Procrastination, 120, 122	Self-centered, 50, 51, 109, 110, 128. See
Protective, 79	also Egocentric
Prudishness, 22, 140	Self-confidence, 128
Psychiatrists, v	Self-control, 17, 79, 102, 120
Psychic distance, 108	overcontrol, 53
Psychologists, v	Self-destructive tendencies, 90-91, 101.
	See also Illness, mental; Negative
r, 138, 140	traits
Radziwill, Lee (sister of Jacqueline	accident-prone, 90
Kennedy), 113	alcohol, 71–72, 90, 142
Rand, Sally (fan dancer), 123	drugs, 71, 90
Reagan, Ronald (politician), 24 Reassurance, need for, 12	suicidal, 67, 90, 127
Rebellious person, 55, 57, 80, 103, 109,	X-ing, 132 Self-discipline, 41, 45
117, 118, 120, 140, 167	lack of, 66, 91
Reclined slant, 30-31	Self-esteem, 54
as compensation, 30	Self-image, 11-12, 114-125, 126, 137
Redford, Robert (actor), 94	of being different, 14
Regulated handwriting, 65	broadminded, 51
Repression, 21, 30, 31, 33, 44, 68, 116. See	d, 117–118
also Emotional traits	i-dot, 121–122
instinctual needs, 33	narrow-minded, 51
Reserved, 45, 56	personal pronoun I, 114–117
Responses, normal emotional, 43, 102	poor, 12, 71
normal sensual, 43	repression, 33 t-bars, 119–121
Responsive nature, 75 Reynolds, Burt (actor), 94	Self-interest, 30
Rhythm, 64–72	Self-orientation, conceptual, 12
change, 64	Self-protective, 116, 121, 128
contraction, 156	Self-punishing, 118
disturbances, 147, 153, 155, 156, 159	Self-reliant, 38. See also Independence
drugs and, 71	Sensuality, 43, 44, 122
evaluating, 64-65	Sentimental, 42, 56, 78, 98
"heartbeat of handwriting," 4	Sexual traits, 38, 44, 140-143
letter height, 64	aberration, 143
release, 156	anger, 141, 142, 143
repetition, 64	anxiety, 143 aspects of y, 138, 140–143
smooth, 150	changes, need for, 142
unstable, 66	changes, need for, 172

dependency, 141, 142	characteristics, 28-31
disappointment, 142	danger signs, 144, 145, 147, 157
drive, 141, 143	express the present, 26
•	
emotion an 1, 140, 142	handedness and, 31-32
frustration, 142	I and, 114
guilt, 143	inclined, 29-30
homosexuality, 118, 143	key words, 28
immaturity, 20, 122	measuring, 27-28
inadequacy, 38	personality and, 26
judgmental attitude, 22	reclined, 30-31
normal, 141, 142	specifics, 32–33
parents' influence, 143	unstable, 31
perversion, 142	vertical, 28–29
prudishness, 22, 140	Slope, 7. See also Slant
repression, 142	Slyness, 79
restlessness, 139, 142	Small letters, 137-138, 139-140
sublimation, 141, 142, 143	
unfulfilled, 54, 141, 142	Smith, Kate (musician), 24
unrannea, 54, 141, 142	Social traits, 8, 26, 56, 77, 105, 106
unsettled focus, 22	aloofness, 55, 56, 80, 165
"Virgin Mary" complex, 22, 140	antisocial, 100, 104, 109, 145
Shading, 150	attention, need for, 49, 52, 77, 127, 136
depth, 42–43	avoiding relationships, 89, 108
Sharp writing, 3, 37, 43, 45	bad disposition, 87
Show-off, 121	balanced, 51, 52
Shrewdness, 144	
	caution, 127
Shriver, Eunice Kennedy (sister of former	competitive, 103, 109
President Kennedy), 112	confusion, roles, 110
Shyness, 100	cooperative, 57
Signatures, 126–135	diplomacy, 92
capitals in, 128	extroverts, 51, 99, 102
danger signs, 159	fearful, 52
direction, 131	friendly, 100, 104, 118
encircled, 131	
examples of famous people, 130–135	inconsiderate, 55, 91
	inferiority, feeling of, 31
flamboyant, 147	introverts, 51, 100, 109, 121, 127
legibility, 127, 131–132	isolation, 53, 109
over- and underscoring, 128	lefthanders, 32
placement, 127	motivation, 104
size, 126	privacy, need for, 52
slant, 126-127	repressed, 79
Simplification of handwriting, 4, 60, 66,	resentment, 145
136	
neglect and, 67	reserve, 126, 128, 137
	respect for others, 55
speed and, 66	unsettled, 54
Simpson, O. J. (athlete), 129	Space, area of, 1
Sirhan Sirhan (assassin), 162	envelopes, 56
Sitwell, Sacheverell (author), 61	margins, 54
Size of letters, 49–51	Spacing, 51-58, 140
capitals, 130	"American characteristic," 51
danger signs, 144, 145, 146, 152, 157	between lines, 3, 52-53
large, 49	between words, 3, 52
measuring, 51	
microscopic, 157	danger signs, 144, 145, 146, 157
middle gene 40	envelopes, 56–58
middle zone, 49	margins, 54-56
small, 50	rhythm and, 64
variable, 50	tangled, 146, 157
Skelton, Red (comedian), 25	within words, 3, 51
Slant, 7, 26–36	Speck, Richard (murderer), 161
angles, 26-28	Speed, 4, 59–63, 105
body positioning, 32	agility and, 4
· -	

change of pace, 60	Theatrical, 102, 105
curves, 59	Thinking, 52, 85, 90, 93, 98, 100, 101, 105,
fast writing, 60	131
slow writing, 59–60, 145–147	absentminded, 121
Spine of letter, 65. See also Downstroke	analytical, 86, 89, 105, 106
Spiritual values, 8, 43, 45, 83, 120, 121	broadminded, 103
lack of, 167	concentration, 106, 107, 120, 121
Spontaneity, 59–60, 107	confused, 53, 57, 119
lack of, 68	creative, 13, 138. See also Creativity
Square, 88, 89	critical/investigative, 122, 136, 138, 140
symbolism, 88	decisive, 101, 102
Squaring, extreme, 158	depressed, 55, 121
Stability, 9	disorderly, 13, 55, 136
Stalin, Joseph (Russian leader), 160	goal related, 99
Steinbeck, John (writer), 34	gullible, 136, 139
Stevenson, Robert Louis (author/poet), 35	idealism, 56, 89, 116
Stokowski, Leopold (conductor), 94	imaginative, 99, 108, 121, 122, 165
Straight movement, 85–86	immature, 138
symbolism, 85	inconsistent, 110
Stravinsky, Igor (musician), 124 Strakes 1, 37, 146, 147, 149, 159, See also	indecisive, 18, 120
Strokes, 1, 37, 146, 147, 149, 158. See also	intelligent, 99, 103, 104, 105, 137, 138,
Downstrokes; Ending strokes; Up- strokes	139, 140
counter-, 146	intuitive, 80, 81, 91, 93, 107, 108
pen or pencil, 41	judgmental, 116, 139
retracing (cover), 146	lively, 122
slashing, 151	logical, 86, 89, 103, 120, 164 mathematical ability in, 139
stick figure, 87	memory and, 80, 100, 121
teepee, 87	optimistic, 55, 119
threaded, 145	orderly, 52, 121
width, 40–43	philosophic, 100
Stubbornness, 87, 101, 104, 116, 118	systematic, 105, 106
Students, good, 106	three kinds, 138–140
Superego, 15. See also Conscience	warped, 167
Switzerland, v	30 year old mime (performer), 123
Sympathetic, 81	Thomas, Lowell (travel author), 128
ojimpumene, or	Thoreau, Henry (author), 25
Talent	Thoth, 88
impaired by neurosis, 117	Threading, 146
Tangling, 149, 157	connectors, 103
coiling, 149	extreme, 158
lines, 53	inconsistent, 158
loops, 83	letter shapes, 4
LZ, 20	movement, 91-93
MZ, 15, 53	Tic, 88
Taste, personal, 54	Time and space, 8
aesthetic sense, 56	left/right movement, 26
T-bars, 69, 119-121, 140, 146	Tiny Tim (musician), 74
clubbed, 151	Tolstoy, Leo (author), 65, 65
danger signs, 159	Traditionalist, 79, 103, 136
heavy, 151	Tranquilizers, 71
high, 147	Thorazine, 71
types, 119-121	Tremor, 156
willpower and, 119	Triangle, 88, 89-91
Tenacity, 38, 100, 137. See also Stubbornness	symbolism, 88
Tension, 165, 167	Trudeau, Pierre (Canadian Prime
affecting writing, 16	Minister), 129
rigidity, 144, 145	Tunney, John V. (Senator), 124
signs of, 68, 144, 147	Twain, Mark (author), 23
Thackeray, William M. (writer), 36	25 year old woman, 73
•	

Uninvolved, 103	Wayne, John (actor), 129
Unstable slant, 31	Weaver, Dennis (actor), 34
Upper zone (UZ), 8, 10–14, 147	Welch, Raquel (actress), 95
aspirations, 8	Welk, Lawrence (musician), 129
balloon loops, 14	Westmoreland, General (military leader),
dominant, 10	123
height, 11	Width, rhythm and, 64. See also Hori-
inflated loops, 12	zontal dimension
normal, 10–12	Willpower, 39
overextended, 11	domineering, 119, 120
pointed loops, 14	lack of, 104, 119, 120, 121
retraced formations, 13	t-bars and, 119–121
self-awareness, 8	Wolfe, Thomas (writer), 48
specific characteristics, 10	Words
spiritual/mental realm, 10-11	capitals within, 152
stick figures in, 12	retouching, 156
tangling in, 13	retraced, 152
very small, 11–12	spacing, 51–52
Upstrokes (release), 37, 38, 65, 85	tapering, 150
broken loops, 82	Wright, Frank Lloyd (architect), 94
010K011100ps, 02	Wriston, Walter (bank president), 123
Valentina (clothes designer), 23	
Vanity, 101, 116, 118, 136, 137, 139, 194	Writer of musical shows, 123 Writing
facade, 67	affected by tension, 16
Verbal expression, 84, 85, 106	artificial, 145
argumentative, 86, 120, 153	
assertive, 122	bizarre, 148
critical, 102, 103, 104	exaggerated forms, iv
	inflated, 149 illegible, 145, 157
effective, 102	illegible, 145, 157
gossip, 102	mind/body activity, v
lying, 147–148	printed, 153, 158. See also Printing
opinionated, 101	slow, 59–60, 145, 147
repression, 84	surface, resistance of, 37
reticence, 118 sarcasm, 84, 101, 122, 140	two styles, 147
	ving 15/ 150
secretive, 79, 80, 84, 100, 102, 104, 127,	x-ing, 154, 158
132, 139, 144	
supportive, 104	y, sexual aspects, 138, 140–143
tactless, 137	Yang (male), 76, 79, 85
talkative, 82, 102, 137, 139	symbolism, 76
Verdi, Giuseppe (composer), 46	Yin (female), 76, 79, 86
Vertical dimension, 7–23. See also Zones	symbolism, 76
slant, 29	Young, Andrew (former U.N. delegate), 129
Vidal, Gore (writer), 96	7.1. P. 11 / 1 > 21
Violence, 87, 150-155. See also Negative	Zola, Emile (author), 61
traits heavy pressure, 150–151	Zones, 7–25, 26
major signs 150 151	baselines, 8, 17–18
major signs, 150–151	dominating, 147
minor signs, 153-155 pastiosity, 150	graphology and, 9–14
Von Arnim, Bettina, 46	illness and, 69
von Armin, Dettilla, 40	imbalance, 156–157
w (ambition), 138	lower, 8, 10, 19–25, 151, 158
	middle, 8, 10, 14–16
Warhol, Andy (artist), 62 Washington, Booker T. (educator), 63	normal balance between, 9–10
washington, booker 1. (educator), 03	upper, 8, 10-13



Want More Books?

We hope you learned what you expected to learn from this eBook. Find more such useful books on www.PlentyofeBooks.net

Learn more and make your parents proud :)
Regards
www.PlentyofeBooks.net